

Three Shires 2025-09-20

Total finishers 152

CVFR finishers 1

Position	Name	Club	Time	Category	Cat Pos	Rating	Comment
1	Tom Simpson	Ambleside Ac	2:07:27	M	1/41	0.99	
4	Garry Greenhow	Ambleside Ac	2:14:05	MV40	1/36	1.05	
9	Rowan Ashworth	Ambleside Ac	2:24:53	MU23	1/5	1.13	
11	Kieran Hodgson	Helm Hill Runners	2:28:05	MV50	1/27	1.16	
46	Sharon Taylor	Helm Hill Runners	2:55:21	FV40	1/5	1.37	
51	Philip Pearson	Northern Fells Running Club	3:00:43	MV60	1/11	1.41	
52	Poppy Wardley	Dark Peak Fell Runners	3:00:46	F	1/11	1.41	
54	Helen Haigh	Holmfirth Harriers Ac	3:01:34	FV50	1/10	1.42	
62	Stephen Smithies	**CVFR**	3:04:58	MV50	8/27	1.44	
86	Charlotte Sykes	Dark Peak Fell Runners	3:20:51	FU23	1/1	1.57	
110	Alison Weston	Ilkley Harriers Ac	3:38:25	FV60	1/3	1.70	
144	Don Kershaw	Fra	4:13:50	MV70	1/2	1.98	