

Race	Teenager With Altitude
Date of Race	16-Apr-16
Winning Time	2:39:29
Race Difficulty Weighting	0.91

Number of Entrants	126
Number of CVFR Entrants	18

pos	name	club	category	time	category pos	number in category	Todays Race Rating	Previous Rolling Handicap	Improvement	Comments
1	Rhys Findlay-Robinson	Dark Peak	M	2:39:29	1	41	0.91			
2	Rob Jebb	Bingley Harriers	MV40	2:39:33	1	45	0.91			
10	Paul Cornforth	Borrowdale		3:05:49	1	17	1.06			
35	Annie Conway	Ambleside	F	3:25:43	1	13	1.18			
38	Jon Smith	CVFR	M	3:28:57	17	41	1.20	1.29	7.1%	best ever!
46	Judith Jepson	U/A	FV40	3:39:18	1	3	1.26			
49	Mark O'Connor	CVFR	M	3:43:22	20	41	1.28	1.30	1.6%	best this year
61	Stephen Smithies	CVFR	MV40	3:55:30	26	45	1.35	1.31	-2.9%	
65	Iain Powell	CVFR	MV40	3:57:17	29	45	1.36	1.41	3.8%	best this year
66	Lee Shimwell	CVFR	M	3:57:59	27	41	1.36	1.33	-2.2%	
67	Bill Johnson	CVFR	MV50	3:59:34	7	17	1.37	1.39	1.5%	
71	Brian Horn	Borrowdale	MV60	4:01:11	1	3	1.38			
77	Iain Glendinning	CVFR	M	4:05:28	29	41	1.41	1.36	-3.5%	
86	Rowena Brown	Bowland	FV50	4:16:53	1	2	1.47			
88	Ben Frechette	CVFR	M	4:17:52	32	41	1.48	1.40	-5.5%	
99	Iain Illstone	CVFR	M	4:22:58	35	41	1.51			
103	Wendy Dodds	Clayton-le-moors	FV60	4:24:59	1	1	1.52			
105	Jake Ackroyd	CVFR	M	4:29:03	37	41	1.54	1.51	-2.3%	
108	Paul Haigh	CVFR	M	4:36:23	38	41	1.58			best ever!
110	Chris Buck	Esk Valley		1131 4:41:59	1	1	1.62			
113	Helen Buchan	CVFR	F	4:50:26	12	13	1.66	1.57	-6.3%	
114	Simon Fisher	CVFR	MV40	4:50:26	41	45	1.66	1.69	1.8%	
117	Andrew Davies	CVFR	MV50	4:53:40	16	17	1.68			
118	Rod Sutcliffe	CVFR	MV60	4:55:48	2	3	1.69	1.75	3.0%	
120	Tony Steward	CVFR	MV60	5:07:40	3	3	1.76	1.72	-2.3%	
121	Dan Biggs	CVFR	M	5:13:14	39	41	1.79	1.88	4.6%	
123	Manhar Patel	CVFR	MV40	6:00:00	43	45	2.06	1.82	-13.5%	