

Five Trigs 2024-09-28

Total finishers 159

CVFR finishers 3

Position	Name	Club	Time	Category	Cat Pos	Rating	Comment
1	Andy Smith	Slaithwaite Striders	2:16:44	MV40	1/14	1.12	
2	Richard Anderson	Holmfirth Harriers Ac	2:24:46	M	1/30	1.19	
6	Dan Gilbert	Horwich R M I Harriers	2:40:43	MV45	1/16	1.32	
7	Adam Storer	U/A	2:41:30	MV50	1/23	1.33	
9	Alice Willson	Saddleworth Runners Club	2:44:25	F	1/14	1.35	
16	Lindsey Brindle	Horwich R M I Harriers	2:58:12	FV40	1/8	1.46	
23	Nick Kelly	Horwich R M I Harriers	3:06:35	MV55	1/11	1.53	
28	Michelle Moore	Saddleworth Runners Club	3:09:30	FV45	1/10	1.56	
39	Robert Halstead	Todmorden Harriers	3:20:51	MV60	1/11	1.65	
44	Toby Sydes	CVFR	3:26:33	MV55	5/11	1.70	Best This Year (prev 1.71)
47	Jennie Ransome	Rochdale Harriers & Ac	3:29:27	FV60	1/5	1.72	
51	Sandra Kelly	Horwich R M I Harriers	3:30:13	FV55	1/6	1.73	
53	Andrew Essex	Saddleworth Runners Club	3:34:58	MV65	1/5	1.77	
63	James Cooke	CVFR	3:41:20	MV40	8/14	1.82	
76	Nivette Chester	Badgers	3:47:11	FV50	1/6	1.87	
77	Francis Wooff	CVFR	3:47:17	MV60	7/11	1.87	
131	Nick Harris	Rossendale Harriers & Ac	4:44:32	MV75	1/1	2.34	