

Pos	No.	Name	Club	Category	Time Taken	Start	CP1	CP2	CP3	CP4	CP5	CP6	CP7	CP8	CP9	Finish
1	226	Sam Tosh	Rossendale Harriers & AC	MSEN	01:56:22		00:18:59	00:29:25	00:41:22	00:48:10	01:02:07	01:08:19	01:17:04	01:36:02	01:39:48	01:56:22
2	112	Carl Bell	Keswick AC	MSEN	01:57:29		00:19:25	00:30:15	00:41:26	00:48:08	01:02:47	01:08:45	01:17:27	01:36:50	01:40:41	01:57:29
3	44	Chris Arthur	Bowland Fell Runners	MSEN	02:00:44		00:19:43	00:30:59	00:42:30	00:49:39	01:02:52	01:09:00	01:17:28	01:36:58	01:41:04	02:00:44
4	216	Harry Holmes	Pudsey & Bramley AC	MSEN	02:02:49		00:20:25	00:31:45	00:43:24	00:50:49	01:04:45	01:11:06	01:20:13	01:40:31	01:44:31	02:02:49
5	54	Jack Wood	Ilkley Harriers AC	MSEN	02:03:54		00:19:41	00:30:43	00:42:26	00:49:32	01:04:02	01:10:05	01:19:13	01:40:18	01:44:26	02:03:54
6	248	William Neill	Mercia Fell Runners	MSEN	02:04:33		00:20:28	00:31:44	00:43:45	00:50:51	01:05:55	01:12:02	01:21:38	01:42:40	01:46:51	02:04:33
7	237	Sam Stead	Keswick AC	MSEN	02:04:45		00:20:49	00:32:03	00:44:06	00:51:11	01:06:01	01:12:07	01:21:43	01:42:44	01:46:56	02:04:45
8	106	Karl Gray	Calder Valley Fell Runners	M45	02:04:49		00:20:23	00:32:01	00:44:00	00:50:50	01:06:07	01:12:15	01:21:45	01:42:38	01:46:51	02:04:49
9	158	Pete Vale	Mercia Fell Runners	M45	02:04:52		00:20:43	00:32:04	00:44:03	00:51:03	01:06:22	01:12:26	01:21:46	01:42:41	01:46:52	02:04:52
10	222	Simon Bailey	Mercia Fell Runners	MSEN	02:04:54		00:19:01	00:29:37	00:41:25	00:48:23	01:02:41	01:08:57	01:18:16	01:40:33	01:45:00	02:04:54
11	232	Phil Marsden	Horwich R M I Harriers	MSEN	02:05:12		00:20:13	00:31:49	00:43:49	00:50:53	01:05:50	01:12:05	01:21:41	01:42:43	01:46:53	02:05:12
12	19	Joe Baxter	Pudsey & Bramley AC	MSEN	02:07:04		00:20:26	00:31:54	00:43:56	00:50:58	01:06:03	01:12:14	01:21:48	01:43:16	01:47:35	02:07:04
13	104	Gavin Mulholland	Calder Valley Fell Runners	M45	02:08:02		00:20:22	00:31:52	00:43:59	00:50:58	01:05:56	01:12:03	01:21:40	01:43:24	01:47:51	02:08:02
14	250	Ben Abdelnoor	Ambleside AC	MSEN	02:08:40		00:20:48	00:31:50	00:43:53	00:51:05	01:06:20	01:12:37	01:21:56	01:43:20	01:47:38	02:08:40
15	55	Michael Ainsworth	Helm Hill Runners	MSEN	02:13:55		00:21:16	00:33:24	00:45:57	00:53:16	01:09:00	01:15:38	01:26:06	01:48:52	01:53:25	02:13:55
16	74	Nicholas Barber	Pennine Fell Runners	MSEN	02:14:13		00:21:38	00:33:38	00:46:15	00:53:51	01:10:04	01:16:23	01:27:07	01:51:25	01:55:41	02:14:13
17	138	Nick Leigh	Horwich R M I Harriers	M40	02:14:32		00:21:28	00:33:34	00:46:05	00:53:33	01:09:05	01:15:42	01:26:04	01:51:19	01:55:38	02:14:32
18	175	Adam Perry	Helm Hill Runners	MSEN	02:15:02		00:21:26	00:33:28	00:45:58	00:53:12	01:08:36	01:15:40	01:25:55	01:51:21	01:55:41	02:15:02
19	53	Jonny Dry	Windsor Slough Eton & Hounslow AC	MSEN	02:15:18		00:21:29	00:33:02	00:45:34	00:53:14	01:09:11	01:15:44	01:25:55	01:50:49	01:55:03	02:15:18
20	57	Noah Hurton	Eden Runners	MU21	02:15:32		00:22:09	00:34:24	00:47:13	00:54:52	01:10:59	01:17:49	01:28:26	01:51:37	01:55:56	02:15:32
21	14	Victoria Wilkinson	Bingley Harriers & AC	WSEN	02:16:12		00:21:20	00:33:39	00:46:19	00:53:52	01:09:27	01:15:53	01:25:46	01:51:17	01:55:38	02:16:12
22	59	Mark Roberts	Borrowdale Fell Runners	M55	02:16:22		00:22:13	00:33:51	00:46:46	00:54:50	01:10:40	01:17:39	01:28:24	01:51:55	01:56:21	02:16:22
23	131	Jim Davies	Borrowdale Fell Runners	M50	02:16:55		00:21:45	00:33:43	00:46:31	00:54:21	01:10:24	01:17:15	01:28:24	01:52:28	01:56:47	02:16:55
