

Rainow 5 2024-05-01

Total finishers 272

CVFR finishers 1

Position	Name	Club	Time	Category	Cat Pos	Rating	Comment
1	Eammon Clowes	Newcastle (Staffs) Tri Club	0:33:05	MU23	1/7	1.22	
2	Matthew Cleave		0:34:31	MSEN	1/58	1.27	
6	Andrew Lamont		0:35:26	M40	1/58	1.31	
26	David Ratcliffe	Boalloy Running Club	0:39:23	M50	1/40	1.45	
28	Hollie Wall	Staffs Moorlands Ac	0:39:50	WSEN	1/38	1.47	
41	Rachel Hall	Macclesfield Harriers & Ac	0:41:17	W40	1/21	1.52	
95	Paul Chrisp	Delamere Spartans	0:46:18	M60	1/23	1.71	
120	Mick Moorhouse	Matlock Athletic Club	0:48:30	M70	1/5	1.79	
134	Andrea Lynes	Macclesfield Harriers & Ac	0:49:22	W50	1/15	1.82	
151	Francis Wooff	**CVFR**	0:50:39	M60	7/23	1.87	
171	Mary Edgerton	Pennine Fell Runners	0:52:23	W60	1/6	1.93	
230	Margaret Huyton	Macclesfield Harriers & Ac	0:58:38	W70	1/1	2.17	