

Aggies Staircase

21-Jun-12

				<u>rating</u>	<u>improvement</u>	
1	Tim Ellis	CVFR		0:28:13 1.12	2%	
13	Stephen Smithies	CVFR	V40	0:32:13 1.28	-1%	
24	Helen Fines	CVFR	F	0:33:26 1.33	-2%	1st female

180 runners