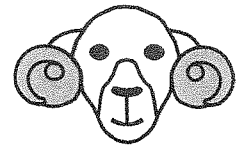


# SHEEP SHEET



## YOUR CLUB OFFICERS

### CHAIRPERSON

Rod Sutcliffe  
01422 882082

### TREASURER

Steve Cavell  
01274 576733

### SECRETARY

Jon Underwood  
01422 249195

### CLUB CAPTAIN

Tony Bradley  
01422 360999

### MEMBERSHIP SEC

Dave Hyde  
01422 343736

### SHEEP SHEET ED

Thirza Hyde  
01422 343736

### PUBLICITY OFFICER

Allan Greenwood  
01422 375682

### WEB OFFICER

Carl Greenwood  
01422 886587

### STATISTICIAN

Phil Swaine

### EQUIPMENT OFFICER

Dave Beels  
01422 881568

### SOCIAL SECRETARY

Anne Johnson  
01422 881312



## December 2002

## THE MEDAL WINNERS - FRA DINNER 2002



A group of Calder Valley members travelled up to the FRA Presentation evening in Kendal in November. Well done to Jeff for his individual and team effort picking up 3 medals - to Rod, Dave Beels, Greg and Gerry Symes for their team effort - to our new recruit Sally for her superb season picking up 4 medals. It was a great night and we made an impression. Everytime we were collecting a medal we popped our party poppers and blew party

whistles. The meal was excellent and the dancing was wild. Fell runners know how to let their hair down and to party. The band were still playing at 1 o'clock and the disco carried on and was still going when we left around 1.30 ish - at this point Rob Jebb could barely stand due to a few pints consumed. He raced the next morning and almost broke the record on the course ..... ask Steve Houghton if he could have raced with his hangover.



### TUESDAY 17th DECEMBER

Club run from North Bridge Leisure Centre - 6.45pm and then sandwiches and a drink at the Three Pigeons. DON'T FORGET YOUR XMAS HAT.....

## COLEY CANTER

Saturday 28th December at 11.00am from Shelf Park (change over point of Leg 5/6 of the Calderdale Way Relay)

Part of the Winter League



# RESULTS ... Results ...



## Dunnerdale Fell Race-

Sat 9th November - 5mils/1800'

1.	Rob Hope	P & B	38.32
2.	Ben Bardsley	Borrowd'le	38.54
3.	John Atkinson	Ambleside	39.06
34	Louise Sharp	Keswick	47.25
40	Sally Newman	CVFR	48.27
65	Rod Sutcliffe	CVFR	50.30
106	Jez Wilkinson	CVFR	55.46
112	Thirza Hyde	CVFR	56.39
190	ran		

What an excellent course, very varied over lovely smaller lakeland hills near Broughton Mills in the south lakes. A quick start up the road and then onto a runnable climb on the fell and then its up and down until an excellent run in but then a short, uphill road section onto a track and into the finish field. The weather was glorious although the going on parts of the fell were still pretty water logged. We all worked up an appetite for the FRA dinner in Kendal afterwards. Sally did well taking 2nd lady and 1st LV 40 - a nice little stash of vouchers for her prizes. Well recommended race.....

maybe on the agenda for the club next year. Thirza



## Cop Hill Race (Meltham) -

Sun 10th Nov - 7 miles / 900'

1.	M.Buckingham	Holmfirth	46:10
2.	A.Shaw (MV40)	Holmfirth	46:57
3.	M.Pierson	Holmfirth	47:15
4.	George Erhardt	Todmorden	47:24
13.	Bill Johnson	CVFR	51:31
16.	Carol Greenwood (1st lady)	Holmfirth	53:15
42.	Anne Johnson (4th lady)	CVFR	57:20
78.	Linda Hayles (1st LV45)	CVFR	63:38
(113 ran)			

The heavy rain threatened by dark clouds around Meltham held off for this painfully fast race. A mixture of tarmac, waterlogged fields, exposed tree roots and a steep descent through gorse bushes provided the challenges underfoot. Anne took a tumble over a tree root and I followed a Holmfirth runner into a dead-end gorse trap on the descent, having to scramble over the thorns to get out. I should know that local runners don't always know the way! The most difficult part of the race, however, is running past the start/finish area knowing that you're only halfway - its a two lap race. The urge to give up and seek the shelter of the clubhouse or car is very strong! Anne had been feeling a bit under the weather and was disappointed with her run. I was frustrated that I couldn't catch the Holmfirth V50 ahead of me (R.Kersey) but my legs just wouldn't go any faster. But we all had good runs really. It was good to see Linda Hayles there too, although Neil is injured and couldn't run.

