

SHEEP SHEET

**WHAT'S IN
THIS ISSUE**

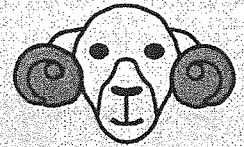
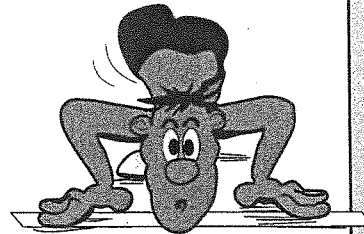
CLUB DINNER AND (NO) PRESENTATION EVENING

next year will be on Saturday 26th January 2002

BUT WHAT DO YOU WANT TO DO...

DO YOU WANT FORMAL OR INFORMAL

**Pie and Peas and good ale at the 3 Pigeons or
sit down meal and Disco. Ring Tony Bradley or email
me and let us know what you want to do ASAP**



* **RACE RESULTS**

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* **AN ODE TO ROD**

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ANNUAL GENERAL MEETING

TUESDAY 20th NOVEMBER AT 8.00pm

— SHOULDER OF MUTTON —

ANY TAKERS FOR ORGANISING THE TROG ...

not bloody likely - I can hear it now. Unfortunately Rod is going to be on holiday when he should have been organising the TROG but he's been inconsiderate and is going off to New Zealand instead. Anyway we need some willing, organised?? person to take on the responsibility of doing it. There is a comprehensive instruction folder to help and Sue Palmer, Dave and myself would be on hand to keep you right. It's about time some other club members got involved. It's an excellent race for the club and this year we are running a Half Trog as well which Allan Greenwood has kindly said he would sort out SO COME HAVE A GO. Answers by 20th October please.



* **DETAILS ABOUT**

**HIGH BROWN
KNOLL & THE
FINAL GALE
FELL RACE**

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* **RACES FROM
FRA WEBSITE &**

**CALDERDALE
WAY UPDATE**

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to send any results or any articles for the newsletter you can

email me on - thirza.dave@virgin.net

any type of file will do - I can translate most things

AND if you want it publishing on the web site email Carl on

carlgreenwood@hotmail.com

**October
2001**

RESULTS ... Results ... Results ... Results ... Results ...

RUFF GUIDE TO BORROWDALE

This was a real fell race at last - but where was everybody? I found Allan Greenwood, and eventually Jon Underwood, and also John Crummett in a Todmorden vest, but that was it. The weather was warm, but changeable and 192 of us set off over the bridge and down the path towards Bessy Boot. On the steep climb up through the woods we were faced with the usual Mexican wave of shouts as a boulder bounced down through the field. The climb felt fine, but when I got to the top I found I'd left my legs somewhere down below. At least I was ahead of Wendy Dodds as I set off on the long trek to Scafell Pike. Here we were greeted by a hailstorm just to remind us about English summers. Going down the scree off the Pike I discovered that my legs had now been replaced by sticks of jelly. Got to the bottom and thought I was doing well until I realised I'd forgotten about Great Gable! The trek up this B***** now consists of 1000 steps, which I suppose is a bit easier than random stones.

Great Gable conquered (and all alone) I set off confidently (why?) in the mist past two cairns to a rather daunting descent down through crags. I couldn't ignore the overwhelming sense of cockupness, so I came back up and bumped into two other lost souls. We found some more cairns and jellied down out of the mist to Green Gable. Finding Honister I walked ALL THE WAY up Dale Head (this was a record and on the way up I ate my words of earlier in the day when I suggested it was runnable). Two further descents proved that I'm all foot and mouth and no legs at the moment. Final verdict: it was an enjoyable day out and good to be back in the Lakes.

Rod Sutcliffe

1.	Simon Booth	Borrowdale	2.47.13
53.	Hilde Krynen	Keswick	3.56.03
66.	Rod Sutcliffe	CVFR	4.01.43
85.	Allan Greenwood	CVFR	4.15.02
102.	Jon Underwood	CVFR	4.23.05

192 starters.

