SHEEPSHEET

EDITOR;- SIMON TOWLER, 75, POPLAR GROVE, BRADFORD, BD7 4LL.

FEB/MARCH 2000

Sorry about the unusual format of this issue but I have had to create what I can at work rather than at home, due to a major crash on my PC. My apologies to Rod & Pete if the info about Rods race, followed by the social do is late but I hope you are reading this sometime before 25th March. SODS LAW prevails as the whole issue was ready to print when my machine locked up, and as yet I still haven't been able to get back into it!!. Please forgive the ad-hoc way things are stuck together & hopefully the next issue will be back to normal!!



RACE REPORTS TO ANYTHING ELSE THAT I HAVE A PAPER COPY OF



CALDER VALLEY FELL RUNNERS

SATURDAY 25TH OF MARCH ROD'S FELL RACE 11AM FROM BOOTH CRICKET CLUB CLUB SOCIAL EVENING AND QUIZ AT BOOTH CRICKET CLUB, SATURDAY 25TH MARCH AT 7-30PM. COME ALONG BRING THE WIFE AND KIDS, TEST YOUR KNOWLEDGE AGAINST THE OTHER BRIGHT SPARKES!!

TAKE AWAY MEALS FROM LUDDENDEN FOOT CHIPPY & CURRY HOUSE TO BE PRE ORDERED EARLY EVENING IF REQUIRED.

C.V.F.R. COMMITTEE 1999 / 2000

DAVE HYDE Chairperson;-01422 - 343736 Treasurer;-JEZ WILKINSON 01943 - 876190 Secretary;-MIKE BELL 01422 - 365468 Member. Sec;-RICHARD KELLETT 01422 - 202923 Club Captain;-ROD SUTCLIFFE 01422 - 882082 GRAEME WOODWARD Statistician:-01422 - 885185 Publicity:-CARL GREENWOOD 01422 - 886587 Equipment Officer; - PETE WHITE 01422 - 885728 Sheepsheet;-SIMON TOWLER 01274 - 501957

Co-opted; - BRIAN HORSLEY, STEVE CAVELL & LINDA >>>>> COOPER.

From: Peter White [whiteman@coiners.freeserve.co.uk]

Sent: 08 March 2000 16:02

To: simon towler Subject: souper Runs

HI simon, herewith brief synopsis of the four runs, charlottes write up is attatched 2nd souper run held from jess and helens.

A run more memorable for it's quisene than the run [for me at least]. Helen, charlotte, jess, jon, tony, stewart, pete and a few next door neighbours, left the house on what seemed like a decent morning, things changed very quickly however as we climbed through the field paths and onto ilkley moor. It soon started to rain [horizontally] and by the time we arrived at the twelve apostles I was beginning to ask myself "what am I doing here?". By the time we arrived at dick Hudson's we were all a bit damp but the thought of hot soup kept us moving along through some great field path systems. Just as I was feeling at my lowest ebb.jess exclaimed "its just over that hill on the horizon!!". By this time I was well nacked anyway so I just kept quiet. They all waited for me at the roadside just before the summit [risking hypothermia into the bargain] and we ran back into menston as a team just as the rain began to clear! We tucked into soup, pizza, apple crumble&custard[now I began to remember what a great idea these runs were] a real treat.

Thanks for your efforts jess& helen see you next year!!

third souper run from Allan jones's pub

An excellent turn out on a beautiful morning, ten members turned out for a delightful run through the field paths of coley and its environs. We even met allan greenwood along the way, once he heard about the soup he stuck with us!! Brian did a good job navigating us all safely back to the windmill, where we all enjoyed a pint with our bread and soup.

Thanks to Allan for his kind hospitality.

fourth souper run from rod's

Raw end certainly lived up to it's reputation for this last souper run of the current series. The wind was howling as rod led us off down the field paths into the luddenden valley and thence onto midgley moor. We all huddled behind the wall whilst rod did his best to convince us that the race route around the moor was only 5 miles! At least at this point it was still fine!

point it was still fine!
We ran out to crow hill nook, where it started to rain with a vengeance, the rain was cold and horizontal, on to sheepstones, where we examined the results of our new year painting expedition [what paint?] Looks like a repaint one balmy summers evening!!