24	113	Stephen Pyke	Dark Peak Fell Runners	M50	02:16:59		00:22:51	00:34:48	00:47:39	00:55:15	01:11:49	01:18:30	01:28:31	01:52:26	01:56:45	02:16:59
25	46	Garry Greenhow	Ambleside AC	MSEN	02:17:19		00:21:04	00:33:30	00:46:00	00:53:28	01:09:21	01:15:43	01:26:08	01:52:02	01:56:28	02:17:19
26	61	Ali Burns	Wharfedale Harriers	MSEN	02:17:51		00:21:10	00:33:30	00:46:03	00:53:32	01:09:26	01:15:55	01:26:24	01:51:28	01:55:57	02:17:51
27	24	Simon Coldrick	Pennine Fell Runners	M40	02:18:54		00:21:35	00:33:43	00:46:33	00:54:30	01:10:37	01:17:36	01:28:12	01:52:34	01:57:10	02:18:54
28	15	Christopher Holdsworth	Clayton-le-Moors Harriers	MSEN	02:18:55		00:19:11	00:30:24	00:42:08	00:49:34	01:03:19	01:09:25	01:17:50	01:37:50	01:42:01	02:18:55
29	167	Shane Ohly	Helm Hill Runners	M40	02:20:13		00:21:56	00:33:40	00:46:28	00:54:15	01:11:41	01:18:24	01:29:17	01:54:09	01:58:40	02:20:13
30	235	Chris Roberts	York Knavesmire Harriers	MSEN	02:20:57		00:22:32	00:34:31	00:47:18	00:55:06	01:12:05	01:18:40	01:29:17	01:54:09	01:58:47	02:20:57
31	177	Mark Burton	Pennine Fell Runners	M40	02:20:58		00:22:04	00:34:51	00:47:41	00:55:16	01:12:02	01:18:32	01:29:26	01:54:28	01:59:00	02:20:58
32	219	Lou Roberts	Ambleside AC	W45	02:21:35		00:23:39	00:36:33	00:50:49	00:59:30	01:15:36	01:23:08	01:32:39	01:55:22	02:00:03	02:21:35
33	166	Harold Wyber	Ambleside AC	MSEN	02:22:00		00:22:07	00:33:44	00:46:30	00:53:58	01:10:09	01:17:17	01:28:27	01:54:56	02:00:13	02:22:00
34	67	Todd Oates	Ambleside AC	MSEN	02:22:04		00:23:32	00:35:53	00:49:11	00:57:24	01:14:42	01:21:41	01:32:38	01:57:20	02:02:00	02:22:04
35	169	Neil Northrop	Dark Peak Fell Runners	MSEN	02:22:06		00:22:09	00:33:59	00:47:25	00:55:13	01:11:23	01:18:12	01:28:44	01:54:46	01:59:51	02:22:06
36	170	Peter Davies	Dark Peak Fell Runners	MSEN	02:22:18		00:22:55	00:34:58	00:48:21	00:56:47	01:14:11	01:21:42	01:32:33	01:57:09	02:01:37	02:22:18
37	126	Josh Hartley	Black Combe Runners	MSEN	02:22:47		00:21:57	00:33:53	00:46:49	00:54:51	01:11:44	01:18:43	01:29:47	01:54:54	02:00:10	02:22:47
38	265	Noel Curtis	Pennine Fell Runners	M40	02:22:53		00:24:07	00:36:43	00:50:18	00:58:43	01:15:26	01:22:33	01:32:46	01:56:38	02:01:22	02:22:53
39	178	Mark Taylor	Calder Valley Fell Runners	M45	02:23:56		00:23:28	00:36:12	00:49:57	00:57:55	01:15:23	01:22:43	01:33:13	01:57:15	02:02:10	02:23:56
40	247	John Hunt	Dark Peak Fell Runners	M50	02:23:59		00:23:26	00:36:10	00:50:00	00:57:58	01:15:21	01:22:43	01:33:16	01:57:13	02:02:05	02:23:59
41	123	Darren Fishwick	Chorley Athletic and Triathlon Club	M45	02:24:01		00:23:11	00:35:40	00:49:33	00:57:42	01:14:52	01:22:04	01:33:10	01:57:14	02:02:07	02:24:01
42	133	Andrew Worster	Todmorden Harriers	MSEN	02:24:12		00:23:02	00:35:38	00:50:04	00:58:21	01:15:56	01:23:29	01:34:07	01:58:57	02:03:41	02:24:12
43	213	Paul Sorrell	Ripley Running Club	M40	02:24:25		00:23:12	00:35:34	00:49:22	00:57:27	01:14:22	01:21:44	01:32:43	01:57:37	02:02:31	02:24:25
44	137	Marc Sennett	Wharfedale Harriers	MSEN	02:24:42		00:23:42	00:36:38	00:50:10	00:58:39	01:15:34	01:22:40	01:33:11	01:57:12	02:02:04	02:24:42

45	172	Jim Mann	Helm Hill Runners	M40	02:24:48	00:22:04	00:33:35	00:46:44	00:55:11	01:11:18	01:18:40	01:29:31	01:56:17	02:01:21	02:24:48
46	62	Nicholas Charlesworth	Wharfedale Harriers	M50	02:24:55	00:23:37	00:36:29	00:50:07	00:58:32	01:15:32	01:22:45	01:33:13	01:57:17	02:02:12	02:24:55
47	217	Dan Croft	Macclesfield Harriers & AC	M50	02:25:05	00:23:17	00:35:45	00:49:50	00:58:15	01:15:41	01:23:11	01:33:16	01:57:41	02:02:38	02:25:05
