

Name	Category	Date	Miles	Feet Climbed	Pace (min/mile)	climb rate (min/1000ft)	steepness (feet/mile)	Run Category
Darren Kay	M	28/05/2020	6.2	4321	16.1	23	697	AS
Holly Page	F	23/05/2020	6.1	3340	14.9	27	552	AS
Shaun Godsman	M	24/05/2020	6.2	3261	15.2	29	527	AS
Paul Haigh	M	26/05/2020	1.7	810	19.4	40	483	AS
Toby Sydes	M	30/05/2020	6.2	2969	16.2	34	478	AS
Stuart Russell	M	30/05/2020	16.3	7709	23.4	50	473	AL
Stuart Russell	M	27/05/2020	9.7	4501	18.2	39	463	AM
Matt Cope	M	27/05/2020	3.1	1424	16.3	36	453	AS
James Cooke	M	23/05/2020	6.2	2621	15.7	37	426	AS
Mark O'Connor	M	24/05/2020	6.1	2562	15.0	36	420	AS
Toby Cotterill	M	24/05/2020	6.0	2389	12.3	31	398	AS
Matt Kay	M	26/05/2020	11.8	4656	17.1	43	396	AM
Giles Simon	M	26/05/2020	4.8	1906	15.2	39	394	AS
Toby Cotterill	M	30/05/2020	18.5	7203	13.1	34	389	AL
Andy Wright	M	29/05/2020	5.6	2156	14.9	38	386	AS
Catherine Jones	F	24/05/2020	7.1	2694	31.2	82	382	AM
Toby Cotterill	M	25/05/2020	6.0	2303	20.3	53	381	AS
Tamsin Cooke	F	24/05/2020	5.9	2228	20.7	54	380	AS
Stuart Russell	M	23/05/2020	11.8	4403	14.7	40	373	AM
Catherine Jones	F	31/05/2020	9.8	3648	15.2	41	372	AM
Rod Sutcliffe	M	26/05/2020	6.2	2293	20.7	56	369	AS
Dougie Zinis	M	30/05/2020	18.1	6690	13.9	38	369	AL
Lee Shimwell	M	30/05/2020	17.9	6614	14.0	38	369	AL
Catherine Holden	F	28/05/2020	2.9	1063	14.7	40	369	AS
Tim Brooks	M	29/05/2020	12.4	4482	20.0	55	361	AM
Catherine Jones	F	25/05/2020	6.2	2224	22.3	62	358	AS
Catherine Holden	F	30/05/2020	6.1	2171	19.8	55	358	AS
Catherine Jones	F	29/05/2020	6.1	2188	25.1	70	357	AS
Mark O'Connor	M	23/05/2020	5.9	2083	13.7	39	355	AS
Chris Holdsworth	M	30/05/2020	4.1	1430	9.8	28	353	AS
Chris Holdsworth	M	30/05/2020	4.1	1430	9.7	27	353	AS
Dougie Zinis	M	26/05/2020	12.2	4285	11.6	33	351	AM
Catherine Jones	F	28/05/2020	4.1	1434	18.6	53	350	AS
Bob Howard	M	27/05/2020	6.1	2116	18.3	52	349	AS
Charlie Ing	M	27/05/2020	8.4	2874	11.1	33	341	AM
Shaun Godsman	M	23/05/2020	5.6	1903	11.3	33	340	AS
Steve Smithies	M	23/05/2020	5.6	1883	9.0	27	338	AS
Rod Sutcliffe	M	27/05/2020	18.6	6188	23.5	71	333	AL
Paul Haigh	M	31/05/2020	18.3	6050	11.8	36	331	AL
Charles Gear	M	24/05/2020	5.0	1640	13.3	40	330	AS
Christina Turner	F	30/05/2020	10.6	3458	24.1	74	327	AM
Andy Wright	M	23/05/2020	5.9	1906	12.6	39	326	AS
Paul Haigh	M	24/05/2020	18.2	5902	12.9	40	325	AL
James Cooke	M	31/05/2020	3.5	1135	12.4	38	323	AS
Catherine Jones	F	26/05/2020	2.1	651	37.4	118	318	AS
