

Race	<b>Grin N Bear It</b>
Date of Race	30-Oct-16
Winning Time	01:56:00
Race Difficulty Weighting	1.04

Number of Entrants	122
Number of CVFR Entrants	18

pos	name	club	category	time	category pos	number in category	Today's Race Rating	Previous Rolling Handicap	Improvement	Comments
<b>1</b>	<b>Karl Gray</b>	<b>CVFR</b>	<b>MV40</b>	<b>01:56:00</b>	<b>1</b>	<b>38</b>	<b>1.04</b>	<b>1.01</b>	<b>-2.2%</b>	
2	Andy Swift	PFRAC	Male	01:57:00	1	27	1.04			
<b>3</b>	<b>Gavin Mulholland</b>	<b>CVFR</b>	<b>MV40</b>	<b>02:03:00</b>	<b>2</b>	<b>38</b>	<b>1.10</b>	<b>1.06</b>	<b>-3.6%</b>	
<b>6</b>	<b>Ian Symington</b>	<b>CVFR</b>	<b>Male</b>	<b>02:11:00</b>	<b>4</b>	<b>27</b>	<b>1.17</b>	<b>1.19</b>	<b>1.7%</b>	
<b>7</b>	<b>Jon Smith</b>	<b>CVFR</b>	<b>Male</b>	<b>02:13:00</b>	<b>5</b>	<b>27</b>	<b>1.19</b>	<b>1.27</b>	<b>6.6%</b>	best ever!
14	Ian Winterburn	DPFR	MV50	02:25:00	1	20	1.29			
<b>15</b>	<b>Douglas Zinis</b>	<b>CVFR</b>	<b>Male</b>	<b>02:25:00</b>	<b>9</b>	<b>27</b>	<b>1.29</b>	<b>1.39</b>	<b>7.1%</b>	
<b>16</b>	<b>Gareth Clarke</b>	<b>CVFR</b>	<b>MV40</b>	<b>02:27:00</b>	<b>6</b>	<b>38</b>	<b>1.31</b>			best ever!
18	Chris Davies	Saddleworth	MV60	02:28:00	1	12	1.32			
<b>25</b>	<b>Mark Wharton</b>	<b>CVFR</b>	<b>MV50</b>	<b>02:33:00</b>	<b>2</b>	<b>20</b>	<b>1.37</b>	<b>1.45</b>	<b>5.6%</b>	best this year
<b>33</b>	<b>Paul Haigh</b>	<b>CVFR</b>	<b>Male</b>	<b>02:36:00</b>	<b>16</b>	<b>27</b>	<b>1.39</b>	<b>1.60</b>	<b>12.9%</b>	best ever!
35	Mary Gillie	Clywdian Hill Range	Female	02:36:00	1	10	1.39			
<b>45</b>	<b>Toby Sydes</b>	<b>CVFR</b>	<b>MV40</b>	<b>02:46:00</b>	<b>21</b>	<b>38</b>	<b>1.48</b>	<b>1.67</b>	<b>11.3%</b>	best ever!
<b>60</b>	<b>Brian Horsley</b>	<b>CVFR</b>	<b>MV60</b>	<b>02:53:00</b>	<b>5</b>	<b>12</b>	<b>1.54</b>	<b>1.58</b>	<b>2.5%</b>	best this year
<b>63</b>	<b>James Cooke</b>	<b>CVFR</b>	<b>Male</b>	<b>02:54:00</b>	<b>20</b>	<b>27</b>	<b>1.55</b>	<b>1.83</b>	<b>15.0%</b>	best ever!
<b>64</b>	<b>Anthony Costello</b>	<b>CVFR</b>	<b>MV50</b>	<b>02:55:00</b>	<b>7</b>	<b>20</b>	<b>1.56</b>	<b>1.90</b>	<b>17.7%</b>	best ever!
<b>66</b>	<b>Jake Ackroyd</b>	<b>CVFR</b>	<b>Male</b>	<b>02:56:00</b>	<b>21</b>	<b>27</b>	<b>1.57</b>	<b>1.53</b>	<b>-2.7%</b>	
<b>70</b>	<b>Rachael Crossland</b>	<b>CVFR</b>	<b>Female</b>	<b>03:01:00</b>	<b>4</b>	<b>10</b>	<b>1.62</b>	<b>1.78</b>	<b>9.3%</b>	
71	Julia Nolan	DPFR	FV40	03:01:00	1	9	1.62			
<b>92</b>	<b>Rod Sutcliffe</b>	<b>CVFR</b>	<b>MV60</b>	<b>03:23:00</b>	<b>9</b>	<b>12</b>	<b>1.81</b>	<b>1.71</b>	<b>-5.7%</b>	
<b>97</b>	<b>Graham Lloyd</b>	<b>CVFR</b>	<b>MV50</b>	<b>03:26:00</b>	<b>16</b>	<b>20</b>	<b>1.84</b>	<b>1.75</b>	<b>-5.4%</b>	
105	Richard Smith	U/A	SENIOR	03:33:00	1	1	1.90			
<b>113</b>	<b>Linda Hayles</b>	<b>CVFR</b>	<b>FV60</b>	<b>03:41:00</b>	<b>1</b>	<b>1</b>	<b>1.97</b>	<b>1.98</b>	<b>0.2%</b>	
114	Barry Needle	DPFR	MV70	03:43:00	1	1	1.99			
116	Anne Middleton	Denby Dale	FV50	03:48:00	1	3	2.04			
<b>122</b>	<b>Tamsin Cooke</b>	<b>CVFR</b>	<b>Female</b>	<b>04:20:00</b>	<b>10</b>	<b>10</b>	<b>2.32</b>			