48	118	Darren Kay	Calder Valley Fell Runners	M45	02:26:07	00:21:24	00:33:42	00:46:21	00:54:00	01:11:38	01:18:34	01:30:07	01:57:08	02:02:14	02:26:07
49	154	Jonathan Wright	Todmorden Harriers	M45	02:26:32	00:22:13	00:34:14	00:47:22	00:55:18	01:11:58	01:18:54	01:30:37	01:56:42	02:01:34	02:26:32
50	139	Jonathan Bruton	Horwich R M I Harriers	MSEN	02:28:07	00:21:59	00:33:55	00:46:41	00:54:52	01:11:28	01:18:23	01:29:55	01:58:25	02:03:39	02:28:07
51	69	Robert Little	Dark Peak Fell Runners	MSEN	02:29:43	00:20:46	00:32:02	00:44:28	00:52:49	01:08:37	01:15:47	01:26:00	01:54:44	02:00:30	02:29:43
52	207	Mike Nolan	Dark Peak Fell Runners	M50	02:29:46	00:24:28	00:37:19	00:50:37	00:58:55	01:16:04	01:23:05	01:33:47	01:59:01	02:04:03	02:29:46
53	6	Ian Symington	Calder Valley Fell Runners	MSEN	02:30:32	00:25:48	00:38:51	00:52:48	01:01:03	01:19:47	01:26:37	01:38:35	02:03:44	02:08:25	02:30:32
54	107	Ed Gamble	Cheshire Hill Racers	M50	02:30:42	00:25:07	00:39:02	00:53:29	01:01:43	01:19:57	01:26:54	01:38:23	02:03:14	02:08:13	02:30:42
55	40	Mark Walsh	Horwich R M I Harriers	M45	02:30:58	00:24:22	00:37:53	00:51:45	01:00:04	01:19:04	01:26:38	01:38:18	02:03:34	02:08:24	02:30:58
56	258	Rob Furness	Wharfedale Harriers	MSEN	02:31:14	00:24:53	00:38:15	00:52:12	01:01:02	01:19:12	01:26:59	01:38:15	02:03:11	02:08:14	02:31:14
57	163	Stephen Edwards	Calder Valley Fell Runners	M40	02:31:42	00:24:37	00:37:56	00:52:03	01:00:06	01:17:52	01:26:40	01:38:20	02:03:56	02:08:54	02:31:42
58	38	Paul Hobbs	Todmorden Harriers	M40	02:32:21	00:24:10	00:37:49	00:51:32	00:59:57	01:19:26	01:27:17	01:39:07	02:05:02	02:09:44	02:32:21
59	75	Steven Knowles	Pennine Fell Runners	M45	02:32:43	00:24:09	00:37:17	00:51:21	00:59:51	01:18:27	01:27:01	01:38:15	02:03:54	02:08:53	02:32:43
60	249	Barry Wilkinson	Borrowdale Fell Runners	M50	02:34:13	00:27:19	00:41:05	00:55:44	01:04:18	01:21:56	01:30:46	01:42:19	02:07:21	02:12:01	02:34:13
61	135	Rick Stuart	Helm Hill Runners	M50	02:35:54	00:24:03	00:37:30	00:51:50	01:00:19	01:19:25	01:27:15	01:39:30	02:06:37	02:11:45	02:35:54
62	233	Annie Roberts	Todmorden Harriers	WU23	02:36:27	00:27:42	00:41:53	00:56:45	01:05:37	01:25:20	01:32:55	01:44:37	02:09:54	02:14:35	02:36:27
63	262	Anna Lupton	Black Combe Runners	WSEN	02:36:28	00:24:34	00:37:44	00:51:41	00:59:38	01:19:21	01:26:32	01:38:42	02:08:42	02:13:39	02:36:28
64	225	Calvin Routledge	Ambleside AC	M45	02:36:34	00:24:47	00:37:46	00:51:23	00:59:35	01:18:48	01:26:26	01:38:21	02:06:22	02:11:20	02:36:34
65	134	Pez Holda	Dark Peak Fell Runners	M40	02:36:40	00:27:16	00:41:13	00:56:04	01:04:38	01:24:01	01:31:17	01:43:11	02:09:24	02:14:27	02:36:40
66	136	Tom Bush	Pennine Fell Runners	MSEN	02:36:53	00:26:07	00:39:25	00:53:12	01:01:51	01:19:45	01:26:48	01:38:05	02:08:36	02:13:29	02:36:53
67	241	Andrew Holmes	Pennine Fell Runners	MSEN	02:36:55	00:24:24	00:37:13	00:50:55	00:59:47	01:16:54	01:26:24	01:37:09	02:08:45	02:13:42	02:36:55
68	21	Malcolm Fowler	Cheshire Hill Racers	M50	02:37:01	00:25:12	00:39:01	00:53:37	01:02:54	01:20:52	01:32:58	01:44:00	02:09:37	02:14:32	02:37:01
69	212	Christian Poulton	Cambridge Harriers	M50	02:37:05	00:24:06	00:37:02	00:51:07	00:59:34	01:16:51	01:26:34	01:37:30	02:08:50	02:13:56	02:37:05
70	52	James Byrne	Ambleside AC	M40	02:37:14	00:25:15	00:39:08	00:53:24	01:02:52	01:21:05	01:32:03	01:43:29	02:09:22	02:14:25	02:37:14
71	162	William Procter	Helm Hill Runners	M60	02:37:15	00:25:09	00:39:29	00:54:34	01:03:25	01:22:54	01:32:08	01:43:38	02:09:20	02:14:20	02:37:15