Cheers, Bill

## Roaches Race - Sunday 17th Nov - 15m/3700'

1.	Malcom Fowler	Pennine	2:07.01
2.	Nick Leigh	Altringham	2:07.17
4.	Gary Webb (2nd V40)	CVFR	2:12.41
29.	Liz Batt	Buxton	2:34.24
36.	Jon Underwood	CVFR	2:39.08
(100+ ran)			

I didn't expect to see Gary at the Staffordshire 'there-and-back' race. He was trying to get some quiet practice in, hoping nobody would make the journey "I'm not sure I've got 15 miles in my legs" Hummm! He and I discussed the course and missed the starting whistle, Gary racing to catch up to the leading group and myself making it less far up the field. Conditions were very muddy but the rain held off, allowing the slippery rocks on the course to dry. I have done the race several times previously, but this didn't stop me getting lost and losing several places before the famous river crossing. Gary managed to get lost each side of the river crossing (in both directions) and when I saw him on the turn at Wildboardclough he was in approximately 8<sup>th</sup> position, in a group someway behind the two leaders. Gary's words "I kept up the pressure and those around me dropped back", this brought him into sixth place, and he caught two more in final descent through some muddy fields, which just about stopped me in my tracks. After a good climb back up to the Roaches, I was finished, I lost two positions on the flat ridge but got one back as the guy in front blew. Judging by my shins, I fell over at some point but can't quite recall it. John Taylors record of 1991 at 1:50 was never in trouble.

One of the most commonly said things to me on the course was: "Did you go to the FRA do last week?" "Errr No" "You couldn't turn round without seeing a CVFR member" Somebody must have made an impression. Wonder who that could have been....(must have been Sally, Jon it could never have been me!!!! Actually I think it was a combined club effort Ed.)

Jon Underwood

## Lordstone/Wainstone -

Sun 17th November - 11mils/3500'

1.	Morgan Donnelly	NFR	93.37
2.	Marco Cara	Middles'boro	94.15
3.	Joe Blackett	Middles'boro	99.18
8.	Karl Gray	CVFR	103.38
15.	Bill Johnson	CVFR	109.30
21	Helen Johnson	Bingley	111.00
24.	Steve Houghton	CVFR	111.40
28.	Richard Allen	CVFR	113.43
54	Carl Greenwood	CVFR	127.14
57	Greg Houghton	CVFR	127.50
61	Thirza Hyde	CVFR	131.23
69	Geoff Bell	Scar'boro	135.05
73	Lance Parker	CVFR	137.00
108	Val Bell	Scar'boro	170.00
(112 ran)			

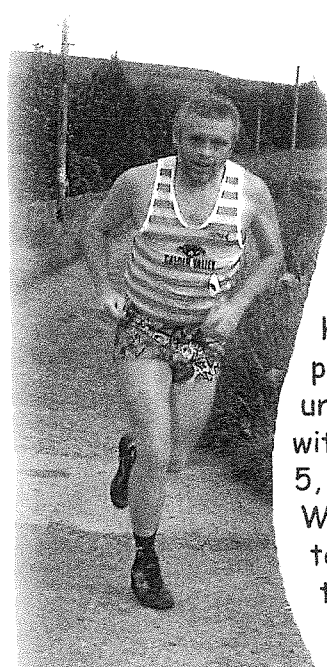
A good turnout for the club on a very foggy day and plenty of opportunity for someone to get lost and they did - didn't you Karl. After a good strong start from Karl he ended up sitting about 42nd at the half way point after a little detour with another runner but had a fine second half run to place in the top ten at the finish. Three runners got disqualified for missing out the last checkpoint - seemingly that's not the first time that it has happened at this race. An excellent fell race with all the ingredients including plenty of water, mud and fog.

