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SYNNUNCE STANDER AND STANDER

N°3

July 94

Welcome to Sheep - sheet No 3 July 1994. I hope that this issue finds you well and fit. If you're not so well, maybe it will cheer you up a bit, and if you're not right fit Perhaps it will give you some incentive to kick-start yourself out of that armchair. Even if it's only as far as the bin.



Calder Valley Fellrunners are spread out far and wide and we have had problems in the past getting information out quickly to all our members. Sheep - sheet is one way but it takes a while to get enough information together to fill a page, type it up, print it and send it out.

Duncan and Ian Hartman have come up with a possible solution in the form of a Phone -Chain Relay Information System (ChRIS). The system is explained fully within this issue of Sheep-sheet, but basically if you have an idea or an important item of information which needs to be relayed to the whole club, you should RING DUNCAN, and the smcke signals will start. Duncan's phone no is; (0282)- 613559.

It was with shock and a feeling of saddness that some of us have learned of the death of one of our Club members. Debbie Flanagan was a well liked young Woman who many of us thought had a great deal of potential on the fells and cross country. She willingly took part in team competition such as the Calderdale relay and warmed up many a winters training run with her happy and friendly nature. Debbie had more recently taken to some of the longer fell events, including the 33 mile Haworth Hobble and the arduous 20 miles Wadsworth Trog, on the moorland above her home at Old Town. At the time of writing, it is understood that there are plans to award a memorial trophy in Debbie's memory at one of our local races, possibly at the Trog. Debbie certainly brought a ray of sunshine to our Valley and will be missed by her friends here. Our sympathies are extended to Debbie's Family.

Ian Hodgson relay. Duncan has entered 2 teams for this classic Lakeland mountain relay. If you would like to run give him a ring. Don't leave it or you could miss out as it's only 8 to a team (4 legs run in pairs) Ladies are especially encouraged!!

Have you heard the one about the Calder Valley RACING MACHINE?? Robin Skelton has done about 25 races so far this season and i don't think he's been out of the elite prizes yet.2nd at Jack Bloor fell race and 2nd at Coiner's fell, giving Garry Derine a hard time!! Well done Robin, and keep it up.

Tuesday 19th July - Club run will be at Widdop. Start at the Pack Horse at 7pm PROMPT. We will check the course and put some flags on the moor for the Widdop fell race the next day. Make a note of it!!

Don't forget your commitment to the FRA relay. IT IS ONLY 3 MONTHS AWAY. Hands up all those who haven't rung Bernard and put your name on the task list. I understand that Todmorden Harriers have all been allocated jobs and are streets ahead of us at the time of writing. For instance who is doing the Car parking? Registration? Flagging? Kit checks? race commentary? eh? Mmm?—Ring Bernard on(0422) 842377

Next issue of RAMPAGE will be out as soon as i recieve YOUR contribution: Remember it is your magazine so without your help its just blank pages. I am hoping to get a Summer special out so, PLEASE send me some results, jokes photos, articles, race reports etc, etc. Send to; Allan Greenwood, RAMPAGE, 71 Smiddles Lane, Bankfoot, Bradford BD5 9NT.

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This is your Captain speaking....

Well here we are again, well into another season. I was going to say summer's here but judging by the weather, it's been and gone. (Last week-end in May) Now then, (you can tell the editor ad-libs a bit because i never say now then), i've been to an informal meeting with some members of Tod. Harriers and i am making plans for some social runs including both our clubs in the near future. We will meet at the Hare & Hounds Public House at Cheserley, which is just along the road from Automobilia car museum, between Old Town and Mount Skip. These runs will take the form of (hopefully) friendly sociable evening runs where we will have the chance to meet and get to know our fellow RELAY hosts. The runs will be designed so that we can farmiliarise ourselves with the Relay routes. These runs will start on a Wednesday, probably alternating every couple of weeks with Tod. coming over to the MCC on a Tuesday, (the reason being that Todmorden meet on a Wednesday).

Please keep an eye on the notice board for further details.

I know i keep mentioning it but we are still not pulling our collective weight with the RELAY. Okay, i know that we have working parties on the go with flags and signs but Bernard needs to feed his computer with info on who is doing what, where and when. On the up side, i understand that the relay has, thanks to stirling work by the committee raised a sum of money in sponsorship from Hebden Royd council and Yorkshire Bank. Now that we have local business showing an interest, it is even more important that we make a success of the thing.

Anyway, on a lighter note, did you hear the one about the Englishman, Scotsman and dopey roadrunner who tried to sneak into the Olympic Stadium disguised as Athletes? The Englishman went up to the gate with a dustbin lid under his arm and announced, "I've come to do the discus". "Okay said the security man, "In you go". So up goes the Scot carrying a telegraph pole and he says, "I've come to do the pole-vault". "OK, in you go", comes the reply. So then the dopey roadrunner walks up to the gate carrying a roll of barbed wire, and he says "I've come to do the fencing".

That's all for now,

Crippy studs,

Sheep- sheet says C O N G R A T U L A T I O N S ! ! ! To Mike Wardle on your successful Bob Graham Round. A fine achievement indeed as there are only a very small percentage of contenders who achieve a round at their first attempt. Now comes the bigger challenge Mike, -Write about it!!

CLASSIFIED ADS SECTION

For Sale; Full range of O/S maps, Compass, Whistle, Cag and Walshies, Contact Tony Flint. (Will swap for a babywalker)

Does anyone have the facility to make photocopy enlargements of an A4 sheet to about 20 inches by 30 inches. If so i would like a copy of the last set of CVFR Championship listings. Contact Bob Horne.