

Race	<b>Great Lakes Run</b>
Date of Race	15-Jun-19
Winning Time	2:37:58
Race Difficulty Weighting	0.94



Number of Entrants	317
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Number of CVFR Entrants	9
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Processed at 24/06/2019 15:23

Race ID 8182

pos	name	club	category	time	Pos in category	number in category	Today's Race Rating	Previous Rolling Handicap	Improvement	Comments
1	Carl Bell	Keswick AC	MSEN	02:37:58	1	74	0.94			
5	Rob Jebb	Helm Hill Runners	M40	02:43:55	1	43	0.97			
8	Robert Hope	Pudsey & Bramley AC	M45	02:44:51	1	31	0.98			
22	Max WAINWRIGHT	Dark Peak Fell Runner	MU23	02:55:50	1	2	1.05			
30	Kenny Richmond	Shettleston Harriers	M50	03:00:00	1	38	1.07			
33	<b>Karl Gray</b>	<b>CVFR</b>	<b>M45</b>	<b>03:00:45</b>	<b>2</b>	<b>31</b>	<b>1.08</b>	<b>1.09</b>	1.40%	
36	Mark Roberts	Borrowdale Fell Runners	M55	03:01:30	1	25	1.08			
47	Kelli Roberts	Helm Hill Runners	WSEN	03:03:45	1	18	1.09			
50	<b>Gav Mulholland</b>	<b>CVFR</b>	<b>M45</b>	<b>03:04:55</b>	<b>5</b>	<b>31</b>	<b>1.1</b>	<b>1.17</b>	6.00%	
51	<b>Adam Osborne</b>	<b>CVFR</b>	<b>M40</b>	<b>03:05:15</b>	<b>10</b>	<b>43</b>	<b>1.1</b>	<b>1.14</b>	3.40%	
62	<b>Math Roberts</b>	<b>CVFR</b>	<b>MSEN</b>	<b>03:13:23</b>	<b>36</b>	<b>74</b>	<b>1.15</b>	<b>1.08</b>	<b>-6.50%</b>	
74	William Procter	Helm Hill Runners	M60	03:24:25	1	15	1.22			
94	Helen Berry	Holmfirth Harriers AC	W45	03:33:34	1	14	1.27			
101	<b>Mark Taylor</b>	<b>CVFR</b>	<b>M45</b>	<b>03:37:17</b>	<b>12</b>	<b>31</b>	<b>1.29</b>	<b>1.23</b>	<b>-5.10%</b>	
133	Judith Jepson	Dark Peak Fell Runner	W50	03:45:31	1	15	1.34			
149	Hannah Russell	Helm Hill Runners	WU23	03:50:17	1	4	1.37			
168	Kate Archer	Ilkley Harriers AC	W40	03:57:34	1	11	1.41			
183	<b>Phil Scarf</b>	<b>CVFR</b>	<b>M55</b>	<b>04:04:30</b>	<b>10</b>	<b>25</b>	<b>1.45</b>	<b>1.48</b>	1.70%	
202	Jack Holt	Clayton-le-Moors Harriers	M70	04:16:02	1	2	1.52			
204	<b>Paul Haigh</b>	<b>CVFR</b>	<b>M40</b>	<b>04:16:17</b>	<b>36</b>	<b>43</b>	<b>1.52</b>	<b>1.33</b>	<b>-14.60%</b>	
211	Deborah Gowans	Accrington Road Runners	W55	04:17:46	1	4	1.53			
230	Becky Weight	Bingley Harriers & AC	W60	04:29:20	1	2	1.6			
238	Nick Brooke	Dorset Daddlers RC	M65	04:34:32	1	8	1.63			
256	Wendy Dodds	Clayton-le-Moors Harriers	W65	04:48:12	1	2	1.71			
259	Lesley Malarkey	Keswick AC	W70	04:49:32	1	1	1.72			
289	<b>Jackie Scarf</b>	<b>CVFR</b>	<b>W55</b>	<b>05:15:17</b>	<b>4</b>	<b>4</b>	<b>1.88</b>	<b>1.69</b>	<b>-11.00%</b>	