Thirza

## Rivock Edge - Sun 24th November - 10mils/1500'

1.	Chris Loftus	K & C	66.34
2.	George Erhardt	Tod	66.37
3.	Andrew Robertshaw	Otley	66.48
9.	Andy Clarke	CVFR	72.17
19.	Bill Johnson	CVFR	74.59
25.	Helen Johnson	Bingley	76.36
30.	Sally Newman	CVFR	77.49
54.	Richard Allen	CVFR	82.10
56.	Graeme Woodward	CVFR	82.25
70.	Rod Sutcliffe	CVFR	85.05
74.	Carl Greenwood	CVFR	85.32
90.	Jez Wilkinson	CVFR	87.32
91.	Phil Swaine	CVFR	87.36
98.	Lance Parker	CVFR	89.17
117.	Karl Gray	CVFR	93.00
130.	Helen Wilkinson	CVFR	97.02
133.	Steve Garner	CVFR	97.54
146.	Andy Carnochan	CVFR	109.27
151.	Rose Carnochan	CVFR	111.50

An excellent turn out from the club for the third counter in the winter league. A fast fairly flat course with a mixture of terrain and again it was like pea soup. Karl Gray might just be earning himself some points for the navigational cock up of the year award. I hear from people (I didn't make it as I had a hangover) that it was well marked out with tape and larger than normal flags. Maybe he was going so fast that he just missed the markers but anyway he stuck with the runners he was with and eventually found his way back to the finish. Well done everyone the Winter League is being well attended and I'm off the drink for now..... Thirza



## Captain's Corner.

Well, once again another relay is behind us and it was certainly an incident packed one. The A team had a great run lying in 7<sup>th</sup> place (well in front of Tod) until Wayne had to pull up with Achilles problems on leg 5, hope you're soon better Wayne, the B and mixed teams swapped positions all the way through the event with final honors going to the B team. I hope every

one stayed on the official route, as instructed. There was only one slight deviation to the rules, when I heard that Wayne was out and that Dave had carried on I asked Phil to put his kit back on (thank god what a sight) run out to meet Dave and run through the finish with him so that the runners on the final leg could run. Plenty of teams were surprised to see Calder Valley doing so well up there, so well done to everyone who turned out especially those who ran when not fully fit. Sorry to hear about Dave Hyde's results from his knee operation, I hope all goes well for the future Dave. It was nice to see Duncan out and about at the relay; he seems to be well on the road to recovery. Don't forget the club dinner on Jan 25<sup>th</sup> there is always plenty to eat, and it is always a good night out. On the same day is the club handicap, a race you must complete if you are doing the Winter league, if you need a good handicap don't forget to have a word with Paul Frechette, he knows all the ins and outs, if last years race is anything to go by. To finish this little piece, a little tale from the Calderdale Way. I don't know just what goes on when people go for training runs but just before the start of leg 1 I asked Linda if she wanted to carry the baton or if she wanted me to do it, it's o.k. she said I'll carry it, I'm used to running with something in my hand!, I think I may have to do more training. All the best for 2003. Keep running and hope to see you all on the fells soon.

Tony Bradley.

Thanks Tony for all your hard work on getting 3 team out on the day. We all had a good time (except for Wayne, hope the injuries not too serious) and all the teams did well. Our final team positions are overleaf. ED.

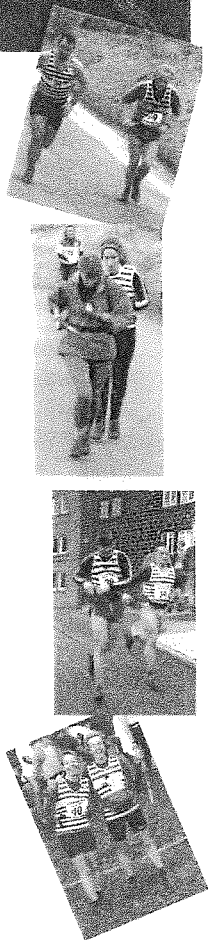
### WINTER LEAGUE RESULTS AFTER 3 RACES ....