Now, at least, we were sideways on to the gale and as we dropped back into the valley where we were fairly blown along!! We yomped back across the moor through the deep heather [courtesy of geoff] and thankfully back into the shelter of the valley. The climb back up to rod's seemed a long way but it certainly proved to be worth it. Maria had prepared us a great snack which soon disappeared, and for which we were all most grateful, Thanks to rod and maria for a great morning!!

The souper runs I think have proved most successful, particularly for those who turned up!! I hope to resurrect them this autumn

and trust that more club members will make the effort to attend. The accent is on"social Running"and is meant to suit all abilities

See you there pete.

The Oakworth Souper Run (January 9th 2000)

Twelve to fifteen people turned out for the first in the series of souper runs accompanied by their coughs, colds and chest infections – a good start to the millennium. A great day provided some nice views of the Haworth countryside and good running across moorland to Keighley Moor reservoir then down into the Ponden Mill valley and up the other side. Here the group split into those who felt they needed a few extra miles, and those who were anticipating some good fayre. So the fitter ones went to Penistone Hill (don't you ever get bored of that place?) and the sensible ones went home via fields and lots of stiles with plenty of dogs to keep us running. Soup, pizza (Jez and Helen), sandwiches, mulled wine (Ian Law) and quiche (we don't have real men in the club) satisfied the appetite. A good few hours out which is to be recommended. Have another series next year – it gets you out on those coldinations.

Charlotte Roberts

For the attention of the sports editor (Hebden Bridge Times & Todmorden News). Please could you put this copy in the Hebden Bridge Times & the Todmorden News. You can contact me on 886587 or at 34 Thorney Lane, Midgley, Halifax HX2 6UX if you require any information regarding this article or on Calder Valley Fell Runners. Thank you for your assistance in this matter,

Yours faithfully Carl Greenwood (Publicity Officer for Calder Valley Fell Runners)

AULD LANG SYNE FELL RACE (THE LAST RACE OF THE MILLENNIUM!)

January 31st 1999 saw the last running of the Auld Lang Syne fell race for the 2nd millennium. A very impressive field 537 runners (86 of which were ladies) took part in this event which starts and finishes at Penistone Hill near Haworth, Keighley and takes in the summit of Oxenhope Stoop. The race is usually well attended as it is always held on New Years Eve and gives runners a good excuse to over indulge themselves over the evenings festivities.

The weather was cool but not too cool for the runners taking part, though spectators were well advised to wrap up! Conditions under foot were muddy due to recent heavy rain falls so the course was a bit of a bog trot!

Ian Holmes of Bingley won the race in a time of 35-07, incidently he has won the race ever year since it began, a remarkable achievement. The first lady home was Lucy Wright of Leeds City in a time of 42-22 and 50th position overall. The first home for Calder Valley was Dave Hyde (V40) in a time of 45-46, Greame Woodward finished second for the club in a time of 47-42, he was closely followed home by John Murry in a time of 48-00 exactly. Other finishes for the club were (in order); Richard Allen; John Simpson; Steven Coey; Rod Suttcliffe; Gerry Symes (V50); Frank Mallinson; Richard Henderson; Jez Wilkinson; Stuart Gardner; Ian Law; Tony Bradley; Peter White; Thirza Hyde (FV40); Paul Frachette; Mick Banks; Helen Wilkinson & Charlotte Roberts. 5 people retired from the race.

From: Sent:

Mike Wardle [mike@ludreb.freeserve.co.uk]

05 March 2000 20:39

To: Subject:

Simon Towler Chew Valley Skyline

Race report.

10 hardy souls from CVFR's took the plunge on this one off race. The race was run in memory of Frank Sykes who was the original organiser. He had intended to run this the 21st race but unfortunateley died last year.

There are many legends connected with this race, like the need for shin pads to protect you from the skin of ice that forms on the bogs or the risky route choice straight across the ice of Chew Reservoir or the secret gullies that knock a couple of minuites off or the bogs that swallow groups of unwary Fell runners. It has a reputation!