72	218	Virgil Barton	Barlick Fell Runners	M40	02:38:00	00:23:52	00:37:00	00:51:06	00:59:31	01:17:09	01:26:31	01:37:35	02:09:22	02:14:25	02:38:00
73	66	Peter German	Helm Hill Runners	MSEN	02:38:37	00:25:21	00:39:05	00:53:09	01:01:50	01:20:45	01:31:41	01:43:29	02:09:40	02:14:34	02:38:37
74	13	Stephen Morran	Bolton United Harriers & AC	M60	02:39:02	00:26:02	00:40:11	00:55:18	01:03:59	01:23:06	01:31:09	01:43:45	02:10:10	02:15:13	02:39:02
75	12	Matthew Rooke	Black Combe Runners	MSEN	02:39:12	00:24:21	00:37:25	00:51:36	00:59:47	01:18:59	01:26:18	01:38:28	02:10:46	02:15:58	02:39:12
76	179	Romans Sustovs	Calder Valley Fell Runners	MSEN	02:39:22	00:25:43	00:39:47	00:55:20	01:04:03	01:24:16	01:31:38	01:43:54	02:11:33	02:16:52	02:39:22
77	64	Thomas Foster	Mercia Fell Runners	M40	02:39:25	00:24:34	00:37:53	00:51:48	01:00:05	01:18:21	01:26:57	01:38:12	02:10:14	02:15:20	02:39:25
78	103	Duncan Cannon	Todmorden Harriers	MSEN	02:39:38	00:26:23	00:40:49	00:55:23	01:04:10	01:23:41	01:31:30	01:43:20	02:09:49	02:14:57	02:39:38
79	72	Andy Thompson	Helm Hill Runners	MSEN	02:39:58	00:24:38	00:37:51	00:51:40	01:00:03	01:18:03	01:26:21	01:37:31	02:13:09	02:18:01	02:39:58
80	102	Mark Bonner	Black Combe Runners	M40	02:40:05	00:24:13	00:37:19	00:51:15	00:59:32	01:17:07	01:26:29	01:37:36	02:11:03	02:16:08	02:40:05
81	145	Philip Pearson	Northern Fells Running Club	M55	02:40:16	00:26:02	00:39:40	00:54:05	01:02:53	01:21:49	01:33:01	01:44:26	02:11:23	02:16:39	02:40:16
82	115	Rebecca Rooke	Black Combe Runners	WSEN	02:40:22	00:26:45	00:40:52	00:55:42	01:05:01	01:24:18	01:32:11	01:43:56	02:10:56	02:16:27	02:40:22
83	128	Dan Stewart	Holmfirth Harriers AC	M45	02:40:31	00:25:38	00:39:22	00:54:32	01:03:37	01:22:39	01:31:07	01:43:04	02:11:02	02:16:26	02:40:31
84	43	Barry Atkinson	York Knavesmire Harriers	M55	02:40:35	00:25:38	00:39:49	00:54:08	01:02:55	01:22:06	01:32:55	01:44:43	02:11:52	02:17:05	02:40:35
85	228	Majka Kunicka	Penistone Footpath Runners & Athletic C	WSEN	02:40:36	00:26:34	00:40:53	00:55:51	01:04:41	01:24:28	01:32:20	01:44:35	02:11:20	02:16:35	02:40:36
86	20	Paul Jeggo	Springfield Striders RC	M55	02:40:47	00:26:34	00:40:39	00:54:54	01:03:33	01:22:38	01:30:56	01:43:26	02:10:27	02:15:44	02:40:47
87	240	Damian Kilpin	Penistone Footpath Runners & Athletic C	M40	02:41:01	00:25:39	00:39:05	00:52:57	01:01:20	01:20:36	01:31:36	01:43:41	02:10:17	02:15:29	02:41:01
88	161	Ben Kent	Helm Hill Runners	MU21	02:41:58	00:25:10	00:38:56	00:53:15	01:01:48	01:20:33	01:31:25	01:43:25	02:09:45	02:14:52	02:41:58
89	260	Kristian Groom	Dark Peak Fell Runners	M40	02:41:59	00:25:18	00:38:54	00:53:28	01:01:53	01:21:09	01:31:48	01:43:50	02:11:44	02:17:06	02:41:59

90	109	Carlos Bedson	Cheshire Hill Racers	M45	02:42:01	00:25:42	00:39:21	00:54:38	01:03:30	01:23:33	01:31:34	01:43:49	02:11:31	02:16:51	02:42:01
91	124	Heidi Dent	Howgill Harriers	WSEN	02:42:34	00:25:45	00:40:30	00:55:28	01:04:36	01:23:51	01:31:59	01:43:48	02:10:56	02:16:24	02:42:34
92	236	Jenn Mattinson	Keswick AC	WSEN	02:42:48	00:27:59	00:43:23	00:59:19	01:09:07	01:27:30	01:35:50	01:47:35	02:14:47	02:20:18	02:42:48
93	63	Tom Smith	Bowland Fell Runners	M50	02:42:57	00:27:13	00:41:10	00:56:02	01:04:34	01:24:27	01:32:18	01:44:46	02:12:54	02:18:03	02:42:57
94	152	Chris Davies	Saddleworth Runners Club	M60	02:43:01	00:25:45	00:39:08	00:53:25	01:01:46	01:21:04	01:33:01	01:44:33	02:13:15	02:18:33	02:43:01
