

Race	Bronte Way
Date of Race	29-Oct-17
Winning Time	0:54:20
Race Difficulty Weighting	1.17

Number of Entrants	273
Number of CVFR Entrants	13

pos	name	club	category	time	category pos	number in category	Today's Race Rating	Previous Rolling Handicap	Improvement	Comments
1	Joe Dale	Victoria Park Harriers	M35	0:54:20			1.17			
2	Ian Holmes	Bingley Harriers	M50	0:54:21	1	36	1.17			
6	Christian Holmes	Wharfedale Harriers	M40	0:55:42	1	30	1.20			
16	Martin Howard	CVFR	M23	1:01:03			1.32	1.38	4.7%	best this year
20	Iain Illstone	CVFR	M35	1:01:40			1.33	1.35	1.6%	
21	Jason Helmsley	Wharfedale Harriers	M45	1:01:42	1	29	1.33			
30	Douglas Zinis	CVFR	M35	1:03:40			1.38	1.35	-1.7%	
36	Doug Flemming	Horwich RMI Harriers	M55	1:04:26	1	29	1.39			
37	Stuart Heaviside	0	M	1:04:30	1	1	1.39			
44	Mark Wharton	CVFR	M50	1:06:48	5	36	1.44	1.40	-3.0%	
47	Thornton Taylor	Rossendale	M60	1:08:11	1	7	1.47			
48	Lindsey Oldfield	CVFR	W35	1:08:20			1.48	1.50	1.7%	
76	Karen Pickles	Pudsey & Bramley A	W45	1:10:34	1	17	1.52			
80	Caroline Clarke	Pudsey Pacers	W55	1:11:03	1	13	1.53			
98	Shona Stone	Bingley Harriers	W40	1:12:57	1	14	1.58			
99	Ken Taylor	Rossendale	M70	1:13:17	1	5	1.58			
111	Catherine Holden	CVFR	W40	1:15:10	2	14	1.62	1.63	0.5%	
121	Jayne Butterworth	Skipton AC	W50	1:16:00	1	12	1.64			
134	Carole Fryer	CVFR	W50	1:17:21	2	12	1.67	1.72	3.1%	best this year
154	Aileen Baldwin	Stainland Lions RC	W65	1:21:25	1	1	1.76			
159	Nicholas Waters	0	M65	1:22:26	1	5	1.78			
170	David Culpan	CVFR	M55	1:23:50	17	29	1.81	1.80	-0.4%	
174	Bob Howard	CVFR	M55	1:24:48	19	29	1.83	1.85	1.0%	best this year
176	James Cooke	CVFR	M35	1:25:25			1.84	1.71	-7.9%	
189	Katy Thompson	Clayton Le Moors	W60	1:27:25	1	4	1.89			
253	Eileen McDonach	CVFR	W45	1:44:00	13	17	2.25	2.30	2.2%	best this year
257	Elina Nhinda-Latyo	CVFR	W40	1:46:20	11	14	2.30	2.26	-1.5%	
265	Tamsin Cooke	CVFR	W35	1:53:35			2.45	2.34	-4.8%	