Alas the day dawned fine with cold NW winds and patchy cloud. There was a duting of snow and frost. The going was described as firm despite recent heavy rain.

The route is a classic including fast tracks, steep climbs and miles of energy saping peat bog. Well that is what it felt like. The weather was kind and navigation not a problem.

The legends proved not to exist today and we all got round safely. It was an excellent day and a great race.

Mike Wardle.

For the attention of the sports editor (Hebden Bridge Times & Todmorden News). Please could you put this copy in the Hebden Bridge Times & the Todmorden News. You can contact me on 886587 or at 34 Thorney Lane, Midgley, Halifax HX2 6UX if you require any information regarding this article or on Calder Valley Fell Runners. Thank you for your assistance in this matter,

Yours faithfully Carl Greenwood
(Publicity Officer for Calder Valley Fell Runners)

BOULSWORTH HILL RACE

Saturday 15th January saw 156 runners gather at The Herders Arms on the road between Haworth and Colne to compete in the Boulsworth Hill Fell Race, a race that is organised by Calder Valley Fell Runners. One St. Bedes runner was heard to say "you get a lot of fell race for your money!" and indeed the course itself follows very few actual paths crossing much open moor-land on it's way to the summit of Boulsworth Hill (Actually called Lad Law). The return follows the Yorkshire, Lancashire border north for about 1/3rd of a mile before it heads back to pick-up the outward bound route to take runners back to the finish and the final sting in the tail. This sting is in the form of a near vertical climb up a grass covered muddy hillside of about 100ft in height, before a sprint up the final 150Yds to the finish (if your legs haven't died on you!).

The race covers 6.5miles & 1200ft of ascent and was won by Pudsey & Bramley's Gary Devine in a time of 50:43 (some 5 minutes slower than the course record). Second place on the day went to local runner Karl Smith of Todmorden Harriers in a time of 51:19 and the first lady home was Helen Johnson of Bingley Harriers In a time of 57:45 Placing her 29th overall! First Calder Valley home was Andy Clarke in a time 54:56 placing him in 15th overall. Other Valley finishes were:-

D. Hyde 59:29, R. Allen 62:26, J. Wilkinson 62:56, C. Greenwood 63:32, G. Woodward 63:36, S. Birtwell 63:56 A. Carnochan 64:09, S. Coey 65: 25, F. Mallinson 66:08, I. Law 66:58, P. Freachette 69:47, T. Hyde (2nd Lady V40 on the day) 71:20, H. Wilkinson 73:51, S. Cavell 79:07.

Entries are now due for the second race organised by Calder Valley Fell Runners, "The Beast" or Wadsworth Trog. This race is a very demanding one, covering over 20 miles of mainly moor-land running with a lot of navigation required, especially if it is misty (which it usually is!). It Starts at Old Town Cricket Club on 19th February at 10.00 am. Entries should be in by the 11th February 2000 and there is a limit of 200 runners. Details are available from J. Wilkinson, 4 Beech Grove, Menston, Ilkley. Entry fee is £5.00 (inc refreshments).

MIDGLEY MOOR FELL RACE

5 miles, 1250 feet

Saturday 25 March 2000, 12 noon

From Booth Cricket Club, Booth, Halifax (GR 040271)

Terrain and route: mainly heather moorland, on and off paths. Route choice. The route will be flagged only between checkpoints 4 to 5 and from 6 to finish.

Requirements: over 18. Previous fell running experience and navigational skills. Full body cover, map and compass.

Entry fee: £2.00 on day only.

Travel: from A646 at Luddendenfoot turn north between Coach and Horses and Weavers Arms up the hill towards Booth. After 1 mile turn right to Booth.

Parking: limited. Please share cars and park as directed.

NO PARKING ON THE LANE TO BOOTH.

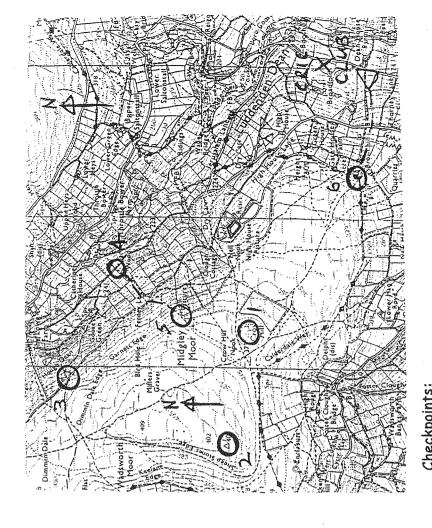
Facilities: toilets and bar in Cricket Club.

