Race	Beefys Nab - Seniors				
Date of Race	07-Oct-12				
Winning Time	0:21:19				
Race Difficulty Weighting	0.00				



Number of	3
CVFR	
Entrants	



Race ID

pos	name	club	category	time	Pos in	number	Todays	Previous	Improvement	Comments
					category	in	Race	Rolling		
						category	Rating	Handicap		
1	Joseph Crossfield	Halifax	M18	00:21:19						
18	Carl Coughlan	CVFR	M35	00:25:58						
32	Trevor Murgatroyd	CVFR	M50	00:28:34						
45	Mollie Jagger	CVFR	WU18	00:36:53						