

Name	Category	Date	Miles	Feet Climbed	Pace (min/mile)	climb rate (min/1000ft)	rate of climb (feet/mile)	Run Category
Stuart Russell	M	30/05/2020	16.3	7709	23.4	50	473	AL
Toby Cotterill	M	30/05/2020	18.5	7203	13.1	34	389	AL
Dougie Zinis	M	30/05/2020	18.1	6690	13.9	38	369	AL
Lee Shimwell	M	30/05/2020	17.9	6614	14.0	38	369	AL
Rod Sutcliffe	M	27/05/2020	18.6	6188	23.5	71	333	AL
Paul Haigh	M	31/05/2020	18.3	6050	11.8	36	331	AL
Paul Haigh	M	24/05/2020	18.2	5902	12.9	40	325	AL
Phil Wells	M	24/05/2020	18.3	5423	14.6	49	297	AL
Holly Page	F	27/05/2020	18.4	5259	10.7	37	286	AL
Andy Smith	M	27/05/2020	18.6	4931	19.7	74	266	AL
Diane Wright	F	30/05/2020	18.1	4633	16.5	65	255	BL
Gill Dickson	F	30/05/2020	17.8	4570	15.8	61	257	BL
Andy Wright	M	25/05/2020	17.8	4396	13.3	54	247	BL
Gill Dickson	F	25/05/2020	17.6	3720	16.9	80	212	BL
Andy Smith	M	31/05/2020	15.5	3701	16.9	71	239	BL
James Cooke	M	24/05/2020	12.5	3668	16.5	56	293	AL
Toby Sydes	M	24/05/2020	12.5	3668	16.5	56	293	AL
Bill Johnson	M	24/05/2020	15.0	3612	12.0	50	241	BL
Bill Johnson	M	25/05/2020	12.7	3228	11.6	46	253	BL
Cass Chisholm	F	30/05/2020	15.1	3104	10.9	53	206	BL
Jill Convey	F	30/05/2020	14.5	3054	10.4	49	211	BL
Paul Clough	M	24/05/2020	13.7	3015	12.5	57	221	BL
Martin Howard	M	24/05/2020	15.5	2999	8.1	42	194	BL
Bob Howard	M	30/05/2020	14.9	2979	11.9	60	199	BL
Mark O'Connor	M	25/05/2020	16.9	2536	10.5	70	150	BL
Jonathan Moon	M	23/05/2020	17.3	2434	9.5	68	141	BL
Elliot Corner	M	30/05/2020	15.7	2239	8.1	57	143	BL
Manhar Patel	M	30/05/2020	13.5	2018	11.5	77	150	BL
Chris Holdsworth	M	27/05/2020	14.2	1739	6.3	52	123	CL
Natasha Butterfield	F	24/05/2020	15.5	1299	10.4	125	84	-L
Jonny Croston	M	31/05/2020	14.7	1056	8.8	122	72	-L
Jonny Croston	M	24/05/2020	13.3	643	8.1	167	48	-L