



## Yorkshireman Off Road Half 2016-09-11

Total finishers 208

CVFR finishers 16

Position	Name	Club	Time	Category	Cat Pos	Rating	Comment
1	Michael Malyon	Baildon Runners	1:49:06	M	1/35	1.27	
2	Stuart Carmichael	East Hull Harriers & AC	1:49:22	M40	1/44	1.28	
12	Helen Livingstone	Leeds Bradford Triathlon Club	2:08:32	W50	1/17	1.50	
17	Dan Pope	CVFR	2:10:05	M	5/35	1.52	
18	Paul Gaile	Pudsey Pacers RC	2:10:11	M50	1/35	1.52	
30	Dougie Zinis	CVFR	2:14:12	M	8/35	1.57	
32	Jeffrey Pickup	Clayton-le-Moors Harriers	2:15:32	M60	1/15	1.58	
34	Kirsty Allen	Baildon Runners	2:15:43	W40	1/41	1.58	
38	Anna Keys	Pudsey Pacers RC	2:16:12	W	1/17	1.59	
45	Brian Horsley	CVFR	2:18:10	M60	2/15	1.61	Best This Year (prev 1.67)
73	David Culpan	CVFR	2:27:00	M50	11/35	1.71	
89	Gill Dickson	CVFR	2:31:29	W40	10/41	1.77	Best Ever (prev 1.81)
99	Gloria Ayuso	CVFR	2:35:12	W40	11/41	1.81	
118	Helen Flage	CVFR	2:41:52	W40	15/41	1.89	Best Ever (prev 1.97)
125	David Greenwood	Rosendale Harriers & AC	2:45:00	M55	1/1	1.92	
134	Sue Lawty		2:49:14	W60	1/2	1.97	
148	Kate Pope	CVFR	2:53:25	W40	23/41	2.02	
151	Eileen McDonach	CVFR	2:56:25	W40	25/41	2.06	Best Ever (prev 2.07)
161	Carolyn Shimwell	CVFR	2:59:51	W	14/17	2.10	
162	Jocasta Fletcher	CVFR	3:00:09	W40	28/41	2.10	
177	Clare Louise Clarke	CVFR	3:22:20	W50	13/17	2.36	
182	Elina Nhinda-Latvio	CVFR	3:25:30	W40	33/41	2.40	
183	Angela Richards	CVFR	3:26:27	W50	14/17	2.41	
188	Ruth Thompson-Davies	CVFR	3:35:11	W	15/17	2.51	
190	Peter Mitchell	Keighley & Craven AC	3:36:50	M70	1/1	2.53	



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207	Charlie Boyce	CVFR	0:00:00	M50	35/35	0.00	