Stephen Smithies	M	31/05/2020	3.8	1198	10.0	32	316	AS
Catherine Holden	F	27/05/2020	11.9	3714	14.2	46	312	AM
Matt Kay	M	25/05/2020	5.9	1814	11.5	37	306	AS
Mark O'Connor	M	28/05/2020	6.7	2044	10.3	34	304	AM
Shaun Godsman	M	25/05/2020	5.9	1801	9.0	30	303	AS
James Cooke	M	28/05/2020	6.0	1791	12.3	41	298	AS
Phil Wells	M	24/05/2020	18.3	5423	14.6	49	297	AL
Iain Powell	M	24/05/2020	4.0	1175	14.5	49	296	AS
Paul Haigh	M	26/05/2020	6.2	1834	10.6	36	295	AS
Richard Sunderland	M	28/05/2020	5.7	1663	12.7	43	294	AS
James Cooke	M	24/05/2020	12.5	3668	16.5	56	293	AL
Toby Sydes	M	24/05/2020	12.5	3668	16.5	56	293	AL
Stephen Smithies	M	30/05/2020	2.6	735	8.7	30	287	AS
Holly Page	F	27/05/2020	18.4	5259	10.7	37	286	AL
Cass Chisholm	F	31/05/2020	10.5	3009	16.4	58	285	AM
George McFie	B	29/05/2020	2.9	817	10.3	36	285	AS
Stephen Smithies	M	26/05/2020	2.5	722	9.2	32	284	AS
George McFie	B	31/05/2020	4.2	1175	9.4	33	283	AS
Catherine Jones	F	27/05/2020	6.1	1699	22.1	79	278	AS
Lee Shimwell	M	23/05/2020	6.7	1857	11.2	40	277	AM
Stephen Smithies	M	26/05/2020	2.5	702	9.7	35	276	AS
Jocasta Fletcher	F	31/05/2020	6.2	1706	18.2	66	275	AS
Shaun Godsman	M	30/05/2020	8.0	2192	9.0	33	273	AM

Emil Noot	B	24/05/2020	2.4	653	13.5	50	267	AS
Imogen Noot	G	24/05/2020	2.4	653	13.5	50	267	AS
Sarah Noot	F	24/05/2020	2.4	653	13.5	50	267	AS
Andy Smith	M	27/05/2020	18.6	4931	19.7	74	266	AL
Phil Wells	M	31/05/2020	6.4	1706	13.3	50	265	AM
Bill Johnson	M	26/05/2020	2.2	561	15.4	59	260	BS
Ben Mounsey	M	23/05/2020	7.2	1870	10.9	42	259	BM
Emil Noot	B	27/05/2020	2.7	696	23.7	92	257	BS
Imogen Noot	G	27/05/2020	2.7	696	23.7	92	257	BS
Sarah Noot	F	27/05/2020	2.7	696	23.7	92	257	BS
Gill Dickson	F	30/05/2020	17.8	4570	15.8	61	257	BL
Emil Noot	B	23/05/2020	3.5	902	14.3	56	256	BS
Imogen Noot	G	23/05/2020	3.5	902	14.3	56	256	BS
Sarah Noot	F	23/05/2020	3.5	902	14.3	56	256	BS
Diane Wright	F	30/05/2020	18.1	4633	16.5	65	255	BL
Bill Johnson	M	25/05/2020	12.7	3228	11.6	46	253	BL
Paul Haigh	M	25/05/2020	1.9	479	21.9	87	252	BS
Holly Page	F	24/05/2020	8.1	2037	11.7	46	252	BM
Jonathan Emberton	M	25/05/2020	7.5	1870	12.7	51	251	BM
Andy Wright	M	27/05/2020	5.9	1480	10.1	40	250	BS
Chris Grauch	M	29/05/2020	5.2	1273	10.2	41	247	BS
Andy Wright	M	25/05/2020	17.8	4396	13.3	54	247	BL
Ben Mounsey	M	25/05/2020	9.7	2339	14.2	59	242	BM
Bill Johnson	M	24/05/2020	15.0	3612	12.0	50	241	BL
Paul Haigh	M	28/05/2020	7.0	1680	9.4	39	239	BM
Andy Smith	M	31/05/2020	15.5	3701	16.9	71	239	BL