	Shepherds Skyline	LordStone/Wainstone	Rivock Edge	TOTAL AFTER 3 RACES
Andy Clarke	30	•	30	60
Bill Johnson	•	29	29	58
Sally Newman	28	•	28	56
Richard Allen	•	27	27	54
Graeme Woodward	25	•	26	51
Karl Gray	•	30	20	50
Carl Greenwood	•	26	24	50
Thirza Hyde	24	•	24	48
Lance Parker	•	23	21	44
Rose Carnochan	20	•	16	36
Wayne Brown	29	•	•	29
Steve Houghton	•	28	•	28
Anne Johnson	27	•	•	27
Jon Underwood	26	•	•	26
Greg Houghton	•	25	•	25
Rod Sutcliffe	•	•	25	25
Bob Howard	23	•	•	23
Jez Wilkinson	•	•	23	23
Dave Culpán	22	•	•	22
Phil Swaine	•	•	22	22
Julie Underwood	21	•	•	21
Helen Wilkinson	•	•	19	19
Steve Garner	•	•	18	18
Andy Carnochan	•	•	17	17

NEXT WINTER LEAGUE RACE - STOOP - SUNDAY 22nd DECEMBER

# CALDERDALE WAY RELAY ..... 2002

1	<b>Bingley A</b>	1.12.06 ( 8)	2.05.41 ( 1)	2.43.25 ( 2)	3.46.22 ( 1)	4.37.38 ( 1)	5.45.40 ( 1)
	Leg Time	1.12.06 ( 8)	0.53.35 ( 1)	0.37.44 ( 2)	1.02.57 ( 1)	0.51.16 ( 1)	1.08.02 ( 1)
		J Cordingley	A Peace	J Feeney	I Holmes	S Gould	J Convery
		A Wood	R Jebb	C Moses	C Cariss	R Lawrence	S MacDonald
2	<b>Pud &amp; Bram A</b>	1.07.36 ( 2)	2.06.06 ( 3)	2.44.05 ( 3)	3.53.17 ( 2)	4.46.47 ( 2)	5.59.44 ( 2)
	Leg Time	1.07.36 ( 2)	0.58.30 ( 2)	0.37.59 ( 4)	1.09.12 ( 3)	0.53.30 ( 4)	1.12.57 ( 5)
		G Devine	D Hope	S Green	R Hope	S Bottomley	P Briscoe
		J Noon	G Oldfield	P McTigue	P Sheard	S Macina	J Hemsley
3	<b>Salford A</b>	1.05.50 ( 1)	2.05.47 ( 2)	2.41.50 ( 1)	3.56.17 ( 3)	4.49.40 ( 3)	6.02.09 ( 3)
	Leg Time	1.05.50 ( 1)	0.59.57 ( 6)	0.36.03 ( 1)	1.14.27 ( 13)	0.53.23 ( 3)	1.12.29 ( 4)
		J Brown	D Mason	D Milliken	J Jackson	P Leybourne	K Chapman
		T Abyu	M Fowler	J Kovacs	A Jones	D Lockett	D Hale
14	<b>Calder Valley A</b>	1.15.34 ( 17)	2.20.46 ( 13)	3.03.22 ( 12)	4.12.41 ( 9)	5.13.17 ( 8)	6.46.38 ( 14)
	Leg Time	1.15.34 ( 17)	1.05.12 ( 17)	0.42.36 ( 17)	1.09.19 ( 4)	1.00.36 ( 13)	1.33.21 ( 56)
		A Clarke	S Houghton	A Wardman	G Webb	D Beels	J Underwood
		B Johnson	A Mayer	G Woodward	K Gray	W Brown	B Davies
50	<b>Calder Valley B</b>	1.27.40 ( 51)	2.40.15 ( 47)	3.24.59 ( 38)	4.55.46 ( 44)	6.15.58 ( 51)	7.44.03 ( 50)
	Leg Time	1.27.40 ( 51)	1.12.35 ( 39)	0.44.44 ( 23)	1.30.47 ( 61)	1.20.12 ( 72)	1.28.05 ( 43)
		P Swaine	D Wilkinson	G Houghton	M Wardle	D Culpin	A Greenwood
		L Parker	J Wilkinson	D Gildea	K Cadby	S Cavell	R Acheson
59	<b>Calder Val Mix</b>	1.32.24 ( 68)	2.52.12 ( 64)	3.46.54 ( 63)	5.12.46 ( 62)	6.23.12 ( 59)	7.56.59 ( 59)
	Leg Time	1.32.24 ( 68)	1.19.48 ( 57)	0.54.42 ( 67)	1.25.52 ( 43)	1.10.26 ( 43)	1.33.47 ( 57)
		T Bradley	T Hyde L	J Underwood L	R Sutcliffe	L Shimwell	R Allan
		L Crabtree L	H Wilkinson L	L Hayles L	A Johnson L	P Frechette	R Kellett