95	215	Andrew Han	Fulham Running Club	MSEN	02:43:24	00:26:36	00:40:51	00:55:39	01:05:07	01:24:19	01:32:14	01:43:59	02:11:59	02:17:38	02:43:24
96	255	Garry Beardwood	Helm Hill Runners	M45	02:43:45	00:25:21	00:38:58	00:53:14	01:01:46	01:20:30	01:31:32	01:43:24	02:11:09	02:16:47	02:43:45
97	159	Dave McGuire	Wharfedale Harriers	M45	02:43:53	00:25:14	00:39:22	00:53:42	01:02:53	01:21:47	01:33:04	01:44:41	02:12:21	02:17:54	02:43:53
98	120	Matt Jackson	Ripley Running Club	MSEN	02:44:00	00:26:17	00:40:45	00:55:34	01:04:37	01:24:08	01:31:59	01:44:16	02:13:05	02:18:27	02:44:00
99	28	Philip Shaw	Mansfield Harriers	M50	02:44:37	00:24:18	00:37:55	00:52:21	01:01:32	01:18:54	01:27:12	01:38:31	02:11:48	02:17:36	02:44:37
100	45	Jake Lodge	Meltham AC	MSEN	02:44:51	00:24:14	00:37:48	00:51:34	00:59:36	01:19:03	01:26:22	01:39:17	02:14:49	02:20:21	02:44:51
101	171	Hannah Russell	Helm Hill Runners	WU21	02:44:51	00:25:47	00:40:05	00:54:36	01:03:17	01:22:28	01:31:00	01:43:31	02:11:06	02:16:50	02:44:51
102	160	Tim Werrett	Mercia Fell Runners	M45	02:45:57	00:22:50	00:35:15	00:49:32	00:58:15	01:16:16	01:24:47	01:37:27	02:10:14	02:15:24	02:45:57
103	142	Tom Ratcliffe	York Knavesmire Harriers	MSEN	02:46:14	00:25:16	00:38:21	00:52:15	01:01:01	01:19:58	01:27:13	01:39:35	02:11:50	02:16:56	02:46:14
104	18	Alistair McInnes	Ilkley Harriers AC	MSEN	02:49:33	00:23:32	00:36:07	00:50:19	00:58:57	01:17:42	01:26:35	01:38:39	02:15:51	02:21:44	02:49:33
105	71	Helen Elmore	Dark Peak Fell Runners	W45	02:49:35	00:28:13	00:43:07	00:58:58	01:08:49	01:28:45	01:37:01	01:50:01	02:16:57	02:21:54	02:49:35
106	132	John Beetham	Keswick AC	M40	02:49:46	00:27:33	00:42:03	00:56:55	01:06:36	01:27:00	01:35:12	01:47:52	02:16:56	02:22:16	02:49:46
107	203	Andy Barnett	Dark Peak Fell Runners	M55	02:49:50	00:26:20	00:40:33	00:55:32	01:04:36	01:25:04	01:33:14	01:46:02	02:17:02	02:22:37	02:49:50
108	4	Chris Wilcox	Buckley Runners	M60	02:49:57	00:27:12	00:41:32	00:57:03	01:06:49	01:26:57	01:35:21	01:48:51	02:18:08	02:23:32	02:49:57
109	259	Michael Cottam	Stadium Runners	MSEN	02:50:00	-----	-----	-----	-----	-----	-----	-----	-----	-----	02:50:00
110	148	Gemma Ford	Todmorden Harriers	WSEN	02:50:11	00:27:06	00:41:18	00:56:41	01:05:58	01:27:21	01:35:15	01:48:43	02:17:29	02:23:24	02:50:11
111	51	Natalie Hawkrigg	Northern Fells Running Club	W45	02:50:22	00:27:36	00:42:10	00:57:47	01:07:23	01:27:57	01:36:37	01:50:23	02:19:22	02:25:01	02:50:22
112	116	Lorraine Slater	Barlick Fell Runners	W45	02:50:30	00:28:25	00:43:39	00:59:32	01:08:58	01:28:58	01:37:04	01:50:48	02:19:42	02:25:22	02:50:30
113	37	Peter Tayler	Black Combe Runners	M55	02:51:58	00:27:39	00:42:21	00:58:23	01:08:42	01:29:22	01:38:04	01:52:05	02:20:59	02:26:28	02:51:58
114	245	Rebecca Patrick	Todmorden Harriers	W45	02:52:12	00:27:42	00:42:07	00:57:29	01:07:28	01:27:47	01:36:34	01:50:53	02:20:08	02:25:51	02:52:12
115	253	Jim Andrews	Helm Hill Runners	M50	02:52:32	00:28:59	00:44:25	01:00:30	01:09:58	01:29:17	01:37:37	01:51:00	02:19:45	02:25:30	02:52:32
116	238	Stephen Storey	Penistone Footpath Runners & Athletic C	M60	02:52:49	00:29:43	00:44:59	01:00:37	01:10:02	01:31:12	01:39:35	01:52:44	02:21:08	02:26:48	02:52:49
117	242	Adam Neale	Cheshire Hill Racers	M45	02:52:51	00:27:17	00:42:03	00:57:54	01:07:42	01:28:28	01:37:11	01:50:59	02:20:21	02:26:02	02:52:51
118	56	Michelle Foxwell	Ambleside AC	W40	02:52:55	00:28:16	00:43:25	00:59:20	01:09:03	01:29:00	01:37:16	01:50:49	02:19:41	02:25:27	02:52:55
