

Race	<b>Stoodley Pike</b>
Date of Race	03-Jul-18
Winning Time	0:20:26
Race Difficulty Weighting	1.22

Number of Entrants	56
Number of CVFR Entrants	17

pos	name	club	category	time	category pos	number in category	Todays Race Rating	Previous Rolling Handicap	Improvement	Comments
<b>1</b>	<b>Martin Howard</b>	<b>CVFR</b>	<b>MU23</b>	<b>0:20:26</b>	<b>1</b>	<b>2</b>	<b>1.22</b>	<b>1.26</b>	<b>3.2%</b>	
2	Neal Crampton	Pudsey & Bramley	M	0:21:2	1	13	1.26			
<b>6</b>	<b>Alasdair Pedley</b>	<b>CVFR</b>	<b>MU23</b>	<b>0:22:29</b>	<b>2</b>	<b>2</b>	<b>1.34</b>	<b>1.31</b>	<b>-2.7%</b>	
<b>7</b>	<b>Toby Cotterill</b>	<b>CVFR</b>	<b>M</b>	<b>00:23:00</b>	<b>5</b>	<b>13</b>	<b>1.37</b>	<b>1.38</b>	<b>0.6%</b>	
8	Adam Storer	U/A	M40	0:23:1	1	12	1.38			
10	Annie Roberts	Todmorden Harriers	F	0:23:25	1	8	1.40			
11	Andy McFie	Todmorden Harriers	M50	0:23:42	1	14	1.42			
<b>12</b>	<b>James Williams</b>	<b>CVFR</b>	<b>M</b>	<b>0:24:01</b>	<b>7</b>	<b>13</b>	<b>1.44</b>	<b>1.45</b>	<b>1.1%</b>	
<b>14</b>	<b>Andrew Wright</b>	<b>CVFR</b>	<b>M40</b>	<b>0:24:44</b>	<b>3</b>	<b>12</b>	<b>1.48</b>	<b>1.53</b>	<b>3.3%</b>	<b>best this year</b>
<b>22</b>	<b>Natasha Butterfield</b>	<b>CVFR</b>	<b>F</b>	<b>0:26:06</b>	<b>2</b>	<b>8</b>	<b>1.56</b>			
<b>24</b>	<b>Andrew Davies</b>	<b>CVFR</b>	<b>M60</b>	<b>0:26:34</b>	<b>1</b>	<b>8</b>	<b>1.59</b>	<b>1.58</b>	<b>-0.6%</b>	
<b>26</b>	<b>James Cooke</b>	<b>CVFR</b>	<b>M</b>	<b>0:26:50</b>	<b>11</b>	<b>13</b>	<b>1.60</b>	<b>1.67</b>	<b>6.9%</b>	
30	Iris Palmer	Halifax harriers	FU18	0:27:13	1	5	1.63			
<b>35</b>	<b>Blair Garrett</b>	<b>CVFR</b>	<b>M</b>	<b>0:28:21</b>	<b>12</b>	<b>13</b>	<b>1.69</b>	<b>1.71</b>	<b>0.7%</b>	<b>best this year</b>
<b>37</b>	<b>Barbara Lonsdale</b>	<b>CVFR</b>	<b>F40</b>	<b>0:28:41</b>	<b>1</b>	<b>12</b>	<b>1.71</b>	<b>1.71</b>	<b>-0.3%</b>	
<b>39</b>	<b>Jackie Scarf</b>	<b>CVFR</b>	<b>F50</b>	<b>0:28:57</b>	<b>1</b>	<b>4</b>	<b>1.73</b>	<b>1.69</b>	<b>-2.3%</b>	
<b>47</b>	<b>Graham Lloyd</b>	<b>CVFR</b>	<b>M50</b>	<b>0:30:22</b>	<b>8</b>	<b>14</b>	<b>1.82</b>	<b>1.76</b>	<b>-3.3%</b>	
48	Jane Leonard	Todmorden Harriers	F60	0:30:34	1	2	1.83			
<b>51</b>	<b>Lawrence Fennelly</b>	<b>CVFR</b>	<b>M50</b>	<b>0:30:47</b>	<b>10</b>	<b>14</b>	<b>1.84</b>	<b>1.74</b>	<b>-5.6%</b>	
<b>52</b>	<b>Andrew Meek</b>	<b>CVFR</b>	<b>M50</b>	<b>0:30:48</b>	<b>11</b>	<b>14</b>	<b>1.84</b>	<b>1.79</b>	<b>-3.1%</b>	
<b>53</b>	<b>Elina Eady</b>	<b>CVFR</b>	<b>F40</b>	<b>0:30:49</b>	<b>3</b>	<b>12</b>	<b>1.84</b>	<b>1.91</b>	<b>3.8%</b>	
<b>55</b>	<b>Stella Chrisanthou</b>	<b>CVFR</b>	<b>F40</b>	<b>0:31:05</b>	<b>4</b>	<b>12</b>	<b>1.86</b>	<b>1.81</b>	<b>-2.5%</b>	
<b>56</b>	<b>Rachel Hyde</b>	<b>CVFR</b>	<b>F40</b>	<b>0:31:07</b>	<b>5</b>	<b>12</b>	<b>1.86</b>	<b>2.00</b>	<b>6.8%</b>	
<b>59</b>	<b>Bob Howard</b>	<b>CVFR</b>	<b>M50</b>	<b>0:31:42</b>	<b>13</b>	<b>14</b>	<b>1.89</b>	<b>1.83</b>	<b>-3.6%</b>	
<b>62</b>	<b>Eileen McDonach</b>	<b>CVFR</b>	<b>F40</b>	<b>0:32:31</b>	<b>6</b>	<b>12</b>	<b>1.94</b>	<b>2.00</b>	<b>2.6%</b>	
<b>64</b>	<b>Matthew Bott</b>	<b>CVFR</b>	<b>M40</b>	<b>0:33:02</b>	<b>12</b>	<b>12</b>	<b>1.97</b>	<b>1.93</b>	<b>-2.4%</b>	
<b>66</b>	<b>Steve Cavell</b>	<b>CVFR</b>	<b>M60</b>	<b>0:33:55</b>	<b>6</b>	<b>8</b>	<b>2.03</b>	<b>2.03</b>	<b>0.3%</b>	
79	Norman Fieldberry	Holmfirth Harriers	M70	0:42:51	1	1	2.56			