***As your newly appointed social secretary, thought I'd keep you up to date of possible social get togethers for the coming year.***

## **SOUP RUNS .....**

From the last committee meeting, people were keen to get the Sunday morning soup runs going again. A friendly, sociable run of a couple of hours followed by a bowl of soup. If you're able to host a run could you let me know so I can get a list drawn up. The first two dates look like being 19th January (See overleaf for details) and the 9th February.

## **CLUB WEEKENDS AWAY.....**

Another idea was to have some camping weekends around some of the classic lakeland races. My old running club Macclesfield Harriers once had an excellent camping weekend around the Wasdale fell race. An absolute classic race in one of the most stunning parts of the lakes, followed by a barbie in the evening. A great base for walking from if the race isn't everyone's cup of tea. Would people be interested in this for a possible weekend? Are there other suggestions?

A weekend or a long weekend in Ireland seems to be on the cards for April. Saturday 5th April is the Slieve Bearnagh fell race. It is one of the short counters for the British championships. There seems to be quite a lot of

interest so far. Hopefully we'll get a good turn out. Watch this space for details of ferrys and accomodation.

## **ORIENTEERING/NAVIGATION .....**

Bill has offered to put on a 3 hour score event for the club, maybe in April or May. Before that, for those who aren't confident map readers, would you be interested in a beginners navigational training morning of basic navigational skills followed by some practice on Midgley Moor?

We occasionally go to orienteering events where there are events for the beginner orienteer through to the more competent. I will get a list of local events. If anyone is interested, you can generally turn up, register and run any time between 10am and 12am. They are good fun and add another dimension to running.

## **NIGHTS OUT.....**

We've had a few curry nights out. Is this the favoured option from everyone or are there other requests?

**Last but not least, we're having a New Years Eve party, so for anyone not already booked up let us know if you can come.**

If anyone has any other suggestions for nights out, get togethers etc please let me know.

**Anne Johnson**

**ANY ARTICLES FOR NEWSLETTER PLEASE**  
**email:- thirza.dave@virgin.net or tel 01 422 343736**  
**ANY COMMENTS OF INFO FOR WEBSITE**  
**email:- carlgreenwood@hotmail.com**





## New Years Eve Party

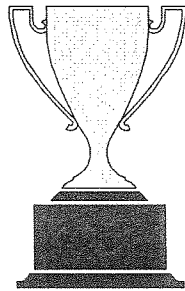
.....at our house from 8:30pm, we'll provide food and there'll be plenty of booze.

If you don't have other plans and you fancy coming to a party in the metropolis of Midgley, please let us know.

Cheers, Anne and Bill  
(tel 01422 881312)

## CLUB TROPHIES

If anyone has got a club trophy can you let me know please and any that need engraving before the club dinner on the 25th January can you please get it to me as soon as possible. Thirza



## CLUB HANDICAP

from Stubbs Field –  
1.00pm on  
January 25th – 2003  
Meet in car park at MCC  
Last counter for the  
Winter League



## SOUP RUN

from Paul Frechettes on Sunday  
19th January at 10.00am.

A hour and half to  
two hour run and than back for a  
brew and soup and knowing Paul a  
fair bit of laughing .....

Paul's address is  
**Broadwood Cottage, Cragg Vale.**  
If you need anymore info please contact  
Anne Johnson (Social Secretary) or Paul.

## CLUB SUBS

At the AGM we decided to leave our club subs at £7.00 which are due as from 1st January 2003. Can you please forward them to Dave Hyde with cheques made payable to CVFR. If you joined the club after July we now have a sliding scale. If you paid in July it's £6.00 renewal for this coming year, August is £5.00, September it's £4.00, October £3.00 and November £2.00. **This only applies to new members - the rest of you owe £7.00 please.** We are trying to keep the subs low to benefit all members and this can only happen if our own club races are successful and make a profit. We are asking you to please support the races either by marshalling if needed or otherwise racing. If anyone has decided **NOT** to renew their subs can you please let us know and it saves us hounding.