STAINLAND 7

1	John Taylor	BINGLEY	38.59
2	Mick Hawkins	BINGLEY	40.28
17	Wayne Brown	CVFR	45.47

FIRST RACE OF THE YEAR . FIRST ROAD RACE FOR ABOUT TEN YEAR! A GOOD HILLY COURSE.

Wayne

LADS LEAP - July 1st - 6 mls /1700'

1	Gary Devine	P & B	49.18
2	Andy Clarke	CVFR	49.31
16	Wayne Brown	CVFR	52.47
47	Jon Underwood	CVFR	64.29

LACK OF RECENT RACING AND ROUTE FINDING HOWEVER OBVIOUS LED TO THE LEAD GROUP GOING ASTRAY. ANDY CLARKE JUST FAILED TO HOLD OFF A DETERMINED GARY DEVINE. WAYNE AND JON SCORING WELL TO SECURE 3RD TEAM

Wayne

MOEL SIABOD - July 21st

6.2mls/2200'

1	Tim Davies	MERCIA	50.21
2	Mark Roberts	BORROWDALE	50.34
17	Wayne Brown	CVFR	58.30

LOUSY WEATHER. A PRE RACE MASSAGE - IT'S A TOUGH RACE - I GOT A NICE BOTTLE OF WINE FOR 3RD O/40 AND A 300 MILE ROUND TRIP. ESSENTIAL WARM UP FOR SNOWDON IN TWO WEEKS TIME. Wayne

SNOWDON - July 28th - 10mls/3250'

1	MARCO DEGASPERI	ITALIA	1.05.51
2	E.MANZI		1.08.42
25	IZABELLA ZATORSKA	POLAND	1.19.04
		(1ST LADY)	
53	WAYNE BROWN	CVFR	1.25.36

A SCORCHER 27 DEGREES AT BASE LEVEL 20 DEGREES AT THE SUMMIT. A REAL ITALIAN JOB. Wayne

BEN NEVIS - September 1st

10mls/4400'

1	Dave Rodgers	Lochaber	1.29.24
2	Ian Holmes	Bingley	1.29.43
3	Rob Jebb	Bingley	1.31.39
47	Andy Clarke	CVFR	1.53.04
57	Tracey Ambler	Ilkley Harriers	1.54.36
148	Allan Greenwood	CVFR	2.11.39
200	Phil Swaine	CVFR	2.22.26
204	Stewart Gardner	CVFR	2.22.54
232	Pete White	CVFR	2.26.47
236	Linda Crabtree	H'fx Har	2.27.47
274	Tony Bradley	CVFR	2.34.27
279	Thirza Hyde	CVFR	2.35.48
291	Allan Jones	CVFR	2.37.08
353	Charlotte Roberts	CVFR	3.01.40

(383 ran)

What a race especially on the lack of training for our climbing legs. Everyone did really well with Andy getting a PB and Phil Swaine getting even with me for last year. We had a superb weekend even although the weather was rough but my legs didn't like moving much on Monday or Tuesday or!!! Thirza

SHELF MOOR - September 2nd

6mls/1500'

1	MIKE BOULTRIDGE	????	42.20
2	JOHN TAYLOR	Bingley	42.21
10	WAYNE BROWN		

CVFR 49.11

A FAVOURITE RACE OF MINE WITH THE TWO ENGLAND WORLD CUP COMPETITORS GOING ALONE. I WAS THIRD OVER 40.

Wayne



RESULTS ... Results ...



Mount Skip Fell Race - 8 September 4.5mils/1000'

1	Steve Oldfield	Brad. Airedale .. V40 ...	30.10	
2	Shaun Livesey	Clayton	30.30	
3	Gary Devine	Pudsey + Bramley	30.38	
11	Andy Clarke	CVFR	32.36	
13	Wayne Brown	CVFR	V40 ...	33.06
29	Helen Johnson	Bingley	L	36.20
43	Graeme Woodward	CVFR	V40 ...	38.25
47	Tony Bradley	CVFR	V40 ...	39.04
57	Linda Crabtree	Hfx Har	LV40	41.08

(76 Ran) 1 retirement due to injury

A nice sunny day and a good field of 76 runners for this short but tough race from the Mytholmroyd Gala Field. Bradford Airedale's Steve Oldfield was the first runner to the summit at Sheepstones Trig point and handled the tricky descent to win with a 20 second advantage. Apologises for the delay in prize giving. We had a 4.15 p.m slot on the stage but the dancers did not seem to want to get off, perhaps next year we could have prize giving from the registration tent. Thanks to Linda and Thirza at registration, Allan Greenwood for flagging and prize giving and all the marshalls and helpers for making my job easier.

