

Race	Coniston
Date of Race	04-May-19
Winning Time	1:13:11
Race Difficulty Weighting	1.07



Number of Entrants	312	Number of CVFR Entrants	1
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Processed at 24/06/2019 15:20

Race ID 8030

pos	name	club	category	time	Pos in category	number in category	Todays Race Rating	Previous Rolling Handicap	Improvement	Comments
1	Rob Jebb	HELM HILL	M40	01:13:11	1	32	1.07			
2	IAN HOLMES	BINGLEY	M50	01:13:19	1	58	1.08			
4	Jack Wright	AMBLESIDE	M	01:15:39	1	93	1.11			
8	Kenny Richmond	SHETTLESTON	M45	01:18:49	1	32	1.16			
10	Josh Jardine	HELM HILL	MU23	01:19:52	1	7	1.17			
32	Paul Cornforth	AMBLESIDE	M55	01:25:13	1	32	1.25			
43	Sharon Taylor	HELM HILL	W	01:29:03	1	33	1.31			
68	Lou Roberts	AMBLESIDE	W45	01:31:17	1	11	1.34			
91	Leigh Warburton	BOWLAND	M60	01:35:16	1	23	1.4			
116	HINDA HARDAKER	KEIGHLEY&CRAVEN	W40	01:40:16	1	13	1.47			
132	JEAN BROWN	CLAYTON LE MOOR	W50	01:41:59	1	7	1.5			
233	Wendy Dodds	CLAYTON LE MOOR	W65	01:57:49	1	1	1.73			
248	JANE LEONARD	TODMORDEN	W60	02:01:16	1	3	1.78			
255	Michael Dean	CVFR	M50	02:03:14	51	58	1.81	1.69	-7.00%	
258	Lesley Malarkey	KESWICK	W70	02:04:02	1	1	1.82			
285	Eddie Dealtry	KENDAL	M70	02:13:31	1	2	1.96			