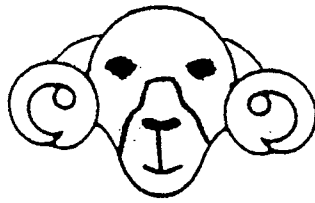


SHEEP



SHEET

NUMBER 4

CALDER VALLEY  
FELL RUNNERS

OCT/NOV 1994.

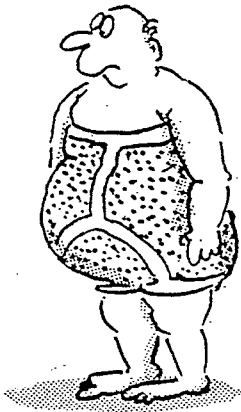
Hello! and welcome to another Calder Valley Fellrunners Newsletter. Please keep those items of news, photographs, results and jokes coming our way. Next Rampage will be out, hopefully, in time for the new year. These magazines and newsletters might not seem much to look at but they take an awful lot of time and effort to put together. Please try to support us if you can with your own contributions. Remember, it's **YOUR** club.

I'm very happy to announce that my good friend Bob Horne has offered to share the editorial workload, so please note the new editorial addresses:

Allan Greenwood, 71, Smiddles Lane, Bankfoot, BRADFORD, BD5 9NT.

Bob Horne, 8, Bramley View, Lightcliffe, HALIFAX, HX3 8ST.

## SHORTS.



### HALLOWE'EN FANCY DRESS PARTY - 29TH. OCTOBER.

There are still tickets left for this post-F.R.A. Relay Calder/Tod bash. The price, heavily subsidised by profits from the sale of Rampage, is a mere £3.50, which includes food, disco, live band and, possibly, a karaoke.

Contact Jimmy Sheard - 01422 884764, or  
Russel Arrandale - 01422 883510.

### A.G.M. 1ST. NOVEMBER.

The C.V.F.R. Annual General Meeting will be held in the Gloucester Room at the Mytholmroyd Community Centre, on Tuesday, 1st. November. The room has been booked from 8 to 10 p.m. Please be there, and be punctual. There will be **NO CLUB RUN** on this night.

### VACANCIES FOR POSITIONS ON COMMITTEE.

Anyone who is prepared to stand for **any** position on the committee should send in their nomination, signed by nominee, proposer, and seconder, to the club secretary Tony Bradley at 12, Vicar Park Drive, Norton Tower, Halifax, HX2 ONN, prior to the A.G.M., although nominations will also be accepted on the night.

There are vacancies for Race Co-ordinator and Equipment/Kit Secretary, although members may be nominated for any position.

## **FOUNDERS' DAY - 6TH. NOVEMBER.**

A social run will be held on Sunday, 6th. November, from M.C.C., to mark the 8th. anniversary of the formation of our club. Meet 10 o'clock in the car park for a steady 8 to 10 miles.

## **CLUB DINNER.**

Jeff Winder is organising this year's dinner for the usual venue, the Imperial Crown Hotel, Halifax. The date will be Saturday, 28th. January, preceded by the club handicap in the afternoon. Keep an eye on the notice board for menu and more details.

## **DEBBIE FLANAGAN MEMORIAL.**

An annual trophy, in memory of Debbie, will be awarded to the first lady in the Wadsworth Trog Fell Race. In addition, the money which the club donated in Debbie's memory has, at her family's request, been passed on to Calder Valley Moorland Rescue.

## **RACE RESULTS.**

It was mentioned at a recent committee meeting that race results are still not being sent in to either our statistician, Ian Hartman, or to Rampage. This will not do!! Please try to remember to make a note of our club positions at any race you attend, or complete a results envelope and pass it on. This applies particularly to championship races.

## **WINTER LEAGUE.**

Jamie Smith has come up with some good ideas to keep interest going through the winter months. One suggestion is for a series of low-key handicap races, say one a month. Keep an eye on the notice board.

## **BOB GRAHAM ROUND.**

A permanent record of all the club's successful BG Rounds is finally ready and should have pride of place in the Shoulder of Mutton very soon.