Prizegiving: in Cricket Club. Prizes for seniors, V40, V50, ladies,

LV40, LV50 and first teams of three (according to entry).

Organiser: Rod Sutcliffe, 1 Raw End, Warley, Halifax, HX2 7SR.

Tel 01422 882082, email r.i.sutcliffe@leeds.ac.uk



Sto	Start: opposite Dean House Farm	039269
~ ;	1. Crow Hill	022277
2	Trig point, Sheepstones Edge	014278
ω.	Wall corner, Dimmin Dale Edge	019288
4.	4. Stile, Wood Lane	026285
	Follow flags to	
5	5. Wall corner, Midgley Moor	023281
6.	6. Stile, Brownhill	032269
	Follow flags to	
Fin	Finish: opposite Dean House Farm	039269

CALDERDALE WAY IN A DAY

THE EVENT :	A 50 mile individual challenge event along the Calderdale Way which will take place on Sunday 21 st . May 2000 starting and finishing at Jack Bridge The start time will be 7.00 a.m. and the course is to be completed in daylight hours (approximately 14 hours)
THE COURSE :	will follow the official route of the Calderdale Way (with no necessity to visit Stoodley Pike) there will be manned control points at the following locations: Wainstalls Shelf West Vale Cragg Vale Centre Vale cut off time 8.00 p.m.
KIT:	Participants are strongly advised to carry the following items: South Pennines map (O S outdoor leisure sheet 21) Compass Whistle Full body cover including a cagoule Emergency food
REFRESHMENTS:	drinks and light snacks will be available at all control points
REGISTRATION:	Jack Bridge
CAR PARKING:	Cars should be parked along New Shaw Road between the chappel at Blackshaw Head and the New Delight (please do not park in the pub car park unless you have obtained prior permission)
APPLICATIONS:	Complete and detach the slip below then send, along with £3 entrance fee, to: Irene & Ted Long, 2 Moor House View, Badger Lane, Blackshaw Head, HX7 7EL Tele: 01132 844871
NAME:	AGE:
ADDRESS:	TELE:
will attach no blame to the	ponsibility for my own health and safety whilst participating in this event and ne organisers nor will I hold them responsible for any loss, illness or injury I event or later as a consequence of participating in the event

SIGNED: DATE:

ROSSENDALE WAY RELAY Sunday 13th February 2000

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NAME	Martin Jones Michael Caytor	1 Dave Walker	3 Mick Hill Paul Sheard	6 Martin Lee Nick Hatchard	5 J. Kuterecz	Neil Worswick Chris Giltroshaw	Paul Brannon Brian Horrocks	Martin Peace Mark McGlincy	Steve Smith Jason Parker	13 Lee Dowthwaite Steve Sweeney	12 Ian Stainthorpe Kes Sandilands	10 A. Swealman J. Crook	11 Peter Nuttall Brian Trickett	Sean Molloy Nigel Gotts	Pete O'Callaghan Nev Pickard	N. Sale N. Hodgkinson	17 Peter Rawnsley Ralph Warman	18 K. Fowler E. Ranicor	19 G. Chesters A. Brocklehurst	24 Jim Hickie Mika Green	Greg Houghton Jez Wilkinson	23 Trevor McCoy Jim Bibby	Pete Weston Tim Court	27 5:04:47 20 Jack Windle
RACE TIME 5	4.14.48	4.13.14	4:17:30	4.27.07	4.26.26	4:38:14	4:37:39	4:26:06	4.47.38	4:51:22 1	4:50:40	4.47.57 1	4:50:29	4:57:55	4:56:09	4.56:07	4:58:19	5:02:30	5:04:04 1	5.06:39 2	5:04:56	5:05:55	5:16:14 26	5.04:47 20
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NAME	James Logue Chris Seddon	2 Garry Wilkiuson Simon Thompson	3 Gary Devine Rob Hope	Andy Preedy Gary Sumner	S. Anderton R. Gtover	Tyrone Morjan Sleve Whitaker	John Roche Mark Burridge	8 Rob Jabb	10 Colin Shuttle orth Ashley Nixcn	15 Chris Reade Les Orr	Date Wilkinson Dave Beels	S. Jackson G. Schofield	9 Martin Tonge Nick Bower	Andy Hawith Mark Purdy	12 Julian Donnelly Vinny Brookss	13 J. Норе 13 D. Норе	Howard Sawyer Nigel Kirkbight	i. Shakeshufi J. Beniley	R. Haworth E. Shaw	Howard Nich Son Andy Firth	Dave Hyde Rod Sutclif's	Ray Fell Michael Winnick		20 Keith Slurd
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NAME	Colin Rigby Phil Dewhurst	Andy Slubbs Jason Harbour	Alian Whally Sieve Neill	Steve Duxbury Ray Rawlinson	3 D. Donohue D. Collins	Andy Orr John Wiezarek	Steve Taylor Andy Taylor	Paul Mitchell Dave Horsfall	Grahame Menzies Gordon Thompson	Rob Wynne Alan Duncan	Ian Aitchinson Phil Scarr	A. Sunter T. Hesketh	Lee Cook Paul Cook	15 Tony Higginson Declan Callan	Nigel Dewhurst Simon Fox	M. Donnelly J. Meredilh	Stephen Battey Graham Grinstead	P. Tumer D. Clamp	M. Smith S. Hulme	Dave Scott Peter Booth	Richard Allen Steve Coey	Dean Hebden Neil Law	28 Andy Brookfield Mark Carr	Geoff Pickup Steve White
RACE TIME 3	2:38:09	3 2:36:37	4 2:42:05	2:44:21	2:41:12	2:48:26	2:47:15 6	2:50:32 8	3.00.23 11	3:08:59 25	3:02:24 13	3:04:31 16	3:00:59 12	3:04:03	2.57.58 9	3:00:15 10	3:06:38 18	21 3:12:20 26	3.16.24 31	3:08:50 24	40 3:06:58 19	3:07:40	3.16.26	3.08.30 23
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NAME	Nigel Clementson Dave Townsend	Andy Black Anthony Waterworth	Steve Bottomley Neil Armitage	Pele Livesey Phil Taylor	M. Hernandez M. Anderton	Matthew Carr John Rutter	Barry Mitchell Roger Hargreaves	Colin Moses Ian Ferguson	Dave Partington Steve Bamber	Dave Southern Yiannis Tridimas	Tony Alkinson Don Egan	P. Bland J. Leyland	Lee Hutchinson J. Moppet	Nick Murphy Pete Lyons	Tony Hom Roy Ashcroft	D. Bateson D. Makin	Neil Clayton Malcolm Coles	A. Fielding I. Smith	W. Poole P. Cambridge	Mike Targett Mark Wightman	Phil Swaine . 1. Rob Sketton	Paul Hannah Terry Golts	Neil Barnwell John Gresty	John Rusius Tony Walker
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NAME	Steve Barlow Paul Dugdale	3 Paul Thompson Willy Sullivan	S Gary Oldfield Paul Stevenson	15 Adrian Murphy Mark Rice	Sean Willis Andy Wrench	Dave Edmondson Dave Maguire	4 Jack Holl Geoff Gough	20 Steve Hawkins Jason Feeney	16 John Griffiths Dave Holmes	19 Duncan Elliott Phil Corris	1:07:58 23 1:07:58 23 Mark Catherall	11 1:02:55 11 Chris Lyon		13 1.03:33 13 Sleve Clawson Sleve Hovle	10 Andy Smith Mark France	1:03:27 12 1:03:27 12 John Nixon	14 1:03:56 14 Graham Breeze	P. Martin J. Birchenough	J. Reilly S. Lowe	1.11.25 28 1.11.25 28 John Nuttall	9 Steve Houghton Duncan Thompson	Kevin Delaney Mike Nelson	Andy Quickfall Wally Coppelov	
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NAME	Adrian Selby D Flatley	Mark Brown Phil Hall	48 Phil Sheard Jamie Noon	Dave Schofield Stuart Sumner	Jon Wright K. Smith	10 Lee Aspin Tony Chew	Roger Brewster Mike Wallis	Paul Whelan Andrew Wood	Kevin Heskelh Ken Partinglon	Terry Houston Tim Kelly	34 Andy Maloney Colin Urmston	G. Finch Gareth Webb	61 Garrie Prosser	Richard Stott	Gary Taylor	Russell Owen R. Green	Ouncan Asquith	P. Bellis	M. Cauldwell P. Lee	David Hindle	Bill Johnson	58 Andy Fell K. Lusty	15 Brendan Bolland	Simon Clark Sean Clare
CLUB No	Horwich 'A' 21	Clayton 'A' 9	Pudsey 'A' 48	Rossendale 'A' 56	Todmorden 'A' 3	Clayton 'B' 10	Clayton Vets 'A' 11	Bingley 'A' 44	Preston H'A' 32	Bowland FR 2	Rochdale 'A' 34	Horwich Vets 22	Rossendale Tri 61	57	Darwen Dashers 'A' 37			Bollon Vets 53	Middleton 'A' 54	Clayton Vets 'B' 12	3,1	Rossendale 'C' 58	Newburgh Nomads 15	Clarets
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Sunday 13th February 2000 ROSSENDALE WAY RELAY

