

Langdale Horseshoe 2026-10-10

Total finishers 203

CVFR finishers 2

Position	Name	Club	Time	Category	Cat Pos	Rating	Comment
1	Sam Bentham	Ilkley Harriers Ac	2:05:08	OU23	1/4	0.94	
2	Tom Simpson	Ambleside Ac	2:05:39	O	1/71	0.95	
9	Garry Greenhow	Ambleside Ac	2:28:17	OV40	1/43	1.12	
25	Kenny Richmond	Helm Hill Runners	2:43:12	OV50	1/42	1.23	
28	Jasmin Paris	Carnethy Hill Racing Club	2:44:41	FV40	1/10	1.24	
34	Andrew Worster	CVFR	2:48:51	OV40	5/43	1.27	
47	Louise Mitchell	Truro Running Club	2:57:29	F	1/13	1.34	
93	Dave Nuttall	Bowland Fell Runners	3:21:36	OV60	1/15	1.52	
105	Mike Richards	CVFR	3:25:53	O	50/71	1.55	
121	Josie Greenhalgh	Lostock Ac	3:32:50	FV50	1/5	1.60	
150	Alison Weston	Ilkley Harriers Ac	3:49:17	FV60	1/4	1.73	
195	Don Kershaw	Ambleside Ac	4:20:21	OV70	1/1	1.96	