


# Inter-Counties Mountain Running Championships 2024-04-21

Total finishers 184

CVFR finishers 6

| Position | Name | Club | Time | Category | Cat Pos | Rating | Comment |
|---|---|---|---|---|---|---|---|
| 1 | Kris Jones | Plymouth Musketeers Rc | 1:05:17 | M | 1/90 | 1.00 | |
| 6 | Tom Spencer | 0 | 1:07:36 | MU23 | 1/17 | 1.03 | |
| 29 | Martin Howard | CVFR | 1:14:48 | M | 25/90 | 1.14 | |
| 35 | Scout Adkin | Ambleside Ac | 1:15:37 | F | 1/70 | 1.15 | |
| 51 | Gavin Roberts | CVFR | 1:18:46 | M | 40/90 | 1.20 | |
| 92 | Alice Crane | Derby Ac | 1:27:10 | FU23 | 1/7 | 1.33 | |
| 105 | Jason Williams | CVFR | 1:29:19 | M | 69/90 | 1.36 | |
| 111 | Virgil Barton | CVFR | 1:30:10 | M | 70/90 | 1.38 | |
| 146 | Charlotte Jackson | CVFR | 1:38:35 | F | 41/70 | 1.50 | |
| 152 | James Cooke | CVFR | 1:41:38 | M | 88/90 | 1.55 | |