

Heptonstall Festival		07-Jul-12			rating	improvement	
1	Chris Smale	Bingley	MV40	0:52:09	1.15		
2	Andy Thorpe2	CVFR	MV40	0:52:43	1.16	3%	best this year
7	Alex Whittem	CVFR	M	0:54:51	1.21	-6%	
11	Romain Pierrel	CVFR	M	0:57:32	1.27	4%	
14	Rob Dobson	CVFR	M	0:59:13	1.30	-3%	
15	Holly Page	CVFR	L	0:59:29	1.31	-2%	1st female
16	James Williams	CVFR	M	0:59:57	1.32	2%	
21	Graham Hill	CVFR	MV40	1:00:59	1.34	-2%	
22	Jon Underwood	CVFR	MV40	1:01:06	1.35	1%	best this year
28	Phil Scarf	CVFR	MV40	1:04:07	1.41	0%	
31	Ben Frechette	CVFR	M	1:04:20	1.42	4%	best this year
40	Richard Sunderland	CVFR	M	1:07:15	1.48	0%	
41	Stephen Grimley	CVFR	MV40	1:07:45	1.49	-1%	
42	Tim Brooks	CVFR	MV40	1:08:12	1.50	-3%	
49	Charlie Boyce	CVFR	MV40	1:09:32	1.53	-1%	
51	Martin Whitehead	CVFR	MV50	1:09:48	1.54	0%	
57	Jackie Scarf	CVFR	LV40	1:11:12	1.57	2%	best this year
60	David Culpan	CVFR	MV50	1:11:52	1.58	0%	
62	Paul Taylor	CVFR	MV40	1:12:24	1.59	1%	
63	Graham Lloyd	CVFR	MV50	1:12:47	1.60	0%	
64	Rod Sutcliffe	CVFR	MV60	1:12:57	1.61	-1%	
67	Andy Thorpe1	CVFR	MV40	1:13:49	1.63	-3%	
71	Blair Garrett	CVFR	M	1:14:58	1.65	-2%	
72	Louise Marix-Evans	CVFR	LV40	1:15:02	1.65	6%	
75	Gillian Wisbey	CVFR	LV40	1:16:22	1.68	1%	
105	Toby Sydes	CVFR	MV40	1:28:03	1.94	-7%	

111 runners