## **TELEPHONE LINES.**

The telephone pyramid featured in the last issue of Sheep Sheet is about to be put into operation, so if you haven't got shares in BT (and, let's face it, there can't be many of us without) 'phone that broker now. Another copy of the pyramid is attached to this newsletter, together with a CVFR telephone directory. Please keep it by the 'phone, and get ready...

## CROSS COUNTRY.

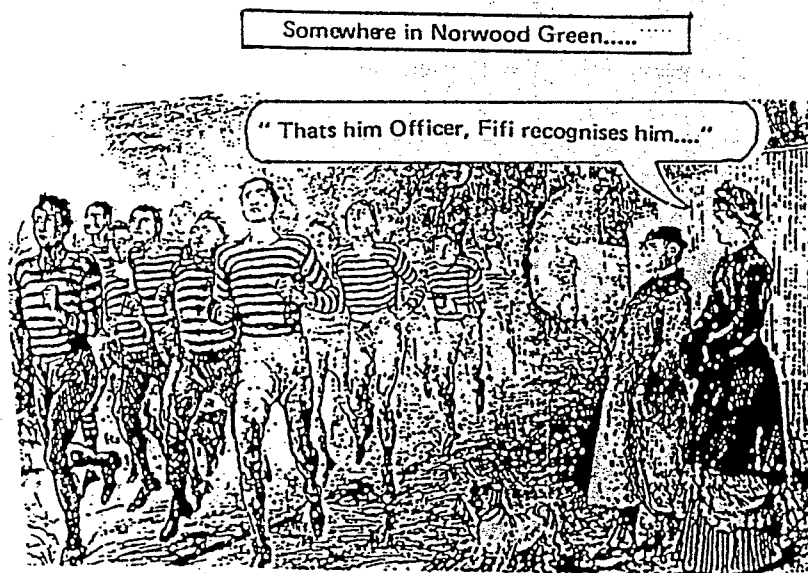
The cross country season is again upon us, but the CVFR committee has decided not to affiliate the club this year due to poor attendance in the past. However, should you decide you would like to do some cross country races, help is at hand. Richard Kellett and Ian Hartman will invite you to run as a guest in their winter cross country leagues (N.E. Counties Cross Country League and Bradford Grammar School respectively). Contact Richard on 01422 202923 or Ian on 01274 546549.

## 'JUDITH'S RUN'.

This is a book by Philip Taylor, husband of the late Judith, who tragically died during this year's Kentmere Horseshoe Fell Race. To quote 'The Fellrunner': "The book tells the story of Phil's attempt at the Bob Graham Round in June, which was directly inspired by Judith...They had planned the attempt together and Judith was to have accompanied Phil in the later stages." Copies cost £5 plus 50p postage. If anyone would like a copy, let me know and I'll put in a bulk order.

## COMPETITION.

Many thanks to all those who entered the caption competition in the last edition of Rampage. We couldn't fit any more entries into our bulging bumbag, so we decided to draw a winner, and here it is.



Well done to John 'Bod' Riley. He wins a fortnight for one on Black Hameldon.

**PUZZLER.** A man runs 100 miles in 5 days, each day travelling 6 miles further than the previous day. How many miles did he run on the first day?  
(Answer on back page.)

# FRA RELAYS 1994

Calder Valley Fell Runners and Todmorden Harriers

Bernard and Kay Pierce  
Race co-ordinators  
7, Old Town Hall Cottages  
Hebden Bridge  
West Yorks HX7 8SP

(0422) 842377

23 September 1994

Calder Valley Fell Runners and Todmorden Harriers

Dear Friends,

An article appeared in the Hebden Bridge Times on Friday 23rd September relating to Kay and myself and the FRA Relay Championship. Anyone familiar with the sport will realise it contains some minor inaccuracies. However, the point that concerns Kay and myself is that, despite our emphasising to the reporter on a number of occasions that this event was being organised jointly by Todmorden Harriers and Calder Valley Fell Runners, and that we were just the co-ordinators, the article did not mention the clubs concerned. We therefore felt it appropriate to write this letter to the two clubs to re-iterate that we see our role as co-ordinating the excellent organisation and hard work that has, and is still being, carried out by the two clubs concerned. We are the first to recognise that this is a team effort between Todmorden Harriers and Calder Valley Fell Runners and that in speaking to the reporter concerned we said nothing to detract from this. We were therefore disturbed to read an article which could be seen by those reading it that the relay was a "Bernard and Kay" event.

