

Race	Trigger
Date of Race	01/10/2016
Winning Time	3:40:16
Race Difficulty Weighting	1.07

Number of Entrants	201
Number of CVFR Entrants	9

pos	name	club	category	time	category pos	number in category	Todays Race Rating	Previous Race Rating	Improvement	Comments
1	Nicholas Barber	Pennine Fell Runners		3:40:16	1	50	1.07			
4	Stephen Pyke	Dark Peak	M50	3:49:30	1	32	1.11			
7	Lee Langdon	Pennine Fell Runners		3:55:50	1	76	1.14			
24	Nicky Spinks	Dark Peak	W40	4:17:51	1	21	1.25			
31	Ian Symington	CVFR	M	4:29:49	14	50	1.31	1.23	-5.8%	
34	Sally Fawcett	Dark Peak	W	4:32:30	1	12	1.32			
48	John Minta	CVFR	M40	4:45:09	19	76	1.38	1.48	6.7%	
69	Jake Ackroyd	CVFR	M	5:03:08	29	50	1.47	1.51	2.8%	
75	Keith Holmes	Dark Peak	M60	5:05:48	1	7	1.48			
86	Helen Buchan	CVFR	W	5:13:43	2	12	1.52	1.58	3.8%	
91	Gary Hodgkinson	CVFR	M40	5:17:27	41	76	1.54			
111	Mike Wardle	CVFR	M50	5:26:00	14	32	1.58	1.58	0.2%	
132	Simon Fisher	CVFR	M40	5:41:42	54	76	1.65	1.82	9.3%	
135	Phillip Beecroft	CVFR	M	5:43:25	43	50	1.66	1.58	-5.3%	
148	Yiannis Tridimas	Bowland FR	M70	5:55:45	1	1	1.72			
182	John Nunn	CVFR	M50	6:47:53	29	32	1.97	1.80	-9.9%	