

Pilgrims Cross 2024-08-14

Total finishers 206

CVFR finishers 9

Position	Name	Club	Time	Category	Cat Pos	Rating	Comment
1	Martin Howard	CVFR	0:41:53	M	1/33	1.13	
2	Andrew Worster	CVFR	0:43:53	M	2/33	1.18	
3	Joseph Ormrod	Rossendale Harriers	0:45:45	MU23	1/1	1.23	
5	Ben Tetler	Glossopdale Harriers	0:46:31	MV45	1/14	1.25	
7	Nichola Jackson	Keswick Ac	0:47:06	F	1/18	1.27	
14	Ryan Keenan	Rochdale Harriers	0:51:44	MV40	1/15	1.39	
15	Thomas Harkin	Liverpool Pembroke	0:51:48	MV50	1/27	1.39	
27	Max Coll	Rossendale Harriers	0:54:05	MV55	1/18	1.45	
43	Ian Dobie	CVFR	0:57:21	MV50	6/27	1.54	Best Ever (prev 1.57)
46	Charlotte Jackson	CVFR	0:57:49	F	3/18	1.56	
48	Kay Wellsby	Rochdale Harriers	0:58:01	FV40	1/11	1.56	
50	Andy Smith	Barlick	0:58:22	MV60	1/15	1.57	
53	Cass Chisholm	CVFR	0:58:34	FV40	2/11	1.58	
62	James Cooke	CVFR	0:59:36	MV40	9/15	1.60	
67	Stella Chrisanthou	CVFR	1:00:33	FV50	1/7	1.63	
82	Jonathan Emberton	CVFR	1:03:12	MV60	5/15	1.70	
84	Tony Jackson	Newburgh Nomads	1:03:43	MV65	1/15	1.71	
92	Donna Cartwright	Radcliffe Ac	1:05:06	FV45	1/13	1.75	
93	Kath Brierley	Todmorden Harriers	1:05:07	FV60	1/5	1.75	
96	Samantha Hartley	CVFR	1:05:20	F	7/18	1.76	
123	Carolyn Tregaskis	Rossendale Harriers	1:08:12	FV55	1/6	1.83	
129	Richard Bellaries	Clayton Le Moors	1:09:28	MV70	1/8	1.87	