Cass Chisholm	F	27/05/2020	8.3	1972	15.4	65	238	BM
George McFie	B	25/05/2020	5.4	1257	8.7	37	234	BS
Mark Burton	M	31/05/2020	18.7	4370	11.4	49	234	B
George McFie	B	28/05/2020	6.5	1529	9.9	43	234	BM
Dougie Zinis	M	28/05/2020	6.8	1591	8.5	37	233	BM
Paul Haigh	M	29/05/2020	1.8	417	19.0	83	230	BS
Nathan Kennaugh	M	31/05/2020	3.1	696	10.4	46	226	BS
George McFie	B	27/05/2020	4.7	1050	9.2	41	226	BS
Mark Burton	M	26/05/2020	6.9	1545	10.7	48	223	BM
Emil Noot	B	28/05/2020	3.3	732	22.7	103	222	BS
Imogen Noot	G	28/05/2020	3.3	732	22.7	103	222	BS
Sarah Noot	F	28/05/2020	3.3	732	22.7	103	222	BS
Paul Clough	M	24/05/2020	13.7	3015	12.5	57	221	BL
Phil Wells	M	28/05/2020	9.5	2087	12.2	56	220	BM
Genevieve Thompson	F	26/05/2020	5.9	1286	16.2	74	219	BS
Tamsin Cooke	F	26/05/2020	5.8	1260	13.5	62	218	BS
Emil Noot	B	31/05/2020	4.1	899	22.8	105	218	BS
Imogen Noot	G	31/05/2020	4.1	899	22.8	105	218	BS
Sarah Noot	F	31/05/2020	4.1	899	22.8	105	218	BS
Gloria Ayuso	F	26/05/2020	10.2	2208	11.5	53	217	BM
George McFie	B	26/05/2020	4.9	1060	8.0	37	216	BS
Toby Cotterill	M	28/05/2020	7.2	1549	22.9	106	215	BM
James Cooke	M	30/05/2020	6.2	1322	11.2	52	215	BS
Johnnie Watson	M	31/05/2020	4.2	896	9.8	46	214	BS
Gill Dickson	F	25/05/2020	17.6	3720	16.9	80	212	BL
Bill Johnson	M	27/05/2020	5.0	1060	9.9	47	211	BS
Toby Cotterill	M	31/05/2020	9.1	1923	36.6	173	211	BM
Jill Convey	F	30/05/2020	14.5	3054	10.4	49	211	BL
Emil Noot	B	30/05/2020	4.3	912	13.7	65	210	BS
Imogen Noot	G	30/05/2020	4.3	912	13.7	65	210	BS
Sarah Noot	F	30/05/2020	4.3	912	13.7	65	210	BS
Mark Burton	M	29/05/2020	7.2	1503	9.9	47	208	BM
Emil Noot	B	26/05/2020	4.9	1017	22.5	108	208	BS
Imogen Noot	G	26/05/2020	4.9	1017	22.5	108	208	BS
Sarah Noot	F	26/05/2020	4.9	1017	22.5	108	208	BS
Phil Wells	M	31/05/2020	6.7	1394	10.3	49	208	BM
Jonathan Emberton	M	31/05/2020	8.7	1804	12.6	61	207	BM
Cass Chisholm	F	30/05/2020	15.1	3104	10.9	53	206	BL
Gloria Ayuso	F	24/05/2020	10.8	2208	11.5	57	204	BM
Lee Shimwell	M	28/05/2020	5.1	1043	9.1	45	204	BS
Jonathan Emberton	M	28/05/2020	3.7	755	12.1	60	202	BS
James Cooke	M	26/05/2020	6.3	1273	11.6	57	202	BM
Carolyn Shimwell	F	31/05/2020	9.0	1815	13.9	69	201	BM
Liz Lloyd	F	31/05/2020	9.0	1815	13.9	69	201	BM
Bob Howard	M	30/05/2020	14.9	2979	11.9	60	199	BL

Toby Sydes	M	26/05/2020	6.3	1260	11.7	59	199	BM
Jill Convey	F	27/05/2020	10.7	2119	11.1	56	198	BM
Johnnie Watson	M	25/05/2020	3.7	732	11.3	57	198	BS
Johnnie Watson	M	29/05/2020	2.7	538	9.4	47	197	BS
