

Race	Rivington Pike
Date of Race	26-Mar-16
Winning Time	0:17:36
Race Difficulty Weighting	1.12

Number of Entrants	0
Number of CVFR Entrants	20

pos	name	club	category	time	category pos	number in category	Today's Race Rating	Previous Rolling Handicap	Improvement	Comments
1	Chris Farrell	Horwich R M I Harriers		0:17:36	1	61	1.12			
2	Robert Hope	Pudsey & Bramley	V40	0:17:49	1	32	1.13			
5	Christopher Richard	Helm Hill Runners	U18	0:18:34	1	8	1.18			
7	Danny Collinge	Clayton Le Moors Harriers	U23	0:19:12	1	9	1.22			
12	Craig Roberts	Kendal Amateur Athletes	V50	0:19:48	1	24	1.25			
14	Luke Massey	Horwich R M I Harriers	U18	0:19:51	1	8	1.26			
17	John Huni	Wirral Ac	V45	0:19:59	1	28	1.27			
22	Jon Smith	CVFR		0:20:32	10	61	1.30	1.31	0.8%	
26	Andy Staveley	Burden Road Runners	V55	0:20:46	1	22	1.32			
28	Mike Egner	Settle Harriers	V60	0:21:09	1	16	1.34			
29	Mark O'Connor	CVFR		0:21:15	14	61	1.35	1.32	-2.3%	
34	Lindsey Brindle	Horwich R M I Harriers	L	0:21:28	1	26	1.36			
37	Giles Simon	CVFR		0:21:37	17	61	1.37	1.37		0.0%
40	Iain Powell	CVFR	V40	0:21:52	6	32	1.39	1.44		3.7%
42	Lee Shimwell	CVFR		0:22:00	20	61	1.39	1.36		-2.2%
50	Stephen Smithies	CVFR	V45	0:22:28	7	28	1.42	1.37		-3.5%
53	Martin Howard	CVFR	U18	0:22:33	4	8	1.43	1.38		-3.3%
72	Liz Proctor	Bolton United Harriers	L40	0:23:11	1	6	1.47			
78	Ben Frechette	CVFR		0:23:18	32	61	1.48	1.41	-4.4%	
86	Joanna Goorney	Lytham St Annes Runners	L45	0:23:40	1	10	1.50			
91	Richard Ingram	CVFR	V40	0:23:50	15	32	1.51	1.55		2.4% best this year
95	Andrew Davies	CVFR	V55	0:23:56	5	22	1.52	1.66		8.7% best ever!
109	Anthony Costello	CVFR	V50	0:24:39	11	24	1.56	1.69		7.7% best ever!
111	Darren Sargent	CVFR	V40	0:24:45	18	32	1.57	1.70		7.5%
118	Tim Brooks	CVFR	V45	0:25:00	15	28	1.58	1.62		2.0% best this year
120	Tony Hesketh	Horwich R M I Harriers	V65	0:25:01	1	6	1.58			
136	Blair Garrett	CVFR		0:25:51	48	61	1.64	1.67		2.0%
142	Jeffrey Norman	Altrincham & District Harriers	V70	0:26:19	1	7	1.67			
169	Nathan Kennaugh	CVFR		0:27:51	53	61	1.76	1.70		-3.8%
174	Rachael Crossland	CVFR	L	0:28:03	11	26	1.78	1.74		-1.9%
192	Shona Taylor	Wigan & District Harriers	L50	0:28:52	1	2	1.83			
195	Graham Davy	CVFR	V50	0:28:56	20	24	1.83	2.05		10.6% best this year
205	Gillian Wisbey	CVFR	L45	0:29:22	4	10	1.86	1.81		-2.8%
206	Marjorie Leigh	Leigh Harriers & Ac	L65	0:29:23	1	2	1.86			
212	John Nunn	CVFR	V55	0:29:45	17	22	1.88	1.83		-2.8%
218	Carolyn Shimwell	CVFR	L	0:30:20	16	26	1.92	2.04		5.9%
235	John Swift	Chorley Ac & Tri	V75	0:31:56	1	3	2.02			
255	Christine Sweatman	Chorley Ac & Tri	L60	0:37:07	1	1	2.35			
264	John Court	Bolton United Harriers	V80	0:34:36	1	1	2.19			