We hope this clarifies the situation and we look forward to this joint club event on 16th. October being a great success.

Yours sincerely,

IMPORTANT - PLEASE KEEP THIS SHEET SAFELY. (IN CASE OF LOSS PLEASE RING ALLAN )  
(FOR A REPLACEMENT (0274) 722783 )

CALDER VALLEY FELLRUNNERS - Chain Relay Information System. (Chris)

If you have a message or important news item which needs to be circulated to other Calder Valley members, then we have come up with a quick and, (we hope) efficient system to help you. It takes the form of a 'phone chain system, whereby each Club member receives one call, and then relays the message to 2 other members. Each of those two members then call 2 members each and soon the message gets to everyone.

This system needs YOU to make it a success; HERE'S HOW IT WORKS :-

You need marshalls for your race, You need to spread the word about a social quiz night or the date of a fell race fixture has been changed.

The first thing you should do is RING DUNCAN THOMPSON - (0282) 613559

Duncan will then start the chain by 'phoning his 2 designated contacts who will in turn do the same, and so on. You could also, of course, jump the queue a little by also 'phoning your contacts after you have given Duncan your message, so speeding up the process considerably.

REMEMBER - RING DUNCAN FIRST WITH YOUR IDEA/ MESSAGE.

DUNCAN THOMPSON WILL CONTACT	=	ANDY WIMPENNY + STEVE HOUGHTON (+ ROBIN SKELTON)
ANDY WIMPENNY	=	RICHARD KELLETT + IAN HARTMAN
STEVE HOUGHTON	=	GARY WEBB + MICK BANKS (+ Please tell GREG HOUGHTON)
RICHARD KELLETT	=	BRIAN PETERS + BARRIE PRICE
IAN HARTMAN	=	TONY BRADLEY + ROD SUTCLIFFE
GARY WEBB	=	JEZ WILK' SON + PETE ROUND (+ DAVE YATES/ M FLEETWOOD)
MICK BANKS	=	PETE REGAN + BOB HORNE
BRIAN PETERS	=	STEVE CAVELL
BARRIE PRICE	=	PAUL CLEARY + GRAHAM FRY
TONY BRADLEY	=	TREVOR REDMOND + ALLAN GREENWOOD
ROD SUTCLIFFE	=	RUSSELL / JIMMY / TONY FLINT OR MIKE WARDLE (1 call)
JEZ WILKINSON	=	JON WILKINSON + JOHN RILEY (BOD!)
PETE ROUND	=	MARK PIMLOTT + CARL GREENWOOD
PETER REGAN	=	ALISTAIR SOWDEN + BERNARD & KAY PIERCE
BOB HORNE	=	PETE HORNE + STEVE KIRKBRIDE
STEVE CAVELL	=	GRAHAM SPENCER + RICHARD BENN
TREVOR REDMOND	=	ANDY THOMPSON + JEFF WINDER
ALLAN GREENWOOD	=	IRENE NEVILLE + GERRY SYMES
RUSSELL ARRANDALE	=	JIMMY / TONY FLINT / MIKE WARDLE
JIMMY SHEARD	=	RUSS / TONY FLINT / MIKE WARDLE + RICHARD ROWLANDS
TONY FLINT	=	JIMMY / RUSSELL / MIKE WARDLE
MIKE WARDLE	=	JIMMY / RUSSELL / TONY FLINT
JOHN RILEY (BOD!)	=	RHYS KIFT + PETE WHITE
MARK PIMLOTT	=	JAMIE SMITH + EDDIE PROCTOR
CARL GREENWOOD	=	DAMIAN WHITEHEAD
BERNARD & KAY PIERCE	=	IAN HARTMAN + JANE BENHAM LYNNE
ANDY THOMPSON	=	ALLAN JONES + BRIAN HORSLEY + SIMON TOWLER + BOOTLAND
JEFF WINDER	=	JEFF COULSON
IRENE NEVILLE	=	CHARLOTTE ROBERTS + MICHAEL BURNS
GERRY SYMES	=	GEOFF/ VAL BELL + MICHAEL ALICOCK
RHYS KIFT	=	PETE WHITE (Please check Bod has passed message!)
JAMIE SMITH	=	BABS BAKUNOLA
IAN HARTMAN	=	PAUL FRECHETTE + NEIL CROASDELL/ LINDA HAYLES
ALLAN JONES	=	RAYMOND WOODHEAD + DENIS GILDEA
CHARLOTTE ROBERTS	=	IAN ROBERTSON + JOHN CRUMMETT
MICHAEL ALLCOCK	=	JOHN SIMPSON
DENIS GILDEA	=	CHRIS PEART -BINNS