SO CAN YOU PLEASE GET YOUR SUBS TO US AS SOON AS POSSIBLE INTO THE NEW YEAR. Ta Dave

## BOULSWORTH HILL

Saturday January 11th 2003  
at 12.30pm

(PLEASE CHECK THE TIME IN THE FRA  
CALENDAR OR RING DUNCAN TO  
CONFIRM PLEASE)

AS THIS IS A CLUB RACE CAN YOU  
PLEASE OFFER DUNCAN SOME HELP  
WITH MARSHALLING

Duncan - Tel: 01282 613559  
weekends only (works shifts)

Name	SHORT RACES					MEDIUM RACES					LONG RACES							GRAND TOTAL								
	Ilkley Moor	Saddleworth	White Wells	Bucken Pike	Burnsall	Dale Head	Thieveley Pike	SHORT TOTAL	Neon Stone	Half tour of Pendle	Black Combe	Coniston	Ingleborough	Ben Nevis	Lordsstones/Wainstone	MEDIUM TOTAL	Gisborough		Duddon	Dockray Helvellyn	Holme Moss	Sedbergh	Peris Horse Shoe	Pentand Skylline	LONG TOTAL	
1 Karl Gray			30			30	30	30		30		30	30	30	120		29						30	30	89	299
2 Bill Johnson		27			30	29	26	112	27			27		29	83	30			30		x25		29	30	89	284
3 Rod Sutcliffe	27	26	27				80	x26	26	29	29				84	28	28		29		x27			28	113	277
4 Mike Wardle	28	25	29				82	25	27	28	28				108	29	27								85	275
5 Allan Greenwood	24		28	29	27		108	19				27	28		74		24		26			24	28	78	260	
6 Thirza Hyde	x18	x23	26	26	24	x22	76					24	24	26	24	24	24							27	75	249
7 Jeff Winder		29					58	29	30		30				89		30				30			29	89	236
8 Linda Crabtree	19				27	26	23	95							53						27	23			50	198
9 Phil Swaine	23					25	48	20					25	22	67						22	22	27		49	164
10 Dave Beels							56	28							28										59	143
11 Carl Greenwood	30					28	30	x24	27			28	29	26	110										0	140
12 Greg Houghton							29								25	25	27	x25	28						83	137
13 Jon Underwood							25	55	23						23				28						54	132
14 Gerry Symes	22				28		50		24		26		29		50	26									26	126
15 Anthony Mayer							0	28	29						86		26								26	112
16 Anne Johnson							28	24							0										0	76
17 Jez Wilkinson	20						20				25				25	25									25	70
18 Richard Allen	29						29							27	27										0	56
19 Tony Bradley							0					25	24		49										0	49
20 Paul Frechette							0		25						25	25		23							23	48
21 Simon Yearsley	21						21		26						26										0	47
22 Dave Culpán							21	43							0										0	43
23 Helen Wilkinson	17						17								0	23									23	40
24 Adam Baker							0	18	22						40										0	40
25 Andy Clarke							30								0										0	30
26 Wayne Brown							0						30		30										0	30
27 Paul Wilson							28								0										0	28
28 Steve Houghton							0						28		28										0	28
29 Keith Cadby							27	27							0										0	27
30 Andy Wardman	26						26								0										0	26
31 Denis Glidea	25						25								0										0	25
32 Steve Cavell							25								0										0	25
33 Chris Robinson							0	23							23										0	23
34 Eddie Proctor							0						23		23										0	23
35 John Riley							0								23										0	23
36 Lance Parker							0								23										0	23
37 Robert Acheson							0	22							22										0	22
38 John Murray							0	21							21										0	21
39 Steve Coey							21								0										0	21

