

<u>Coniston</u>		05-May-12	<u>rating</u>	<u>improvement</u>	
1	Rob Hope	P&B	1:09:31	1.02	
8	Tim Ellis	CVFR	1:16:54	1.13	1%
21	Lizzie Adams	Black Combe	1:23:21	1.23	
30	Sally Newman	CVFR	1:26:49	1.28	4%
167	Jeremy Wilkinson	CVFR	1:55:10	1.69	-5%
215	Vicky Butcher	CVFR	2:10:14	1.92	1%
224	Heidi Rushton	CVFR	2:17:24	2.02	-6%
231	Melanie Nicholson	CVFR	2:38:23	2.33	-20%

best this year

235 finishers