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RACE TIME 6	1:19:34 55 7:28:16 49	1.17.17 54 7.32.50 50	1:13:42 51 7:36:53 51	1:03:28 33 7:46:25 52		1.08:21 43 7:52:28 54	1.10.05 47 7.58:35	17:16	1.20.36 57 8:17.26 57	1:12:40 49 8:19:45 58	727
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NAME	1:33:55 59 6:08:42 49 John Duerden Bob Slater	1:28:23 56 6:15:33 49 Elaine Nultati	1.22:49 48 6:23:11 51 Vvendy McRae	P. Billington G. Billington	1.23.53 50 8:44:14 55 Julie Haworth Adrian Pike	1:18:49 41 6:28:54 52 Mike Rougheen	1:24:40; 52 6:48:30 56 S. Parker	1:22:00 47 6:30:11 53 Christine Hamiton	1.25.24 53 6.56.40 57 Chris Lawton Kay Earnshaw	1.26.33 55 7.07.05 59 Mike Huxley	1:29:44 57 7:03:22 58 Amanda Reddy
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NAME	1:00:48 36 3:30:00 41 Keith Makinson	1:10:46 47 3:51:30 51 Michelle Dew	1:12:26 50 3:39:55 46 Sharon Urmston Caroline Hall	1:17:10 56 3:54:20 53 H. Smith	1.24:50 56 4:21:02 57 Les Berry	1:12:53 52 4:14:55 56 Carole Lyon Angela Scott	1.11.45 49 4.10.29 54 A. Hope	1.16.26 55 3.48.26 50 Lynda Mason	1.20.45 57 4.22.12 58 Jean Egan	1.31.30 59 4.28.12 59 Salty Wade	1:13:41 53 4:12:01 55 Elleen Irwin
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Leg 2 Time	1.17.16	1:15:31	1:13:19	1:17:43	1,30.15	1.15.23	1.23.27	17:01	1.25.20	21.40 5	20.18 5
NAME	1:11:56 29 1:11:56 29 Brian Leathley Mike Frost	1.25:13 49 1.25:13 49 Judith Wood	1.14.10 34 1.14.10 34 Janice Needham Sarah Walker	1:19:27 46 1:19:27 46 B. Mitton	1.25:57 52 1.25:57 52 Fiona Lamb	1.46.57 57 1.46.57 57 Richard Baker		1:14:59 37 1:14:59 37 John Liddle	ford	1:35:02 53 1:35:02 53 Jim Taylor 1 John Sirkett	1:38:02 56 1:38:02 56 Linda Lord
RACE TIME 1	1:11:56 29	1.25.13 46	1.14.10 3	1:19:27 46	1.25.57 52	1.46.57 57	1.35:17 54	1:14:59 37	1.36:07 55	1:35:02 53	1.38.02 56
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CLUB	Clayton Vintage	50 Rossendale Ladies 55 Vanessa Haml	Rochdale Ladies	Achilli Ratti Vets	Middleton 'B'	Newburgh Nomads	Accı	Blackburn RR Mi	Middleton Ladies	Darwen Dashers Mixed	Clayto
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NTR = No Time Recorded