If you have trouble in reaching your contact, please ensure that the chain is not broken by contacting their contacts. With your help we can make this system work. Please turn overleaf for a full list of 'phone numbers. (Any mistakes, ring Ian H)

CALDER VALLEY FELL RUNNERS - MEMBERSHIP LIST

Date: 3/02

Surname	Forename	Address 1	2	3	County	Postcode	Home Tel No
Allcock	Michael	85 Swillington Lane	Swillington	Leeds	West Yorkshire		0532 860445
Arrandale	Russell	25 Carr Field Drive	Luddenden		West Yorkshire		0422 883510
Bakunola	Bahatunde	30 Astral Ave	Hipperholme	Halifax	West Yorkshire		0422 204117
Banks	Michael	13 Prospect Place	Duckworth Lane	Bradford	West Yorkshire		0274 545391
Bell	Geoff	11 Arran Drive	Garforth	Leeds	West Yorkshire		0532 865456
Bell	Val	11 Arran Drive	Garforth	Leeds	West Yorkshire		0532 865456
Benham	Jane	Broadfold Hall	Luddenden		West Yorkshire		0422 885156
Benn	Richard	860 Gt. Horton Road	Bradford		West Yorkshire		0274 507037
Bootland	Lynn	42 Caldene Avenue	Low Moor	Bradford	West Yorkshire		0422 676133
Bradley	Tony	12 Vicar Park Drive	Norton Tower	Halifax	West Yorkshire		0422 360999
Brilott	Mark	2 Wilcroft Terrace	Pecket Hill	Hebden Bridge	West Yorkshire		0422 843574
Burns	Michael	38 Dean Lane	Sowerby	Sowerby Bridge	West Yorkshire		0274 601577
Cavell	Steve	1 Shelf Moor Road	Shelf	Halifax	West Yorkshire		0274 601577
Cleary	Paul	10 Albert Road	Halesowen		West Midlands		
Coulson	Jeff						
Croasdell	Neil	59 Kliffen Place	Halifax		West Yorkshire		0422 342808
Crummett	John	18 Westbourne Terrace	Queensbury	Bradford	West Yorkshire		0274 817791
Fleetwood	Mick	Dale Foot	Stanbury	Keighley	West Yorkshire		0422 882619
Flint	Tony	14 Carr Field Drive	Luddenden		West Yorkshire		0422 882619
Frechette	Paul	Bpa House	Cragg Road	Mytholmroyd	West Yorkshire		0422 882619
Fry	Grahame	Harfedale, West St	North Kelsoy		West Yorkshire		0422 882619
Gildea	Denis	3 Denfield Avenue	Ovenden	Halifax	Lincolnshire		0422 882619
Greenwood	Allan	71 Smiddles Lane	West Bowling	Bradford	West Yorkshire		0422 36 5
Greenwood	Carl	17 Hill Crest	Hebden Bridge		West Yorkshire		0274 722783
Hartman	Ian	3 Woodland Grove	Bradford		West Yorkshire		0422 844101
Hayles	Linda	59 Kliffen Place	Halifax		West Yorkshire		0274 546549
Horne	Bob	8 Bramley View	Lightcliffe	Halifax	West Yorkshire		0422 342808
Horne	Pete	67 The Grove	Hipperholme	Halifax	West Yorkshire		0422 201269
Horsley	Brian	2 Netherlands Avenue	Bradford		West Yorkshire		0422 205547
Houghton	Greg	4 Valley Avenue	Lightcliffe	Halifax	West Yorkshire		0274 600651
Houghton	Steve	4 Nunlea Road	Lightcliffe	Halifax	West Yorkshire		
Jones	Allan	The Paddock, Shelf Moor Road	Shelf	Halifax	West Yorkshire		0422 203704
Kellett	Richard	16 Hope Street	Shelf	Halifax	West Yorkshire		0274 679894
Kift	Rhys	Clunters	Cragg Vale	Mytholmroyd	West Yorkshire		0422 202923
Kirkbride	Steve	11 Mounfields	Lightcliffe	Halifax	West Yorkshire		0422 883634
