

Race	Pendle 3 Peaks
Date of Race	20-Aug-16
Winning Time	1:15:41
Race Difficulty	1.07
Weighting	

Number of Entrants	306
Number of CVFR Entrants	13

pos	name	club	category	time	category pos	number in category	Todays Race Rating	Previous Rolling Handicap	Improvement	Comments
1	Sam Tosh	Rosendale Harriers	M	1:15:41	1	93	1.07			
3	Robert Hope	Pudsey & Bramley A	M40	1:17:12	1	31	1.10			
10	Karl Gray	CVFR	M45	1:20:22	1	23	1.14	1.14	-0.1%	
15	Matthew Elkington	Dark Peak Fell Run	MU23	1:21:10	1	3	1.15			
25	Alex Whittern	CVFR	M	1:24:03	21	93	1.19	1.23	2.7%	best this year
32	Gavin Mulholland	CVFR	M45	1:25:11	2	23	1.21	1.16	-4.7%	
42	Stephen Pyke	Dark Peak Fell Run	M50	1:26:54	1	29	1.23			
44	James Logue	CVFR	M45	1:27:13	3	23	1.24	1.23	-0.3%	best this year
1	Sharon Taylor	Helm Hill Runners	W	1:34:06	1	31	1.34			
4	Helen Berry	Holmfirth Harriers A	W40	1:36:20	1	13	1.37			
97	Mike Johnson	Bowland Fell Runne	M55	1:37:22	1	16	1.38			
99	Jason Williams	CVFR	M40	1:37:29	19	31	1.38	1.23	-12.9%	
114	Steve Jackson	Horwich RMI Harrie	M60	1:40:54	1	21	1.43			
116	Bernard Grant	Harrogate Harriers &	M65	1:41:02	1	8	1.43			
9	Gayle Sugden	CVFR	W40	1:42:06	2	13	1.45	1.41	-2.6%	
11	Judith Jepson	Dark Peak Fell Run	W50	1:42:39	1	11	1.46			
12	Lucy Collins	CVFR	W	1:42:42	9	31	1.46	1.46	0.4%	
15	Nicky Spinks	Dark Peak Fell Run	W45	1:44:02	1	9	1.48			
16	Jo Buckley	CVFR	W40	1:45:09	4	13	1.49	1.49	-0.2%	
20	Lindsey Oldfield	CVFR	W	1:47:35	13	31	1.53	1.54	0.6%	
21	Anna Hoogkamer	Ambleside AC	WU23	1:47:47	1	3	1.53			
161	Kieran Carr	Clayton-le-Moors Ha	M70	1:53:13	1	5	1.61			
29	Becky Weight	Bingley Harriers & A	W55	1:53:24	1	4	1.61			
31	Pat Goodall	Totley AC	W60	1:54:03	1	3	1.62			
38	Rachael Crossland	CVFR	W	1:56:25	19	31	1.65	1.71	3.3%	
40	Wendy Dodds	Clayton-le-Moors Ha	W65	1:56:56	1	3	1.66			
181	Dick Spendlove	CVFR	M70	1:59:07	2	5	1.69	1.67	-1.4%	
200	Calvin Ferguson	CVFR	M	2:05:45	85	93	1.79	1.65	-8.5%	
216	David Culpan	CVFR	M50	2:18:37	27	29	1.97	1.80	-9.3%	