119	1	Matthew Ray	Calder Valley Fell Runners	MSEN	02:53:01	00:27:57	00:43:47	01:00:13	01:10:43	01:30:35	01:39:21	01:51:45	02:21:09	02:26:56	02:53:01
120	176	Holly Martin	Pennine Fell Runners	WSEN	02:54:31	00:28:23	00:43:33	00:59:31	01:09:08	01:29:59	01:38:18	01:52:55	02:22:21	02:28:14	02:54:31
121	146	Vincent Booth	Cheshire Hill Racers	M50	02:54:34	00:27:22	00:42:00	00:56:43	01:05:03	01:26:43	01:34:35	01:49:03	02:20:36	02:26:26	02:54:34
122	223	Alice Forster	Black Combe Runners	WSEN	02:54:38	00:27:05	00:41:45	00:57:04	01:06:38	01:28:01	01:36:37	01:50:21	02:20:30	02:26:38	02:54:38
123	130	Brian Walton	Horwich R M I Harriers	M60	02:54:39	00:29:48	00:45:03	01:01:22	01:11:13	01:31:16	01:39:43	01:52:24	02:21:16	02:27:08	02:54:39
124	257	Peter Crompton	Cumberland Fell Runners	M60	02:54:43	00:26:06	00:40:44	00:56:42	01:06:44	01:27:33	01:36:09	01:50:21	02:20:00	02:26:08	02:54:43
125	29	Trudy Beetham	Keswick AC	W40	02:54:44	00:28:51	00:44:10	01:00:21	01:09:58	01:30:53	01:39:01	01:53:38	02:22:26	02:28:04	02:54:44
126	150	J Robert Williams	Bingley Harriers & AC	MSEN	02:55:07	00:26:42	00:40:57	00:56:45	01:06:42	01:27:04	01:35:46	01:49:16	02:20:07	02:26:53	02:55:07
127	3	Anna Jane Meeks	Borrowdale Fell Runners	W55	02:55:13	00:27:35	00:42:37	00:59:04	01:08:53	01:29:15	01:37:50	01:51:49	02:21:45	02:27:40	02:55:13
128	122	Andy Dickenson	Dark Peak Fell Runners	M50	02:55:18	00:26:26	00:40:46	00:55:38	01:04:39	01:25:26	01:33:25	01:47:02	02:19:37	02:25:54	02:55:18
129	149	Melanie Blackhurst	Todmorden Harriers	W50	02:55:23	00:28:59	00:44:17	01:00:25	01:09:54	01:30:23	01:38:59	01:53:20	02:22:25	02:28:16	02:55:23
130	70	Lucy Spain	Helm Hill Runners	WSEN	02:55:35	00:26:30	00:41:14	00:57:00	01:06:59	01:28:12	01:37:03	01:51:05	02:22:18	02:28:11	02:55:35
131	5	Helen Roberts	Calder Valley Fell Runners	WSEN	02:56:29	00:28:49	00:44:09	01:00:20	01:09:56	01:30:51	01:39:39	01:53:55	02:24:20	02:30:16	02:56:29
132	239	Roger Laycock	Settle Harriers	M55	02:56:39	00:29:04	00:44:23	01:00:06	01:09:50	01:31:02	01:39:32	01:53:36	02:24:23	02:30:18	02:56:39
133	164	Catherine Niblock	Helm Hill Runners	WSEN	02:56:52	00:27:03	00:42:00	00:57:51	01:07:01	01:29:12	01:37:37	01:53:10	02:22:34	02:28:27	02:56:52
134	36	Ian Charlesworth	Penistone Footpath Runners & Athletic C	M50	02:56:58	00:27:11	00:42:12	00:57:59	01:07:43	01:29:24	01:38:08	01:53:12	02:23:59	02:30:06	02:56:58

135	31	Shaun Addison	Helm Hill Runners	M55	02:57:05	00:28:55	00:44:10	01:00:18	01:10:07	01:31:05	01:39:54	01:53:51	02:24:24	02:30:21	02:57:05
136	165	Giles Bailey	Meltham AC	M50	02:57:17	00:28:09	00:43:35	00:59:30	01:09:18	01:30:33	01:38:55	01:53:24	02:23:53	02:30:00	02:57:17
137	155	Andrew Bradley	Cumberland Fell Runners	M50	02:57:21	00:28:19	00:43:36	00:59:38	01:09:33	01:30:55	01:39:22	01:53:14	02:23:52	02:29:52	02:57:21
138	68	Andrew Petrie	Stadium Runners	M40	02:57:22	00:28:10	00:43:40	00:59:41	01:09:18	01:30:42	01:38:57	01:53:36	02:24:20	02:30:14	02:57:22
139	39	Huw Jones	Birmingham Running Athletics & Triathlo	M50	02:57:26	00:28:57	00:44:20	01:00:03	01:09:41	01:31:04	01:39:34	01:53:41	02:24:31	02:30:35	02:57:26
140	168	Bianca Dyer	Helm Hill Runners	W40	02:57:45	00:30:48	00:46:45	01:03:32	01:13:46	01:33:55	01:42:35	01:55:55	02:25:11	02:31:02	02:57:45
141	210	Jean Powell	Wharfedale Harriers	W45	02:58:01	00:28:46	00:44:07	01:00:35	01:10:06	01:31:58	01:40:39	01:55:16	02:26:10	02:31:56	02:58:01
142	127	Judy Howells	Wharfedale Harriers	W45	02:58:29	00:30:02	00:45:51	01:02:40	01:13:15	01:33:21	01:42:33	01:56:03	02:26:00	02:31:58	02:58:29