Long	Ted	Burntwood, 127A St Peters Ave	Sowerby Bridge		West Yorkshire		0422 203338
Neville	Irene	Lyndene, Browfootgate Lane	Trimingham	Halifax	West Yorkshire		0422 835224
Farry	Leahn				West Yorkshire		0422 368955
Pearl-Binns	Chris	14 Foster Lane	Hebden Bridge		West Yorkshire		0422 885030
Peters	Brian	4 Jonathan Garth	Addingham		West Yorkshire		0422 842589
Pierce	Bernard	7 Old Town Cottages	Hebden Bridge		West Yorkshire		0943 830729
Pierce	Key	7 Old Town Cottages	Hebden Bridge		West Yorkshire		0422 842377
Price	Barry	19 Arberry Close	Banbury		West Yorkshire		0422 842377
Procter	Eddie	7 Marlborough Grove	Hebden Bridge		Oxon		OX16 9TE0295 252203
Redmond	Trevor	126 Ravenstones Drive	Greetland	Halifax	West Yorkshire		0422 394774
Regan	Pete	11 Church Lane	Mount Pellon	Halifax	West Yorkshire		0422 372848
Riley	John	11 Buttress Lane	Luddenden		West Yorkshire		0422 335243
Roberts	Charlotte	130 Lane Ends	Oakworth	Keighley	West Yorkshire		0422 885100
Robertson	Ian	4 Buxton St	Bradford		West Yorkshire		0422 885100
Round	Pete	8 Sowerby Croft Lane	Sowerby Bridge		West Yorkshire		0422 885100
Rowlands	Richard	1 Under Cragg	Charlestown	Luddenden	West Yorkshire		0422 831814
Sheard	Jimmy	10 Carr Field Drive	Luddenden		West Yorkshire		0422 843038
Simson	John	13 Park Grove	Swillington	Leeds	West Yorkshire		0422 884764
Smith	Jamie	17 Munby Street	Fairweather Green	Bradford	West Yorkshire		0422 884764
Sowden	Alastair	Rose Cottage	Cragg Road	Mytholmroyd	West Yorkshire		0422 884764
Spencer	Graham	26 Ascot Avenue	Horton Bank Top	Bradford	West Yorkshire		0422 884764
Sutcliffe	Rod	173 Scarr Bottom Road	Scarr Bottom	Halifax	West Yorkshire		0422 884764
Symes	Gerry	33 Station Fields	Garforth	Leeds	West Yorkshire		0422 884764
Thompson	Andy	40 Caldene Avenue	Low Moor	Bradford	West Yorkshire		0532 863760
Thompson	Duncan	27 Glenfield Road	Nelson		West Yorkshire		0274 676133
Thompson	Julie	40 Caldene Avenue	Low Moor	Bradford	West Yorkshire		0274 676133
Towler	Simon	74 Poplar Grove	Great Horton	Bradford	West Yorkshire		0274 676133
Wardle	Michael	19 Carr Field Drive	Luddenden		West Yorkshire		0274 676133
Webb	Gary	3 Crisworth Terrace	Hebden Bridge		West Yorkshire		0274 676133
White	Peter	12 Coiners Fold	Mytholmroyd		West Yorkshire		0422 885497
Whitehead	Damian	29 Woodhouse Drive	Keighley		West Yorkshire		0422 842713
Wilkinson	Jeremy	7 Sowood Street	Burley	Leeds	West Yorkshire		0422 865728
Wimpenny	Andy	11 Cross Hill	Greetland	Halifax	West Yorkshire		0422 865728
Winder	Jeff	148 Ravenstone Drive	Greetland	Halifax	West Yorkshire		0422 865728
Woodhead	Raymond	77 Shelf Hall Lane	Shelf	Halifax	West Yorkshire		0422 376111
Yates	Dave				West Yorkshire		0274 600056
Buckle	Adrian				West Yorkshire		0924 494598
HYOE	DAVID						
SKELTON	ROBIN						

## THE HAPPY SMILING HOOPS.

Come gather round me people  
And I'll tell you all a tale  
About a band of happy folk  
Who run the Calder Vale.

