Nicky Nook 2024-05-23

Total finishers 90

CVFR finishers 2

Position	Name	Club	Time	Category	Cat Pos	Rating	Comment
1	Tom Bowman	Lancaster & Morecambe Ac	0:35:25	MU21	1/1	1.30	
2	Ben Hobson	Chorlton Runners	0:35:29	M	1/14	1.30	
4	James Logue	CVFR	0:36:36	MV50	1/21	1.34	
9	Mark Bispham	Bowland Fell Runners	0:38:29	MV40	1/11	1.41	
23	Paul Tynan	Unattached	0:43:36	MV60	1/11	1.60	
24	Jodie Adamson	CVFR	0:44:32	FV40	1/9	1.63	Best Ever (prev 1.65)
32	Cate Matthew	Bowland Fell Runners	0:46:25	FU21	1/1	1.70	
35	Rowena Browne	Bowland Fell Runners	0:47:14	FV60	1/5	1.73	
40	Mary O'gorman	Bowland Fell Runners	0:48:24	F	1/8	1.78	
43	Louise Goddard	Bowland Fell Runners	0:49:35	FV50	1/4	1.82	
64	Paul Bates	Lonsdale Fell Runners	0:57:40	MV70	1/1	2.12	
71	Leanne Bluck	Blackpool Wyre & Fylde Ac	1:00:23	MV45	1/1	2.22	
73	Bill Miller	Billinge Running Club	1:00:44	MV65	1/1	2.23	
83	Joan Carlsson	Unattached	1:11:16	FV70	1/1	2.61	
90	Adrian Ibison	Garstang Running Club	1:14:24	MV55	1/1	2.73	