

Lowther Lakeland Fell & Trail Run 2024-08-11

Total finishers 151

CVFR finishers 1

Position	Name	Club	Time	Category	Cat Pos	Rating	Comment
1	Ricky Lightfoot	Ellenborough Ac	1:25:57	M	1/37	1.12	
6	Phil Mather	Lonsdale Fell Runners	1:37:06	MV40	1/19	1.26	
7	Hannah Russell	Helm Hill Runners	1:37:42	F	1/17	1.27	
23	Norman Hayhurst	Bowland Fell Runners	1:50:45	MV60	1/17	1.44	
26	Stephen Morran	CVFR	1:51:52	MV60	2/17	1.46	Best This Year (prev 1.58)
29	Philip Dixon	Eden Runners	1:53:40	MV50	1/22	1.48	
34	Penny Browellfacebook	Elvet Striders	1:55:37	FV50	1/14	1.50	
54	Sarah Norman		2:05:00	FV40	1/14	1.63	
76	Agathe Latilinstagramstrava		2:15:14	FU23	1/2	1.76	
103	Ralph Liddellfacebookinstagramstra	Eden Runners	2:26:52	MV70	1/2	1.91	
107	Susan Davis	Elvet Striders	2:28:31	FV60	1/6	1.93	
119	Wendy Dodds	Dallam Running Club	2:35:38	FV70	1/1	2.03	