Race	<u>Dunnerdale</u>
Date of Race	09-Nov-13
Winning Time	0:38:36
Race Difficulty Weighting	0.00



Number of	2	
CVFR		
Entrants		
		F



Race ID

	pos	name	club	category		category	in	Race	Previous Rolling Handicap	Improvement	Comments
This .	1	Tom Addison	Helm Hill Runners	M	00:38:36						
	96	Karon Forster	CVFR	W50	00:54:40						
	139	Trevor Murgatroyd	CVFR	M50	00:59:43						