

SHEEP SHEET

STOP PRESS ! NEW SHEET ED. VOLUNTEERS !!!

News just recieved indicates that a new editor has been found by Thirza-cowering in the gents toilets at the Shoulder of Mutton. Apparently the victim went to get another round in and in their state of shock his "mates" proposed & seconded him in his absence. The said victim tried in vain to negotiate with the outgoing editor who offered a stream of obscenities which would have made an Irish navy blush. At this point the victim's life flashed before him & he realised he might just as well give in now as "this Lady was not for budging on this issue "

Anyway, as I said at the A.G.M., I will never let the truth get in the way of a good story, so make your contributions often. Thirza has indicated that she would quite like to continue the twisting arms up the back scenario (along with pulling the legs off spiders & other delightful pastimes),as this was the main bit of enjoyment she got from being " THE EDITOR"

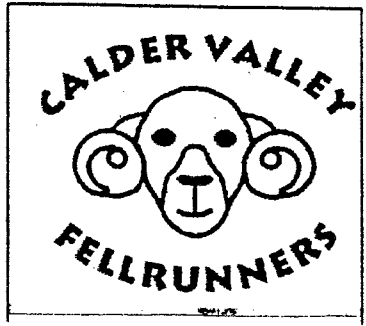
A VERY BIG THANKS TO THIRZA FOR HER EXCELLENT WORK !

Sorry Thirza this picture was supposed to be you crossing the finishline, but the cheap graphics on this package only had a picture of Mick Banks !!!!!



Inside this Issue;

- RACE RESULTS**
- MEMBER FORM**
- CLUB DINNER**
- COMMITTEE**
- ROGUES GALLERY**



BRADFORD LADS CHRISTMAS DRINK

SORRY THAT THIS GOT IN BEFORE THE COMMITTEE LIST
BUT WE HAVE TO GET OUR PRIORITIES RIGHT !

I JUST HOPE I GET THE SHEEPSHEET OUT IN TIME FOR
PEOPLE TO SEE THIS !

DATE ; - FRIDAY 11 TH OF DECEMBER.

VENUE ; - STARTING AT THE HARE & HOUNDS
BETWEEN 7.30 - 8.30 PM & THEN AROUND THE
HIPPERHOLME AREA.

C.V.F.R. COMMITTEE 1998 // 99

| | | |
|----------------------|-------------------|----------------|
| Chairperson; - | CHARLOTTE ROBERTS | 01535 - 647082 |
| Treasurer; - | JEZ WILKINSON | 01943 - 876190 |
| Secretary; - | SUE PALMER | 01535 - 646742 |
| Member. Sec; - | RICHARD KELLETT | 01422 - 202923 |
| Club Captain; - | ROD SUTCLIFFE | 01422 - 882082 |
| Statistician; - | GRAHAM WOODWARD | 01422 - 885185 |
| Publicity; - | KEVIN BARKER | 01422 - 375068 |
| Equipment Officer; - | DAVE GILYEAT | 01422 - 885826 |
| Sheepsheet; - | SIMON TOWLER | 01274 - 501957 |

Co-opted; - BRIAN HORSLEY, STEVE CAVELL & CHRIS
>>>>>> ROBINSON

RESULTS



SHEPHERDS SKYLINE.

| POSITION | NAME | CLUB | TIME |
|----------|-------------------|----------|-------|
| 1 | MARK HORROCKS | CLAYTON | 40.35 |
| 34 | CAROL GREENWOOD | BINGLEY | 48.06 |
| 19 | ANDY CLARKE | C.V.F.R. | 46.13 |
| 57 | CARL GREENWOOD | C.V.F.R. | 50.45 |
| 60 | DAVE POWELL | C.V.F.R. | 51.07 |
| 64 | ROD SUTCLIFFE | C.V.F.R. | 51.21 |
| 78 | RICHARD KELLETT | C.V.F.R. | 52.54 |
| 82 | BRIAN HORSLEY | C.V.F.R. | 53.08 |
| 134 | RICHARD HENDERSON | C.V.F.R. | 57.54 |
| 143 | FRANK MALLINSON | C.V.F.R. | 58.42 |
| 155 | ADAM BAKER | C.V.F.R. | 59.5 |
| 159 | STEVE HOYLE | C.V.F.R. | 59.54 |
| 181 | KEVIN BARKER | C.V.F.R. | 64.16 |

CAT. B. MEDIUM. 6 MILES / 1150 FT.

RIVOCK EDGE.

| POSITION | NAME | CLUB | TIME |
|----------|-----------------|----------|--------|
| 1 | MARK HORROCKS | CLAYTON | 65.13 |
| 52 | HELEN JOHNSON | ILKLEY | 80.1 |
| 44 | CARL GREENWOOD | C.V.F.R. | 79.3 |
| 49 | CHRIS ROBINSON | C.V.F.R. | 80 |
| 50 | BRIAN HORSLEY | C.V.F.R. | 80.07 |
| 59 | ROD SUTCLIFFE | C.V.F.R. | 81.21 |
| 88 | FRANK MALLINSON | C.V.F.R. | 86.05 |
| 99 | IAN LAW | C.V.F.R. | 88.14 |
| 102 | STEWART GARDNER | C.V.F.R. | 89.03 |
| 109 | TONY BRADLEY | C.V.F.R. | 90.17 |
| 140 | EDDIE PROCTER | C.V.F.R. | 102.56 |

10 MILES. 153 RUNNERS TOOK PART.

WEATHER;-

SUNNY, DRY BUT VERY COLD OUT OF THE SUN.

HALIFAX HARRIERS ATHLETIC CLUB

SUNDAY 13TH DECEMBER 1998.

