

Race	Moel Siabod
Date of Race	07-Jul-18
Winning Time	0:52:57
Race Difficulty Weighting	1.17

Number of Entrants	50
Number of CVFR Entrants	4

pos	name	club	category	time	category pos	number in category	Todays Race Rating	Previous Rolling Handicap	Improvement	Comments
1	Gavin Roberts	Eryri Harriers	Mu/40	0:52:57	1	10	1.17			
2	Emlyn Owen	Eryri Harriers	Mo/40	0:53:47	1	11	1.18			
6	Miranda Grant	Eryri Harriers	Fu/40	0:57:44	1	6	1.27			
9	Liam Williams	CVFR	Mu/40	0:63:01	3	10	1.39	1.43	3.3%	
11	Chas Myers	Llyn Stryders	Mo/50	0:63:37	1	11	1.40			
18	Catherine Holden	CVFR	Fo/40	0:68:48	1	5	1.51	1.59	4.8%	best ever!
19	Iawn Edgar	Eryri Harriers	Mo/60	0:69:28	1	1	1.53			
20	Richard Sunderland	CVFR	Mo/40	0:69:44	7	11	1.54	1.47	-4.4%	
26	Toby Sydes	CVFR	Mo/40	0:73:14	9	11	1.61	1.57	-2.5%	
37	Brian Robbins	Eryri Harriers	Mo/70	0:82:15	1	1	1.81			
39	Linda Norman	Eryri Harriers	Fo/50	0:82:58	1	4	1.83			
44	Menai Baugh	Denbigh Harriers Di	Fo/60	0:98:48	1	1	2.18			