

Llangollen 10 mile 2026-04-12

Total finishers 97

CVFR finishers 1

Position	Name	Club	Time	Category	Cat Pos	Rating	Comment
1	Sam Gunning	0	1:22:36	M	1/44	1.15	
4	Paul Jones	0	1:33:26	MV50	1/14	1.30	
6	Lawrence Eccles	Penny Lane Striders	1:38:34	MV40	1/30	1.37	
16	Mike Richards	CVFR	1:50:14	M	11/44	1.53	
35	Ian Gregory	0	2:03:57	MV60	1/9	1.72	