We were fortunate to have a reasonable, dry day sandwiched between the more usual wet & windy ones. Conditions underfoot though were pretty grim, being wet and very muddy resulting in generally slower leg times.

taking the lead on the tough final leg. Congratulations to Horwich who have supported this event since its inception, we were pleased as We reached our maximum entry of 60 teams although one team, an army one fron Norfolk, failed to show. This left 59 teams to battle it consistent throughout the 6 legs. Pudsey & Bramley and Clayton were also contenders atthough Horwich proved to be stronger overall out for the honours. A battle it proved to be, with the lead changing hands several times. To monden were the early leaders and were organisers to see them coming through to take the honours at last.

Congratulations to all the other category winners.

We only had one case of short outling this year which is a credit to the 700+ rumers taking part. Credit also to Alan Duncan of Bowland Fell Runners who called to apologize for their perfectly innocent short cut on leg 4.

Many thanks to Pete Bland Sports, Brian McKenna at WINNER and to all the meny band of helpers from Rossendale Hamers. Finally to Two teams were not recorded through leg 1 but finished leg 2, it is important that you ensure that your details are recorded when you finish. It is especially important on leg 1 as teams are coming thick and fast and it is difficult for the marshals see everybody. all the teams who once again enjoyed a great day out on the Rossandale Way.

Graham Whight

For the attention of the sports editor (Hebden Bridge Times & Todmorden News). Please could you put this copy in the Hebden Bridge Times & the Todmorden News. You can contact me on 886587 or at 34 Thorney Lane, Midgley, Halifax HX2 6UX if you require any information regarding this article or on Calder Valley Fell Runners. Thank you for your assistance in this matter,

Yours faithfully Carl Greenwood (Publicity Officer for Calder Valley Fell Runners)

Calder Valley Tackles Rivock Edge

Calder Valley Fell Runners turned out in good numbers to take part in the 9th running of the Rivock Edge fell race on the 28th November. The race starts at Silsden, between Skipton & Keighley. It traverses the southern end of the famous Ilkley Moor. Reasonably warm weather for the time of year meant that most runners went *bar*, *tat*!

The course is a fast one, something more like a cross-country than a true fell race, but it is quite a long one, over 10 miles in length & 1500 feet of climbing. This makes it a great test for a runners stanima.

The race attracted 194 runners & raised over £3,000 pounds for local charities. It is organised by Keighley & Craven running club & is extremely well marshalled & flagged so that getting lost is not a problem at this race.

The race was won by Paul Sheard of Pudsey & Bramley in a time of 64:06. With Andy Clarke of Calder Valley finishing in a worthy 27th place overall in a time of 72:06. A notable performance for the club was that of Brain Horsley a veteran fell runner over 45 years, finishing in 47th overall in a time of 76:00.

Pudsey & Bramley also took the team prize. The 1st lady home was Jo Prowse of Keighley & Craven who in last years race ended up in hospital after taking a fall on the only rocky part of the course. Sean Willis & Karl Smith came in 2nd & 3rd places respectfully for rival club Todmorden Harriers, well done lads!

Calder Valley finishes were:- Andy Clarke 72:06, Wayne Brown 74:10, Brian Horsley 76:00, Carl Greenwood 80:46, Richard Allen 82:53, Greame Woodward 83:45, Richard Henderson 84:53, Stewart Gardner 89:01, Pete White 90:40, Graham Spencer 93:18, Adam Baker 94:00, Mick Banks 94:55 & Charlotte Roberts 103:13.

Calder Valley meet at Mytholmroyd Community Centre on Tuesday evenings at 7 o'clock for runs of between 8 & 12 miles, if you require more information call Carl Greenwood on (01422)886587.