Handicap Start Times *chronological*
issue 3 - 20 Jan 2026

Winter Handicap 2026

start time	runner				start time	runner				start time	runner			
10:32:50	Rod Sutcliffe	OV70			10:53:10	Charlotte Wetton	FV40			10:58:35	George Kirk	O		
10:41:30	Gemma Adams	FV50			10:53:15	Bob Howard	OV60			10:58:40	Bob Shirlaw	???		
10:41:40	Gail Tombs	???			10:53:20	Ashleigh Crosby	O			10:58:45	Fiona Lynch	???		
10:43:20	*Amy Dower	???			10:53:30	Gloria Ayuso	FV50			10:59:15	*Iain Conley	OV50		
10:43:40	Vim Thurlow	OV60			10:53:40	Andy Carnochan	???			10:59:15	Eryn Barber	F		
10:44:35	Richard Rothery	???			10:53:45	Graham Lloyd	OV60			10:59:50	Ben Dunning	???		
10:44:35	Neil Hyatt	OV50			10:53:50	Gillian Wisbey	???			11:00:05	Helen Buchan	FV40		
10:45:25	Eileen Mcdonach	???			10:54:10	*Tony Steward	OV70			11:00:10	Paul Taylor	OV60		
10:45:35	Tamsin Cooke	FV40			10:54:10	Gill Dickson	FV50			11:00:40	James Sackley	???		
10:46:35	Tarquin Jones	???			10:54:40	Ian Davies	OV60			11:00:45	Johnnie Watson	???		
10:46:35	Liz Lloyd	???			10:54:45	Rachel Johnston	FV60			11:00:50	Rachael Beaumont	FV50		
10:46:50	Daniel Holt	O			10:55:05	*Lee Jackson	???			11:00:55	Mick Whittle	OV50		
10:47:25	Agnieszka Midgley	???			10:55:10	Ailsa Nicholson	FV40			11:01:20	Phil Scarf	???		
10:48:00	Carolyn Shimwell	FV40			10:55:25	Kate Pope	???			11:01:25	Jonathan Emberton	OV60		
10:48:10	Ross Popper	???			10:55:40	Joe Nerini	O			11:01:25	Jon Underwood	???		
10:48:20	Graeme Woodward	OV60			10:56:10	*Chris Cockcroft	???			11:01:25	Andy Davies	OV60		
10:48:30	Tony Moran	???			10:56:25	Francis Wooff	OV60			11:01:25	*Toni Bradley	FV40		
10:48:55	Luke Smith	???			10:56:25	*Dan Biggs	???			11:01:30	Claire Hanson	???		
10:49:10	Susan Bladon	FV60			10:56:30	Eric Kenyon	OV60			11:01:45	Alex Deltenre	O		
10:49:25	*Steve Cavell	???			10:56:35	Neil Palmer	OV50			11:01:50	Jake Smallbones	O		
10:49:30	Amanda Farrell	???			10:56:40	Catherine Gannon	F			11:01:50	Mo Lindley	???		
10:49:45	Manhar Patel	???			10:56:40	Maxie Scheskemountai	F			11:01:55	Trudi Entwistle	FV50		
10:50:00	Marc Collett	OV60			10:56:45	Sophie Cunningham	FV40			11:01:55	Dan Thompson	???		
10:50:05	Alistair Stone	???			10:56:45	*Rebecca Devereux	FV40			11:02:05	Sarah Noot	FV50		
10:50:30	Emily King	F			10:57:05	*Heather Moffat	FV50			11:02:10	Stuart Russell	???		
10:50:30	Lucy Kettlewell	F			10:57:15	Neil Thorpe	OV40			11:02:15	Helen Curtis	FV40		
10:50:45	*Ian Sparks	OV60			10:57:35	Megan Newbould	???			11:02:15	Steve Hunter	???		
10:51:00	Xavia Cooper	FV40			10:57:40	Christina Turner	FV50			11:02:20	Oliver Beaumont	OV40		
10:51:10	*Laura Green	FV50			10:57:45	Jayde Mcgregor	???			11:02:45	Toby Sydes	OV50		
10:51:45	*Jo Marshall	???			10:58:05	Tamar Waite	OV50			11:02:55	*Stephen Grimley	???		
10:52:05	Raymond Kelly	OV50			10:58:15	Ian Smith	???			11:03:00	Andy Wright	OV40		
10:52:35	Ali Haley	FV40			10:58:30	Samantha Hartley	FV40			11:03:00	Emilia Wright	F		

