

run time	runner	run time	runner	run time	runner
01:10:35	Stephanie Vanderhaegen	00:51:36	Rachel Hyde	00:42:02	Paul Haigh
01:09:01	Sharon Godsman	00:51:27	Tim Brooks	00:42:02	Lee Shimwell
01:08:42	Genevieve Thompson	00:51:27	Rob Howson	00:41:58	Rob Rawlinson
01:08:23		00:51:08	Catherine Holden	00:41:49	Mike Clayton
01:08:23		00:50:49	Jonathan Lees	00:41:34	James Williams
01:07:46	Tamsin Cooke	00:50:49	Daniel Pope	00:41:25	Stephen Smithies
01:05:52		00:50:22	Andrew Meek	00:41:24	Douglas Zinis
01:04:18	Andrew Smith	00:50:17	Paul Taylor	00:41:06	Mark O'Connor
01:04:00	Sue Martin	00:50:14	Daniel Baron	00:41:06	Lucy Collins
01:03:22	Eileen McDonach	00:50:11	Dave Beels	00:41:06	Dave Hammond
01:02:07	Diane Wright	00:50:11	Cass Chisholm	00:40:59	Andy Thorpe2
01:01:48	Marc Collett	00:50:05	Christina Turner	00:40:28	John Allan
01:01:48	Harley Beecroft	00:49:53	Toby Sydes	00:40:09	Stephen Edwards
01:01:45	Andrea Lawton-Hyde	00:49:00	Michael Dean	00:40:09	Jonny Croston
01:01:29	Anthony McManus	00:48:56	James Cooke	00:39:50	Kevin Hoult
01:01:29	Amanda Farrell	00:48:56	Andrew Davies	00:39:50	James Logue
01:01:00	Steve Cavell	00:48:38	Trudi Entwistle	00:39:50	Alasdair Pedley
01:00:48	Jo Marshall	00:48:12	Richard Sunderland	00:39:32	Mark Taylor
01:00:33	Jocasta Fletcher	00:48:00	Anthony Costello	00:39:32	Mark Burton
01:00:15	Gill Dickson	00:47:03	Iain Powell	00:38:56	Jon Smith
00:59:57	Carolyn Shimwell	00:46:44	Darren Earnshaw	00:38:16	Shaun Godsman
00:59:55	Linda Cooper	00:46:26	Jonathan Emberton	00:37:39	Karl Gray
00:59:36	Matthew Bott	00:46:26	Jon Underwood	00:37:20	Alex Whittom
00:58:42	Colin Duffield	00:46:26	Helen Buchan	00:37:01	Michael Hyde
00:58:40	Kate Pope	00:46:12	Johnnie Watson	00:37:01	Max Wharton
00:58:15	John Nunn	00:46:01	Calvin Ferguson	00:36:41	Holly Page
00:58:02	Charlotte Wetton	00:45:48	Stuart Russell	00:36:04	Darren Kay
00:57:43	Mike Wardle	00:45:47	Stephen Morran	00:35:51	Tim Ellis
00:56:37	Ian Sparks	00:45:44	Richard Ingram	00:35:27	Martin Howard
00:56:28	Richard Rothery	00:45:30	Ben Cliff	00:35:27	Gavin Mulholland
00:56:28	Lawrence Fennelly	00:45:29	Jonathan Moon	00:34:55	Ben Mounsey
00:56:28	Gloria Ayuso	00:45:11		00:34:49	Charlie Ing
00:56:21	Rod Sutcliffe	00:45:01	Andrew Wright	00:34:31	Chris Holdsworth
00:56:21	Stella Chrisanthou	00:44:51		00:34:11	Adam Osborne
00:56:09	Jackie Scarf	00:44:51	Bill Johnson	00:33:53	Matthew Roberts
00:55:58	James Halliday	00:44:48	Toby Cotterill	00:32:19	Andy Swift
00:55:50	Dick Spendlove	00:44:33	Elliot Corner		
00:55:12	Bob Howard	00:44:14	Susannah Richardson		
00:54:54	Gillian Wisbey	00:44:14	Natasha Butterfield		
00:54:46	Elina Eady	00:44:14	Mark Wharton		
00:54:23	Barbara Lonsdale	00:44:14	Liam Williams		
00:54:16	Graham Lloyd	00:44:14			
00:54:04	Nathan Kennaugh	00:43:55	Jo Buckley		
00:53:57	Carole Fryer	00:43:34	Matt Kay		
00:53:39	Rachel Johnston	00:43:29	Phil Scarf		
00:53:19	Blair Garrett	00:43:18	Phil Wells		
00:52:42		00:43:17	Luke Meleschko		
00:52:26	Mike Flatley	00:43:17	Iain Illstone		
00:52:04		00:43:17	Giles Simon		
00:51:36	Simon Fisher	00:42:40	Dan Marsden		

\* Estimated times without sufficient race history are ineligible for the trophy but can race for the craic  
 If you feel you cannot achieve your listed start time due to injury or such like then you can start at an alternative time but again will not be eligible for the trophy