

Lakes Mountains 40 2024-04-25

Total finishers 67

CVFR finishers 4

Position	Name	Club	Time	Category	Cat Pos	Rating	Comment
1	Daniel Thacker	Keswick Ac	5:53:07	M	1/14	1.04	
7	Robert Henderson	Saltaire Striders	7:49:14	MV40	1/16	1.39	
8	Matt Neale	0	7:50:39	MV50	1/15	1.39	
11	Amy Duck	0	8:03:43	F	1/2	1.43	
16	Phil Wells	CVFR	8:26:35	MV50	3/15	1.50	
18	Ken Maynard	Sunderland Strollers	8:31:18	MV60	1/10	1.51	
22	Fiona Lynch	CVFR	8:54:20	FV40	1/6	1.58	
28	Gavin Roper	CVFR	9:19:36	MV40	6/16	1.65	
32	Louise Greenwood	Ambleside Ac	9:42:16	FV50	1/3	1.72	
37	Mark Powell	CVFR	10:08:13	MV40	9/16	1.80	
67	Angela White	Vegan Runners	14:24:29	F	1/1	2.55	