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start time	runner		start time	runner		start time	runner	
11:03:05	Catherine Holden	FV40	11:06:50	*Ben Cliff	OV40	11:12:30	Paul Haigh	OV40
11:03:15	Tristan Watson	O	11:06:55	Bill Johnson	OV60	11:12:55	Mark Burton	OV50
11:03:20	Trish Smith	FV40	11:07:35	Phil Wells	OV50	11:13:15	James Logue	???
11:03:20	Rachel Cliff	???	11:07:40	*Darren Earnshaw	???	11:13:15	*Chris Hall	???
11:03:25	Jem Waite	???	11:07:45	Jonathan Moon	O	11:13:30	Jason Williams	???
11:03:25	Pete Wilcock	O	11:07:55	Jonny Croston	OV40	11:13:40	Alex Whittem	???
11:03:25	Stephen Morran	???	11:08:10	Matthew Daws	???	11:14:00	Kevin Hoult	OV50
11:03:25	Jodie Adamson	???	11:08:25	Tim Sunderland	O	11:14:30	Stephen Hall	???
11:03:35	*George Pidgeon	???	11:08:30	Kieran O'Prey	O	11:14:30	Shaun Godsman	OV50
11:03:45	Toby Cotterill	OV40	11:08:30	Stephen Smithies	OV50	11:14:45	Kieran Manchester	???
11:03:45	Mark Barnabas	OV40	11:09:00	Cameron Rushworth	???	11:15:45	Karl Gray	???
11:03:50	Alex Snaith	OV40	11:09:05	Susannah Richardson	FV40	11:15:55	Andrew Worster	???
11:04:10	Stella Chrisanthou	FV50	11:09:30	Will Rushworth	O	11:16:00	Adam Osborne	???
11:04:15	Cass Chisholm	FV40	11:09:30	George Kettlewell	O	11:16:15	Ben Mounsey	???
11:04:20	Ambi Swindells	???	11:09:50	*John Lloyd	???	11:16:20	Thomas Mckee (Jr)	OU20
11:04:35	James Cooke	OV40	11:10:05	James Mountain	O	11:16:50	Gavin Roberts	???
11:05:10	Mike Richards	O	11:10:15	Mark O'Connor	OV40	11:16:50	Math Roberts	???
11:05:15	*Layla Hirst	F	11:10:20	Dougie Zinis	OV40	11:17:00	Gav Mulholland	???
11:05:45	Mark Wharton	OV60	11:10:25	*Giles Simon	???	11:17:05	Ed Hyland	OV40
11:05:50	Charlotte Jackson	F	11:10:45	Andy Collier	???	11:18:10	Martin Howard	???
11:05:50	*Matt Kay	OV40	11:10:50	Mark Taylor	???			
11:05:50	Dan Marsden	OV40	11:10:50	Virgil Barton	OV50			
11:05:55	Ian Dobie	OV50	11:11:10	Max Wilkinson	O			
11:06:00	Alice James	???	11:11:10	Adam Breaks	OV40			
11:06:05	Jake Greenwood	???	11:11:15	Lee Shimwell	OV40			
11:06:15	*Gavin Roper	OV40	11:11:25	Asher Gammon	O			
11:06:25	Luke Meleschko	OV40	11:11:25	Andy Ford	OV40			
11:06:30	Amy Smith	???	11:11:30	Ben Costello	O			
11:06:35	Natasha Butterfield	FV40	11:11:35	James Williams	OV40			
11:06:40	Chris Norman	OV40	11:11:35	Aaron Roberts	OV40			

Where age category is shown as ??? I require your DOB to calculate this. Please visit https://www.cvfr.co.uk/register/ and enter your details

* Estimated times without sufficient race history are ineligible for the trophy but can race for the craic

If you feel you cannot achieve your listed start time due to injury or such like then you can start at an alternative time but again will not be eligible for the trophy