Name	SHORT RACES						MEDIUM RACES						LONG RACES						LONG TOTAL	GRAND TOTAL					
	Ilkley Moor	Saddleworth	White Wells	Buckden Pike	Burnsall	Dale Head	Thieveley Pike	SHORT TOTAL	Noon Stone	Half tour of Pendle	Black Combe	Coniston	Ingleborough	Ben Nevis	Lordstones/Wainstones	MEDIUM TOTAL	Gisborough	Duddon			Dockray Helvellyn	Holme Moss	Sedbergh	Peris Horse Shoe	Pentand Skylline
0 Rod Sutcliffe	19	18	19					56	19x17	20	19	19			58	19	19		19x17				19	76	190
1 Mike Wardle	20	17	20					57	18	18	19	18			73	20	18	20						58	188
2 Allan Greenwood	17			19	20	20		76	16				20	19	55				17	16	20			53	184
3 Thirza Hyde	x14	x16	18		17	18	17	70			x16	17	18	18	53	16	16					18		50	173
4 Jeff Winder		20					20	40	20	20	20				60	20	20			20		20		60	160
5 Linda Crabtree	15				18	19	18	70				19	17		36			18	15		18			33	139
6 Greg Houghton				20				20						19	19	17	17	19		20	19			71	110
7 Dave Beels		19					19	38	19	15	17				19									39	96
8 Gerry Symes	16				19			35	15	15		18	16		32	18								18	85
9 Tony Bradley								0							34									0	34
10 Paul Frechette								0	16	16					16		15							15	31
11 Wayne Brown								0					20		20									0	20
12 Steve Houghton								0							20									0	20
13 Andy Wardman	18							18							0									0	18
14 Steve Cavell			17					17							0									0	17
15 John Murray								0	17						17									0	17
16 Eddie Proctor								0				16			16									0	16
17 Dave Culpian			15					15							0									0	15
18 John Riley								0					15		15									0	15
19 Chris Robinson								0							14									0	14
20 Steve Coey			14					14							0									0	14

Name	SHORT RACES				MEDIUM RACES				LONG RACES								GRAND TOTAL									
	Ilkley Moor	Saddleworth	White Wells	Buckden Pike	Burnall	Dale Head	Thieveley Pike	SHORT TOTAL	Noon Stone	Half tour of Pendle	Black Combe	Coniston	Ingleborough	Ben Nevis	Lordstones/Wainstones	MEDIUM TOTAL		Gisborough	Duddon	Dockray Helvellyn	Holme Moss	Sedbergh	Peris Horse Shoe	Pentland Skylline	LONG TOTAL	
Thirza Hyde	x9	9	10		9 x8	x8	28				10	9	9	10	10	38	10	10						10	30	96
Linda Crabtree	10				10	9	38					10	10	10		20				10	10				20	78
Anne Johnson		10				10	30									0									0	30
Helen Wilkinson	8						8									0	9								9	17
Julie Underwood						7	7									0									0	7



## **Club Run's – January to March 2003**

### **January.....**

January 7<sup>th</sup> Cragg Rd, Turkey Lodge, Steep Lane, Scout Rd, M.C.C.

January 14<sup>th</sup>; Scout Rd, Sowerby Bridge, Timmey Lane, Water Lane, Great Edge, Luddenden, Midgley, M.C.C.

January 21<sup>st</sup> Hebden Bridge, Buttress, Slack, Heptonstall, Hebden Bridge, Mount Skip, Midgley, M.C.C.

January 28<sup>th</sup>; Away run from Causeway Foot Inn, Ogden.  
Meet 6.45pm for 7.00pm run.

### **February.....**

February 4<sup>th</sup>; Midgley Rd, Jowler, Stocks Lane, Luddenden Foot, Scout Rd, M.C.C.

February 11<sup>th</sup>; Luddenden Foot, Warley, Peter Lane, Norton Tower, Webster's Brewery, Gibb Lane, Jowler, Midgley, M.C.C.

February 18<sup>th</sup>; Hebden Bridge, Pecket Well, Old Town, Sandy Gate, Mount Skip, Midgley, M.C.C.

February 25<sup>th</sup>; Away run from The Moorings, Sowerby Bridge 6.45pm for 7.00pm run.

### **March....**

March 4<sup>th</sup>; Bring your torches and walshies for the Annual Stoodley Pike by night run. Meet 7.00pm prompt to try and beat the light!

March 11<sup>th</sup>; Scout Rd., Steep Lane, Hill Rep Session,  
Return same route.

March 18<sup>th</sup>; Hebden Bridge, Mytholm Steeps, Colden, Hebden Bridge, M.C.C.

March 25<sup>th</sup>; Away run from North Bridge – should be the last road run , so lets have a good turnout and follow it with a trip out to the Three Penguins for light refreshments only. ( joke )