

Race	Heptonstall
Date of Race	25-Mar-18
Winning Time	1:59:43
Race Difficulty Weighting	1.11

Number of Entrants	109
Number of CVFR Entrants	11

pos	name	club	category	time	category pos	number in category	Todays Race Rating	Previous Rolling Handicap	Improvement	Comments
1	Joe Baxter	Pudsey & Bramley A	M	1:59:43	1	30	1.11			
8	Jason Millward	Harrogate Harriers	V40*	2:11:23	1	V40*	1.22			
9	Kevin Hault	CVFR	M40	2:15:03	1	33	1.26	1.32	5.0%	
12	Iain Illstone	CVFR	M	2:17:39	9	30	1.28	1.35	5.2%	
19	Paul Haigh	CVFR	M40	2:25:50	6	33	1.36	1.45	6.3%	
23	Phil Wells	CVFR	M40	2:27:15	7	33	1.37	1.49	8.0%	best ever!
25	Dan Marsden	CVFR	M	2:28:41	16	30	1.38	1.50	7.7%	
26	Peter Stobbs	Trawden AC	M50	2:31:03	1	20	1.41			
30	Nik Tarrega	York Knavesmire Ha	W	2:33:19	1	6	1.43			
33	Toby Cotterill	CVFR	M	2:35:01	19	30	1.44	1.45	0.3%	
46	Iain Powell	CVFR	M40	2:40:17	16	33	1.49	1.42	-4.9%	
52	Ben Cliff	CVFR	M40	2:44:50	20	33	1.53	1.50	-2.1%	
73	Susie Pedder	Trawden AC	W40	2:59:43	1	8	1.67			
86	David Leslie	Abbey Runners	M60	3:11:06	1	3	1.78			
88	Gloria Ayuso	CVFR	W40	3:13:24	5	8	1.80	1.87	3.5%	best ever!
90	Anthony Costello	CVFR	M50	3:14:02	17	20	1.81	1.63	-11.0%	
98	Sarah Haines	Ilkley Harriers	W50	3:24:04	1	2	1.90			
103	Gillian Wisbey	CVFR	W40	3:30:08	7	8	1.96	1.84	-6.5%	