

Inov-8 High Cup Nick 2024-02-24

Total finishers 410

CVFR finishers 3

Position	Name	Club	Time	Category	Cat Pos	Rating	Comment
1	Tim Lamont	Helm Hill	1:00:12	M	1/86	1.04	
5	Lewis Bowness	Helm Hill	1:04:06	MU23	1/7	1.11	
7	Ian Holmes	Bingley Harriers And Athletics Club	1:06:58	MV50	1/87	1.16	
10	Charlie Lowther	Eden Runners	1:08:18	MV40	1/82	1.18	
20	Emily Cowper-Coles	Denby Dale Athletics Club	1:10:53	F	1/36	1.23	
66	Philippa Wakefield	Keswick Ac	1:21:04	FV40	1/39	1.40	
69	Virgil Barton	CVFR	1:21:15	MV50	10/87	1.40	
99	David Parkington	Preston Harriers	1:25:07	MV60	1/38	1.47	
133	Helen Elmore	Dark Peak Fellrunners	1:29:25	FV50	1/26	1.55	
236	Andy Davies	CVFR	1:40:41	MV60	19/38	1.74	
272	Francis Wooff	CVFR	1:44:23	MV60	21/38	1.80	
278	Claire Bagness	Northumberland Fell Runners	1:44:53	FV60	1/10	1.81	
352	Ralph Liddell	Eden Runners	1:59:34	MV70	1/1	2.07	