

Race	Cragg Vale
Date of Race	27-Jun-18
Winning Time	0:27:27
Race Difficulty Weighting	1.20

Number of Entrants	56
Number of CVFR Entrants	17

pos	name	club	category	time	category pos	number in category	Today's Race Rating	Previous Rolling Handicap	Improvement	Comments
1	<i>andrew worster</i>	<i>todmorden harriers</i>	<i>m</i>	<i>0:27:27</i>	1	19	1.20			
2	Martin Howard	CVFR	mu21	0:27:56	1	4	1.22	1.28	5.2%	best ever!
5	<i>christian holmes</i>	<i>wharfedale</i>	<i>mv40</i>	<i>0:28:38</i>	1	12	1.25			
8	Alasdair Pedley	CVFR	mu21	0:30:08	2	4	1.31	1.29	-2.2%	
10	<i>andrew collins</i>	<i>barlick fell runners</i>	<i>m</i>	<i>0:30:31</i>	1	1	1.33			
14	Jack Denton	CVFR	mu21	0:32:53	3	4	1.43	1.29	-10.9%	
16	James Williams	CVFR	m	0:33:14	9	19	1.45	1.47	1.4%	
17	<i>annie roberts</i>	<i>todmorden harriers</i>	<i>f</i>	<i>0:33:39</i>	1	3	1.47			
18	<i>stephen booth</i>	<i>ua</i>	<i>mv50</i>	<i>0:34:24</i>	1	14	1.50			
20	Ben Cliff	CVFR	mv40	0:34:31	4	12	1.51	1.49	-1.0%	
21	Matt Kay	CVFR	m	0:34:46	10	19	1.52			
25	Jonathan Emberton	CVFR	mv50	0:35:38	2	14	1.55	1.51	-3.0%	
28	Andrew Davies	CVFR	mv60	0:35:56	1	6	1.57	1.58	0.6%	
30	Phil White	CVFR	mv50	0:36:02	3	14	1.57	1.65	4.5%	
40	<i>jill butterworth</i>	<i>rochdale harriers</i>	<i>fv40</i>	<i>0:38:38</i>	1	4	1.69			
44	Blair Garrett	CVFR	m	0:38:54	18	19	1.70	1.72	1.5%	best this year
45	<i>jean powell</i>	<i>wharfedale</i>	<i>fv50</i>	<i>0:38:55</i>	1	5	1.70			
47	Barbara Lonsdale	CVFR	fv40	0:39:51	2	4	1.74	1.67	-4.0%	
49	Graham Lloyd	CVFR	mv50	0:40:15	8	14	1.76	1.75	-0.3%	
51	Simon Fisher	CVFR	mv40	0:40:41	11	12	1.77	1.73	-2.7%	
54	<i>ailen baldwin</i>	<i>stainland lions</i>	<i>fv60</i>	<i>0:41:53</i>	1	2	1.83			
57	<i>sarah pedley</i>	<i>ua</i>	<i>fu21</i>	<i>0:43:49</i>	1	1	1.91			
58	Matthew Bott	CVFR	mv40	0:44:15	12	12	1.93	1.92	-0.3%	
61	Rachel Hyde	CVFR	fv40	00:46:00	3	4	2.01	1.94	-3.3%	
62	michelle rushby	CVFR	fv40	0:46:36	4	4	2.03	2.03	-0.1%	
64	<i>graham breeze</i>	<i>wharfedale</i>	<i>mv70</i>	<i>0:47:39</i>	1	3	2.08			
65	Steve Cavell	CVFR	mv60	0:47:41	5	6	2.08	2.00	-4.1%	
66	John Nunn	CVFR	mv50	0:48:06	13	14	2.10	1.83	-14.4%	