

Coniston 2025-05-03

Total finishers 262

CVFR finishers 1

Position	Name	Club	Time	Category	Cat Pos	Rating	Comment
1	Jack Wright	Ambleside Ac	1:14:53	M	1/58	1.09	
8	Ian Holmes	Bingley Harriers & Ac	1:21:28	MV50	1/56	1.19	
14	Matt Brindle	Ambleside Ac	1:23:28	MV40	1/51	1.22	
20	Hannah Russell	Helm Hill Runners	1:25:42	F	1/11	1.25	
44	Sharon Taylor	Helm Hill Runners	1:32:01	FV40	1/21	1.34	
49	Edmond Jackson	Ambleside Ac	1:32:53	MV60	1/30	1.35	
57	Amelie Lane	Wharfedale Harriers	1:34:58	FU23	1/2	1.38	
91	Mike Richards	CVFR	1:45:04	M	36/58	1.53	
96	Bianca Dyer	Helm Hill Runners	1:45:46	FV50	1/18	1.54	
102	Patrick Welsh	Wharfedale Harriers	1:47:11	MU23	1/4	1.56	
148	Nick Hewitt	Bowland Fell Runners	1:53:39	MV70	1/4	1.66	
163	Gillian Atkinson	Keswick Ac	1:58:38	FV60	1/7	1.73	