143	143	Martin Howard	Calder Valley Fell Runners	MU21	02:59:01	00:26:13	00:40:54	00:56:30	01:05:00	01:28:48	01:36:04	01:51:43	02:23:31	02:29:18	02:59:01
144	65	Brian Thompson	Helm Hill Runners	M60	02:59:01	00:26:42	00:41:21	00:56:56	01:06:47	01:27:49	01:37:12	01:51:26	02:22:31	02:28:43	02:59:01
145	264	Will Johnson	Unattached	MSEN	02:59:48	00:27:42	00:42:32	00:58:02	01:07:19	01:28:24	01:37:06	01:51:30	02:24:10	02:30:34	02:59:48
146	114	Peter Jackson	Barlick Fell Runners	M60	03:00:26	00:28:48	00:44:00	00:59:59	01:09:52	01:30:50	01:38:46	01:54:08	02:25:33	02:31:35	03:00:26
147	224	Steve Webb	Valley Striders AC	M55	03:00:40	00:26:45	00:41:01	00:56:01	01:05:34	01:25:44	01:34:39	01:48:29	02:22:39	02:29:43	03:00:40
148	261	Matthew Robinson	Unattached	M40	03:00:45	00:30:21	00:46:06	01:02:24	01:12:10	01:32:45	01:42:08	01:56:21	02:26:15	02:32:12	03:00:45
149	201	Phil Wells	Calder Valley Fell Runners	M45	03:00:57	00:26:39	00:40:49	00:55:31	01:04:33	01:24:25	01:32:36	01:47:30	02:24:28	02:30:56	03:00:57
150	76	Peter Stobbs	Trawden Athletic Club	M50	03:02:20	00:31:38	00:47:34	01:03:33	01:13:30	01:34:33	01:42:36	01:56:11	02:26:12	02:31:47	03:02:20
151	129	Philip Hobbs	Holmfirth Harriers AC	M50	03:02:48	00:30:06	00:46:20	01:02:32	01:12:47	01:34:21	01:43:03	01:57:43	02:28:41	02:34:24	03:02:48
152	2	Mark Lehrle	Glaxo Hoad Hill Harriers	M40	03:04:10	00:27:31	00:43:16	00:59:30	01:09:37	01:30:58	01:40:29	01:54:43	02:27:23	02:34:00	03:04:10
153	35	Neil Sidaway	Cumberland Fell Runners	M55	03:04:14	00:28:18	00:43:43	00:59:40	01:09:34	01:31:31	01:40:21	01:54:32	02:27:17	02:34:13	03:04:14
154	9	Steve Wathall	Retford AC	M55	03:04:18	00:30:09	00:46:04	01:02:28	01:12:44	01:34:26	01:43:07	01:57:40	02:29:38	02:35:59	03:04:18
155	204	Gary Bradley	Barlick Fell Runners	M50	03:04:22	00:28:35	00:43:58	00:59:58	01:09:48	01:31:25	01:40:16	01:55:13	02:29:10	02:35:17	03:04:22
156	16	Graham Brown	Macclesfield Harriers & AC	M45	03:04:31	00:28:40	00:44:32	01:00:33	01:10:18	01:33:15	01:42:20	01:57:47	02:30:30	02:36:21	03:04:31
157	220	Natalie Murphy	Rossendale Harriers & AC	W50	03:04:50	00:29:31	00:45:44	01:02:14	01:12:22	01:35:06	01:43:54	01:59:32	02:31:24	02:37:48	03:04:50
158	244	Claire Duffield	Todmorden Harriers	W40	03:05:00	00:29:24	00:44:50	01:01:17	01:10:59	01:33:38	01:42:26	01:58:16	02:30:50	02:37:05	03:05:00
159	111	Keith G Holmes	Dark Peak Fell Runners	M60	03:05:34	00:30:44	00:46:46	01:03:40	01:13:48	01:35:32	01:44:42	01:59:36	02:31:23	02:37:46	03:05:34
160	49	Christopher Hewitson	Congleton Harriers	M40	03:06:28	00:28:45	00:44:02	01:00:16	01:09:55	01:31:08	01:40:10	01:54:42	02:28:24	02:34:50	03:06:28
161	30	Robert Bumstead	Valley Striders AC	M45	03:07:06	00:30:19	00:46:23	01:02:43	01:12:54	01:34:44	01:43:46	01:58:52	02:31:45	02:38:00	03:07:06
162	60	Paul Jennings	Cumberland Fell Runners	M50	03:07:33	00:30:11	00:46:06	01:02:51	01:12:58	01:34:59	01:43:49	01:59:01	02:31:34	02:37:57	03:07:33
163	206	Wilfred Bell	Howgill Harriers	M60	03:07:51	00:30:04	00:46:15	01:03:37	01:13:55	01:36:36	01:45:47	02:01:26	02:33:51	02:40:02	03:07:51
164	105	Jim Wheldon	Baildon Runners	M65	03:08:40	00:31:38	00:47:53	01:04:56	01:15:52	01:37:51	01:46:50	02:01:31	02:32:43	02:39:13	03:08:40
165	174	Alistar Smith	Unattached	MSEN	03:08:42	00:29:41	00:46:10	01:03:12	01:13:42	01:35:09	01:46:08	02:00:36	02:33:16	02:39:33	03:08:42