Ian Sparks	M	29/05/2020	5.0	980	12.5	64	195	BS
Jocasta Fletcher	F	28/05/2020	6.4	1253	18.8	96	195	BM
Andy Smith	M	26/05/2020	3.7	715	12.9	66	194	BS
Bill Johnson	M	29/05/2020	5.5	1070	10.1	52	194	BS
Martin Howard	M	24/05/2020	15.5	2999	8.1	42	194	BL
Carolyn Shimwell	F	25/05/2020	7.3	1417	16.4	85	193	BM
Bob Howard	M	29/05/2020	6.0	1145	12.3	64	192	BS
Stuart Russell	M	28/05/2020	9.2	1759	10.7	56	191	BM
Karl Gray	M	31/05/2020	8.3	1568	9.0	48	188	BM
Matt Kay	M	24/05/2020	9.1	1699	9.0	48	187	BM
Ian Sparks	M	25/05/2020	6.4	1179	11.6	63	185	BM
Dan Marsden	M	31/05/2020	11.2	2044	8.8	48	183	BM
Dougie Zinis	M	31/05/2020	11.2	2044	8.8	48	183	BM
Matt Ray	M	31/05/2020	8.9	1601	8.3	46	180	BM
Matt Kay	M	30/05/2020	10.7	1919	10.2	57	179	BM
Tim Brooks	M	30/05/2020	9.8	1755	31.9	178	179	BM
Catherine Holden	F	26/05/2020	7.1	1263	16.6	94	177	BM
Bob Howard	M	24/05/2020	6.2	1093	14.8	84	177	BS
Elliot Corner	M	26/05/2020	6.5	1155	10.1	57	177	BM
Jonathan Moon	M	27/05/2020	8.8	1545	10.5	59	176	BM
Marc Collett	M	26/05/2020	5.2	909	13.4	76	176	BS
Alasdair Pedley	M	27/05/2020	6.1	1056	9.9	57	173	BS
Andy Wright	M	31/05/2020	18.8	3255	11.2	64	173	B
Mark Burton	M	30/05/2020	4.1	705	8.3	48	173	BS
Mark O'Connor	M	30/05/2020	7.9	1362	12.2	71	172	BM
Stella Crisanthou	F	24/05/2020	5.0	863	9.0	53	171	BS
Richard Sunderland	M	24/05/2020	8.2	1404	25.5	150	170	BM
Jonathan Moon	M	30/05/2020	6.1	1033	19.7	116	170	BS
Matt Kay	M	29/05/2020	7.2	1217	8.6	51	169	BM
Matt Kay	M	28/05/2020	6.4	1083	8.9	53	169	BM
Cass Chisholm	F	24/05/2020	11.8	1969	14.1	85	167	BM
Mark Burton	M	23/05/2020	9.7	1617	8.4	51	166	BM
Jonathan Moon	M	28/05/2020	9.8	1608	11.2	68	163	BM
Marc Collett	M	29/05/2020	8.2	1322	14.2	88	161	BM
Jonathan Emberton	M	23/05/2020	8.7	1378	13.8	87	158	BM
Holly Page	F	26/05/2020	8.4	1329	10.7	68	158	BM
Ben Mounsey	M	27/05/2020	9.6	1503	10.9	70	156	BM
Bob Howard	M	28/05/2020	6.1	955	12.0	77	156	BS
Chris Holdsworth	M	28/05/2020	10.2	1581	6.9	44	156	BM
Harley Beecroft	F	24/05/2020	7.9	1227	12.2	79	155	BM
Martin Howard	M	28/05/2020	6.2	955	11.3	73	155	BS
Marc Collett	M	23/05/2020	4.1	636	16.4	106	154	BS
Iain Powell	M	31/05/2020	11.8	1798	9.5	62	152	BM
Bob Howard	M	25/05/2020	9.0	1362	16.3	107	152	BM
Alasdair Pedley	M	30/05/2020	4.7	702	9.7	64	151	BS
Mark O'Connor	M	25/05/2020	16.9	2536	10.5	70	150	BL
Ben Frechette	M	30/05/2020	8.0	1198	12.0	80	150	BM
Amanda Farrell	F	25/05/2020	9.6	1438	12.5	83	150	BM
Sue Martin	F	25/05/2020	9.6	1438	12.5	83	150	BM