Steven Cavell

Guisborough Gallump (funny name I Know) - 24th July

1	M Donnelly	Northumberland FR	49:56
13	Jeff Winder	CVFR	55:29
		(1st V50)	
26	A Haywood	Thirsk	62:56
		(1st Female)	
36	Geoff Bell	CVFR	66:16
		(62 Ran)	

Guisborough Gasp - 14th August

1	C Stead	Saltwell	38:28
4	Jeff Winder	CVFR	40:40
		(1st V50)	
21	K Neeson	New Marske	48:56
		(1st Female)	
28	Geoff Bell	CVFR	51:16
		(47 ran)	

Guisborough Grunt - 3rd September

1	C Stead	Saltwell	38:27
9	Jeff Winder	CVFR	43:37
		(1st V50)	
20	S Jackson	Middlesborough	49:45
		(1st Female)	
25	Geoff Bell	CVFR	51:26

All races were from Guisborough Rugby Club & were all on slightly differing courses of unknown length & climb - they were all totally in the woods as the moors are still closed but they all felt hard to me!
Geoff

IT'S NICE TO SEE THAT THE SCARBOROUGH
CONTINGENT ARE DOING MORE THAN PADDLING IN THE
SEA. WELL DONE LADS

The Merrick Hill Race Saturday 22nd September 10 ms/3500'

1.	Phil Davies	Borrowdale	1:20.58
		(New Record)	
5.	Dave Hyde (V40)	CVFR	1:33.34
20.	Thirza Hyde (L)	CVFR	2:11.24
		25 Ran	

In such a small field I was very apprehensive. I felt for sure I would be last but, I held my own leaving 5 men in my wake! Dave was first Vet 40 having an excellent run. I took 1st Lady (as I was the only one). The weather was very kind, almost perfect running conditions as it was cloudy but very comfortable temperature. It would be very interesting in bad visibility. Well worth a trip up if it is a British Champs next year. Thirza

CROSS COUNTRY EVENT
Wednesday 17th October
2pm - 5 miles - Hilly course
Changing facilities available at
Horsfall Playing Fields -
Course is around Judy Woods
Ring Richard Kellett on 01274 889089 for details

HIGH BROWN KNOLL FELL RACE

Sunday 14th October

6.5mils/1050'

11.00am from the Dusty Miller,
Mytholmroyd

Plenty of grub and prizes afterwards

35th GALE FELL RACE - THE FINAL ONE

Sunday 28th October

4.5mils/800'

11.30am from the Former Gale Inn on
A6033 Tod Road, Littleborough



Earlier this year Rod hit another mile stone - abit different from the usual miles that he counts - He celebrated his 50th

Birthday and to mark the occasion Allan Greenwood wrote him a little poem and its just Rod read on

An Ode to Doctor Rod (a poem and a toast)

NOW SOME OF US KNOW HIM AS DOCTOR
AND OTHERS MAY THINK THAT HE'S GOD
BUT SOME OF US RUN ON THE FELL'S WITH HIM
AND OUR HERO LET'S US CALL HIM - ROD

WELL, WE RUN FROM THE ROYD ON A TUESDAY
THROUGH THE WIND AND THE HAIL WITH OUR MATE
BUT BEFORE OFF WE SET
WE STAND ROUND GETTING WET
'COS WE KNOW THAT HE'S BOUND TO BE LATE !

