

<u>Blackstone Edge</u>		16-May-12		<u>rating</u>	<u>improvement</u>		
1	Tim Ellis	CVFR	S	0:30:01	1.12	2%	
5	Alex Whitem	CVFR	S	0:32:28	1.21	-8%	
17	Helen Fines	CVFR	L	0:36:22	1.36	-5%	1st female
18	Stephen Smithies	CVFR	V40	0:36:36	1.37	-8%	
30	Tim Brooks	CVFR	V40	0:38:54	1.45	1%	
53	Michael Dean	CVFR	V45	0:41:52	1.56	-2%	
64	Clare Kenny	CVFR	LV50	0:44:02	1.64	6%	best this year
75	Stephen Grimley	CVFR	V40	0:45:57	1.71	-11%	
78	Alastair Whitelaw	CVFR	V45	0:46:12	1.72	9%	
81	John Riley	CVFR	V60	0:47:14	1.76	1%	
82	Tony Bradley	CVFR	V50	0:47:39	1.78	0%	best this year
85	Graham Davy	CVFR	V50	0:47:59	1.79	2%	

102 runners