



Midgley Moor Selfie-Score

Course Notes

Midgley Moor is the brooding beast that dominates the upper Calder Valley and has been well-trodden by CVFRers since the club began. Home to several races and umpteen training routes, it provides an excellent backdrop to much of what local fell running has to offer.

As such it demands a selfie-score so here you go. The Hare & Hounds at 'Lane Ends' is a suggested start point but there are several you could choose (see below) and come at it from different angles.

The course is designed to take you to the most common points of the moor, plus there's a bit of climb thrown in to keep you honest and a visit to the world-famous 'steps'.

Tackle it on a misty morning and the difficulty factor will magnify sharply.

The round also includes a cluster of controls at the former Old Town quarries. There are four quarries and three controls so make sure you get the right ones. You might need a visit to all four to be on the safe side!

Please use the paths and trails where you can and stay off the roads.

Good luck!

Suggested Start Points:

1. Hare & Hounds Pub, Lane Ends (some parking)
2. Robin Hood pub, Pecket Well. (decent car park)
3. Bob's Tea Room, Midgley. (limited car park)
4. Jerusalem Farm, Jerusalem Lane (small car park)