

Howtown 2025-06-08

Total finishers 91

CVFR finishers 1

Position	Name	Club	Time	Category	Cat Pos	Rating	Comment
1	Tom Simpson	Ambleside	1:53:19	M	1/18	1.06	
11	Stephen Pearce	Eden Runners	2:16:30	MV40	1/25	1.28	
19	Bill Stewart	Borrowdale	2:23:39	MV50	1/19	1.35	
34	Kieran O'prey	**CVFR**	2:34:46	M	16/18	1.45	
38	Chris Upson	Cambuslang Harriers	2:40:03	MV60	1/11	1.50	
39	Biannca Dyer	Helm Hill	2:42:07	FV50	1/6	1.52	
54	Jenna Gardner	Clayton Le Moors	3:00:09	FV40	1/6	1.69	
66	Tanya Shepherd	Fellanddale	3:12:56	F	1/4	1.81	
68	Michael Mcloughlin	Preston Harriers	3:17:03	MV70	1/1	1.85	
77	Jill Libby	Eden Runners	3:32:52	FV60	1/1	2.00	