There's Rodders who's a doctor,  
Gary who does teach,  
Duncan selling papers  
And Jeffrey who doth preach.

Bod works in a tool shop,  
Pete Horne is a bobby.  
They all run for Calder,  
Fell running is their hobby.

Each and every weekend  
They jog up to Sheepstones;  
The fast one shoots off quickly  
But the slow ones never moan.  
("You must be joking!" - Typist.)

Down into the valley,  
Then the crawl up Mytholm Steeps.  
Al Jones, who sprinted off in front,  
Collapses in a heap.

So if you're driving through the valley  
And see the red and white  
Flogging up the hillsides,  
Smiling day and night,

Give them all a cheery wave  
As you watch them go,  
Because they're thinking of you,  
And they love you so...

...they'll never swallow that.

Anagram of poet's name: AGE AND WE ROLL ON. (Answer on back page.)

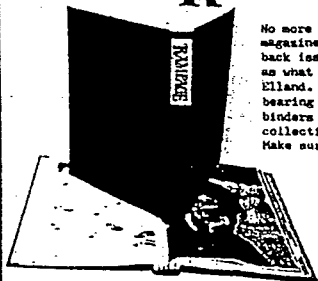
**PUZZLER:** If a group of lions feasting on a wildebeest is a *pride*, and a collection of geese on a lake a *gaggle*, what is the collective noun for a group of twelve Calder Valley runners at a race? (Answer on back page.)

TUES. DEC. 27th. BEACON HILL RACE. BS. 12 noon. 5m/1000' from Old Brodleians R.U.F.C. Clubhouse, Denholmegate Road, Hipperholme, Halifax. (GR 123261). £2.00 on day only. PM/LK. Details: R.M.Horne, 8, Bramley View, Lightcliffe, Halifax. Tel: 01422 201269.

Many of you will have seen this in the October 'Fellrunner'. The venue, for those of you who don't know it, has a large car park, and there are obviously changing rooms, showers and baths. There will also be food after the race, and the bar will be open. It is an ideal opportunity for a low-key race where you can run off the excesses of the previous few days. It will also be a good chance for families to get out for a few hours. The race itself will start with a circuit of the rugby fields before descending into Chelsea Valley, passing through a tunnel under the A58, ascending along tracks to Southowram, turning at the beacon overlooking Halifax, where the old Halifax Harriers race used to turn, returning along tracks and the Magna Via to the tunnel, up the valley side, finishing with another circuit of the rugby fields. Should be fun! Be there.

HURRY WHILE STOCKS LAST!!!

**Keep it clean and safe  
in a RAMPAGE binder**



No more lost or dog-eared copies of our club magazine. No more endlessly searching for a back issue containing essential info, such as what lies west of Hornthorpe or east of Elland. Attractively bound in genuine PVC & bearing the RAMPAGE logo on the spine, our binders will hold and protect your RAMPAGE collection and enhance your bookshelf. Make sure of yours NOW, for only..... £4.50

Cheques to editorial address, to **CVPR**

Enclose cheque/cash/PO to the value of £.....

Name \_\_\_\_\_  
Address \_\_\_\_\_

**HALLOWEEN**

**PARTY**

at Mythsompyd  
Community Centre

5th

3rd 23 October



Live Gasp

"Outrage"

Karaoke

Quiz Quiz

Prize Raffle

Free Food!

Tickets £3.50



For further details, ring  
Jimmy Sheard - (0422) 884764

**ADVERTISEMENT.**

RAMPAGE is an organisation which depends entirely on voluntary contributions from people like you. Please help us to continue in business by sending your donation today.

Yes please, I would like to donate... (Tick box  ).

ARTICLE(S)	CARTOON	JOKE	PHOTO	OTHER
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**ANSWERS TO PUZZLES.**

- The man runs **EIGHT** miles on the first day.
- A group of twelve Calder Valley runners at a race is a **MIRACLE**.
- The poet is **WILLIAM McGONAGALL**.