ONE EVENING WHILE WAITING FOR RODDERS,
WHEN THROUGH THE TRAFFIC HE WASN'T TOO THRIFTY
SOMEONE SAID I'LL BET THERE'LL BE A NEW SUPERVET
THAT OLD BUGGER ROD'S COMING UP 50 !

JUST THEN,
THE STILL SILENT EVENING WAS SHATTERED
AS ROD INTO THE CAR PARK DID TRAVEL
AND PARK UP HE DID
WITH A SWERVE AND A SKID
HIS WHEELS SPINNING ROUND CHUCKING GRAVEL

THEN OUT OF HIS VEHICLE CAME LEAPING
WITH HIS SHOE LACES ALL IN A TANGLE
THEN A ONE LEGGED DANCE
WITH ONE LEG IN HIS PANTS
AND A HEAD BEING FORCED THROUGH AN ARMHOLE

AFTER RUNNING WE WENT TO THE SHOULDER
ROD SITTING ALONE LOOKING WIREY
SO WE SECRETLY PLANNED WHAT TO GET BIRTHDAY BOY
AS HE MESSED WITH THAT DAMN PALM TOP DIARY

WE WERE HOPING TO BUY HIM A TIMEPIECE OF GOLD
AS WE CASHED UP THE COLLECTION PLATES
BUT INSTEAD ALAS
WE WERE STUCK WITH A GLASS
I'M AFRAID HE AINT GOT ENOUGH MATES...

BUT DOUBTLESS HE'LL RAISE IT AND THINK OF US
EACH TIME IT IS FILLED UP WITH BEER
AND BEFORE I FORGET
WE AINT FINISHED YET
'COS WE ALSO GOT THESE FOR MARIA (flowers)

WELL, AT LAST MY VERSE IT IS ENDING
AND SOME OF YOU MIGHT SAY 'THANK GOD'
BUT, INSTEAD I THINK
WE SHOULD ALL RAISE OUR DRINK - AS WE SAY,
"HAPPY 50th ROD !"

WHAT RACES ARE STILL ON

this is from the FRA website

SAT.NOV 3. "FELLDANCER" SHEPHERDS SKYLINE FELL RACE." BM. 2.00 p.m. 6m/1150' from the Shepherds Rest Inn, Lumbutts Road, Todmorden, (GR 945232). £2.50 on day only. Teams (men-4, ladies-3) free. PM/NS. Over 16. Records: 39.10 I.Holmes 1992; f. 44.36 S.Rowell 1992. Final race in the South Pennines Grand Prix. Race results will be on the website. Details: Keith Parkinson, 25 Brookfield Terrace, Todmorden, Lancashire, OL14 8LB. Tel: 01706 816323. Email: keith@todharriers.co.uk Website: todharriers.co.uk

SUN DEC 16 "THE STOOP" BS 11.30am. 5 miles 800' from Penistone Hill country park near Haworth Keighley West Yorks gr 025364. £2.50 on the day only. All finishers receive a cadbury's chocolate chunk free and biscuits, all prizes christmas related. Also junior races u9/u12/u14; 10.30 am 1mile £1 Goody bag to all Junior finishers. N.B. This race is the Intermediate, Under 18, Under 16 and Under 14 Boy's and Girl's Yorkshire Fell Race Championship event details Eileen Woodhead, 166 Hainworth Rd, Keighley, West Yorkshire BD21 5DF tel 01535 669100

MON DEC 31 "THE BRISCOE'S BREWERY 8TH AULD LANG SYNE RACE" BM 11:30am. 6m 900' From Penistone Hill country park near Haworth, Keighley, West Yorks. gr 025364. £3.00 on the day only. All finishers receive a bottle of acclaimed Briscoe's Brewery Auld Lang Syne beer. Details Dave Woodhead 166 Hainworth Rd, Keighley West Yorkshire BD 21 5DF tel 01535 669100

I will try and print out regular updates of races that are on but to tell you the truth there's not much happening - it just seems to be that we still have alot of races on our own doorstep that haven't been cancelled - lucky us.



CALDERDALE WAY RELAY

Sunday 9th December
IT'S ON

Ring Tony on 01422 360999
if you want to run.