Gloria Ayuso	F	31/05/2020	6.5	974	11.8	79	150	BM
Manhar Patel	M	30/05/2020	13.5	2018	11.5	77	150	BL
Matt Cope	M	25/05/2020	9.9	1486	10.8	73	149	BM
Ian Sparks	M	23/05/2020	9.0	1343	11.8	79	149	BM
Richard Sunderland	M	23/05/2020	11.1	1650	13.4	90	149	BM
Chris Holdsworth	M	31/05/2020	19.3	2828	7.7	53	147	B
Marc Collett	M	27/05/2020	7.5	1099	13.6	94	146	BM
Diane Wright	F	26/05/2020	8.0	1165	11.2	77	145	BM
Nathan Kennaugh	M	30/05/2020	8.0	1161	12.0	83	145	BM
Andy Wright	M	24/05/2020	3.2	469	32.5	224	145	BS
Catherine Holden	F	29/05/2020	9.1	1306	23.7	165	144	BM
Catherine Holden	F	23/05/2020	8.1	1161	11.6	81	144	BM
Elliot Corner	M	30/05/2020	15.7	2239	8.1	57	143	BL
Amanda Farrell	F	23/05/2020	5.8	826	20.5	145	141	BS
Ben Mounsey	M	24/05/2020	11.5	1631	8.2	58	141	BM
Stuart Russell	M	24/05/2020	29.6	4174	16.1	114	141	B
Natasha Butterfield	F	31/05/2020	5.8	814	9.3	66	141	BS
Diane Wright	F	25/05/2020	8.4	1175	10.8	77	141	BM

Jonathan Moon	M	23/05/2020	17.3	2434	9.5	68	141	BL
Gloria Ayuso	F	28/05/2020	5.6	768	11.0	81	136	BS
Tim Brooks	M	23/05/2020	12.4	1659	25.9	193	134	BM
Catherine Jones	F	29/05/2020	4.5	604	16.2	122	133	BS
Manhar Patel	M	25/05/2020	9.8	1293	12.2	93	131	CM
Gill Dickson	F	24/05/2020	8.6	1125	12.6	96	131	CM
Martin Howard	M	29/05/2020	5.6	728	8.3	64	130	CS
Amanda Farrell	F	30/05/2020	6.5	839	18.4	143	129	CM
Richard Sunderland	M	25/05/2020	7.0	902	14.1	110	128	CM
Natasha Butterfield	F	30/05/2020	11.2	1411	8.1	65	126	CM
Richard Sunderland	M	31/05/2020	8.3	1043	11.3	90	125	CM
Bill Johnson	M	28/05/2020	10.3	1276	8.9	71	124	CM
Ben Mounsey	M	25/05/2020	3.8	472	31.1	251	124	CS
Toby Sydes	M	31/05/2020	7.5	915	10.9	88	123	CM
Chris Holdsworth	M	27/05/2020	14.2	1739	6.3	52	123	CL
Alasdair Pedley	M	26/05/2020	7.0	850	8.6	71	122	CM
Catherine Jones	F	28/05/2020	4.5	535	13.3	112	118	CS
Harley Beecroft	F	31/05/2020	5.4	627	13.6	116	117	CS
Natasha Butterfield	F	27/05/2020	10.4	1152	8.5	77	110	CM
Jill Convey	F	31/05/2020	27.4	3005	10.6	96	110	C
Harley Beecroft	F	29/05/2020	3.6	371	11.2	110	102	-S
Amanda Farrell	F	26/05/2020	9.8	1000	12.2	120	102	-M
Gloria Ayuso	F	27/05/2020	6.7	666	24.4	246	99	-M
Natasha Butterfield	F	24/05/2020	15.5	1299	10.4	125	84	-L
Mark Burton	M	24/05/2020	10.1	817	6.8	84	81	-M
Charlie Ing	M	29/05/2020	10.0	725	6.6	92	72	-M
Jonny Croston	M	31/05/2020	14.7	1056	8.8	122	72	-L
Jonny Croston	M	24/05/2020	13.3	643	8.1	167	48	-L
Charlie Ing	M	25/05/2020	10.0	354	6.0	170	35	-M