166	140	Alison Richards	Helm Hill Runners	W40	03:09:05	00:30:17	00:46:48	01:03:24	01:13:44	01:36:23	01:45:41	02:00:49	02:32:41	02:39:09	03:09:05
167	173	Jack Cooper	Airienteers	MSEN	03:09:14	00:29:42	00:46:08	01:03:06	01:13:42	01:35:10	01:46:05	02:01:02	02:33:24	02:39:43	03:09:14
168	73	Jim Gross	Unattached	MSEN	03:09:20	00:29:35	00:46:12	01:03:08	01:13:44	01:35:08	01:46:10	02:01:15	02:33:21	02:40:04	03:09:20
169	110	Pat Goodall	Totley AC	W60	03:09:37	00:30:33	00:46:51	01:04:06	01:14:18	01:37:20	01:46:21	02:02:15	02:34:30	02:40:35	03:09:37
170	211	David Tait	Dark Peak Fell Runners	M70	03:09:41	00:31:09	00:47:50	01:04:54	01:15:52	01:39:02	01:48:12	02:02:29	02:34:27	02:40:32	03:09:41
171	151	Ronald Rees	Pennine Fell Runners	M60	03:09:47	00:31:16	00:47:47	01:04:44	01:15:18	01:38:57	01:48:12	02:02:33	02:34:32	02:40:42	03:09:47
172	243	David Safranauskas	Cheshire Hill Racers	M50	03:10:03	00:27:48	00:43:03	00:59:09	01:09:16	01:30:48	01:40:04	01:54:40	02:29:40	02:37:01	03:10:03
173	121	Timothy Horrocks	Pennine Fell Runners	M50	03:10:41	00:28:35	00:44:02	01:00:28	01:10:14	01:33:11	01:42:21	01:58:53	02:33:13	02:39:36	03:10:41
174	119	Clem Dixon	Cambridge Harriers	M55	03:12:24	00:28:26	00:43:36	00:59:50	01:10:37	01:31:38	01:41:53	01:57:21	02:32:11	02:39:31	03:12:24
175	221	Simon Austin	Black Combe Runners	MSEN	03:12:40	00:28:54	00:45:13	01:02:05	01:12:08	01:35:35	01:44:30	02:00:03	02:32:47	02:39:16	03:12:40
176	153	Dan Taylor	Todmorden Harriers	MSEN	03:12:52	00:30:49	00:46:52	01:03:24	01:14:08	01:37:04	01:45:52	02:01:46	02:35:21	02:41:44	03:12:52
177	234	Rowena Browne	Bowland Fell Runners	W55	03:13:00	00:29:28	00:45:43	01:03:31	01:13:41	01:35:55	01:45:30	02:00:54	02:33:45	02:40:46	03:13:00
178	157	Jo Wilcox	Helm Hill Runners	W50	03:14:51	00:30:36	00:47:31	01:04:43	01:15:33	01:38:49	01:48:25	02:02:50	02:36:57	02:43:22	03:14:51
179	252	Garth De Roux	Horsforth Harriers	M40	03:15:17	00:27:54	00:43:46	01:00:12	01:10:13	01:34:28	01:43:57	02:01:09	02:35:40	02:42:39	03:15:17

MENS TEAMS

1	155 Calder Valley Fell Runners	Karl Gray / Gavin Mulholland / Mark Taylor / Darren Kay / Ian Symington
2	161 Ambleside AC	Ben Abdelnoor / Garry Greenhow / Harold Wyber / Todd Oates / Calvin Routledge
3	163 Helm Hill Runners	Michael Ainsworth / Adam Perry / Shane Ohly / Jim Mann / Rick Stuart
4	165 Pennine Fell Runners	Nicholas Barber / Simon Coldrick / Mark Burton / Noel Curtis / Steven Knowles
5	177 Dark Peak Fell Runners	Stephen Pyke / Neil Northrop / Peter Davies / John Hunt / Robert Little
6	191 Mercia Fell Runners	William Neill / Pete Vale / Simon Bailey / Thomas Foster / Tim Werrett
7	235 Horwich R M I Harriers	Phil Marsden / Nick Leigh / Jonathan Bruton / Mark Walsh / Brian Walton
8	254 Wharfedale Harriers	Ali Burns / Marc Sennett / Nicholas Charlesworth / Rob Furness / Dave McGuire
9	363 Todmorden Harriers	Andrew Worster / Jonathan Wright / Paul Hobbs / Duncan Cannon / Dan Taylor
10	408 Cheshire Hill Racers	Ed Gamble / Malcolm Fowler / Carlos Bedson / Adam Neale / Vincent Booth
11	427 Black Combe Runners	Josh Hartley / Matthew Rooke / Mark Bonner / Peter Tayler / Simon Austin

WOMENS TEAMS

1	26 Black Combe Runners	Anna Lupton / Rebecca Rooke / Alice Forster
2	28 Todmorden Harriers	Annie Roberts / Gemma Ford / Rebecca Patrick
3	53 Helm Hill Runners	Hannah Russell / Lucy Spain / Catherine Niblock
4	63 Keswick AC	Jenn Mattinson / Trudy Beetham / Lesley Malarkey
5	96 Calder Valley Fell Runners	Helen Roberts / Jackie Scarf / Karon Forster