START TIME 08.00 PROMPT

RACE INSTRUCTIONS

50 miles around Calderdale climbing 5,000 feet from Old Rishworthians Rugby Union Club, Copley, near Halifax. **Please note that the start and finish point has been changed this year.** Details of the start and finish arrangements will be sent with your race entry acceptance information. The race comprises 6 stages each with changeover points at road crossings, each stage must be run by two men / women runners in pairs who must stay together at all times. Teams have to provide their own transport and support vehicles.

The route is not flagged or marshalled and teams are expected to know the route prior to race day. It is advisable that teams obtain the 'Calderdale Way' booklet. Check with the Tourist Information Centres, in Halifax, (01422 368725) or Hebden Bridge (01422 843831) for the latest prices and availability. Maps required OS 1:25000 SE12 Brighouse, SE02 Halifax and Outdoor Leisure series 21 'South Pennines' or 1:50000 sheets 103 & 104.

IMPORTANT POINTS TO NOTE.

- a) Running numbers will be issued at the start of each leg on the day. Please register in good time to avoid congestion at registration.
- b) All teams must register at each staging point along the route. Each pair of runners will be issued with a numbered plastic tally along with their race numbers. **PLEASE ENSURE THAT THE TALLY IS HANDED TO THE RACE MARSHAL AT THE END OF EACH LEG. FAILURE TO DO THIS WILL RESULT IN DISQUALIFICATION.**
- c) Full body cover is mandatory and random checks will be made at the start and finish of each leg. All runners must carry cagoule, over-trousers, hat, gloves, relevant maps, compass and whistle. If any runner is found not to be in possession of ALL the above items, their entire team will be disqualified.
- d) Changeover points and registration times will be as follows:-

| | | |
|-------------------------------|----------------|----------|
| Old Rishworthians RUFC | 07.00 to 07.45 | GR085224 |
| Cragg Vale (Hinchcliffe Arms) | 08.00 to 09.00 | GR999233 |
| Todmorden (Centre Vale Park) | 09.00 to 10.30 | GR929250 |
| Blackshaw Head | 10.00 to 11.30 | GR957275 |
| Wainstalls Road | 11.00 to 12.30 | GR039287 |
| Shelf (Bridle Stile Road) | 12.00 to 13.30 | GR122283 |
| Old Rishworthians RUFC | finish | GR085224 |
- e) Runners on Leg 2 must visit Stoodley Pike via Withens Gate and return to the Calderdale Way at Mankinholes. They will be given an additional tally to be handed to the marshal at Withens Gate.

IT IS THE RESPONSIBILITY OF TEAM MANAGERS / CAPTAINS TO ENSURE THAT THE INFORMATION PROVIDED IS RECEIVED BY ALL TEAM MEMBERS. AND THAT THE TEAM DECLARATION FORM, WHICH WILL BE SENT WITH YOUR ENTRY ACCEPTANCE, GIVING FULL DETAILS OF THE TEAM MEMBERS' NAMES ADDRESSES AND TELEPHONE NUMBERS IS HANDED IN AT REGISTRATION. THIS IS REQUIRED AT THE REQUEST OF THE POLICE.

Entry form attached.

Entries £38.00 per team (includes meals and commemorative coasters) to:-

John Keighley, 2 Woodlands View, Boothtown, Halifax., HX3 6HL .

Telephone 01422 345968



COLEY CANTER

(7m/1000 of woodland paths & tracks)

**MONDAY 28 DECEMBER
1998**

11.00 AM.

(£2.00 on the day)

**Registration & changing:
Start & Finish:**

**Shelf Hall Park
Bradford Road
Shelf
Halifax
(GR 122283)**

Presentation:

**Windmill Inn
17 Stanage Lane
Shelf
(GR123293)**

Details:

**ALLAN JONES (01274 679894)
BRIAN HORSLEY (01274 600651)**

ROGUES GALLERY

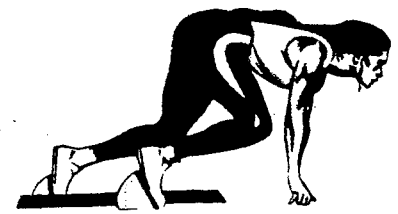


JUST FOR FUN

HOW MANY CURRENT OR FORMER MEMBERS OF CALDER VALLEY CAN YOU SPOT IN THIS OLD PHOTO OF
" THE BEAST "

I CAN MANAGE 7. (EDITOR)

SHORTS RUMOUR CONTROL



RUMOUR HAS IT THAT CHRIS GOODRIDGE IS FEELING THE PACE A BIT AT RACES, SO HE HAS DECIDED TO TAKE A YEAR OFF TO DO SOMETHING LESS STRESSFULL, LIKE;- THE BOB GRAHAM ROUND !!! YES IT'S TRUE & HE HADN'T EVEN BEEN DRINKING !!



RUMOUR HAS IT THAT CHRIS ROBO GOT A SLIGHT HAMSTRING STRAIN ON TUESDAY LAST AT TRAINING & HAD TO WALK / LIMP BACK TO MYTHOLMROYD ON HIS OWN ! NEVER BEING ONE TO MISS AN OPORTUNITY FOR AWHEEZE AS WE PASSED HIM ON SCOUT ROAD, BRIAN PEELED OFF THE BACK & HID BEHIND SOME BUSHES. BY THE TIME WE HEARD THE SCREAMS WE WERE 200M AWAY. IT SEEMS THAT CHRIS'S HAMSTRING CLEARED UP IN AN INSTANT, BUT BRIAN HAD TO ADMINISTER CARDIAC MASSAGE & MOUTH TO MOUTH RESUSCITATION AT THE SCENE !

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**THANKYOU TO EVERYONE WHO CONTRIBUTED TO
THIS ISSUE OF THE SHEEPSHEET BEING PUBLISHED**
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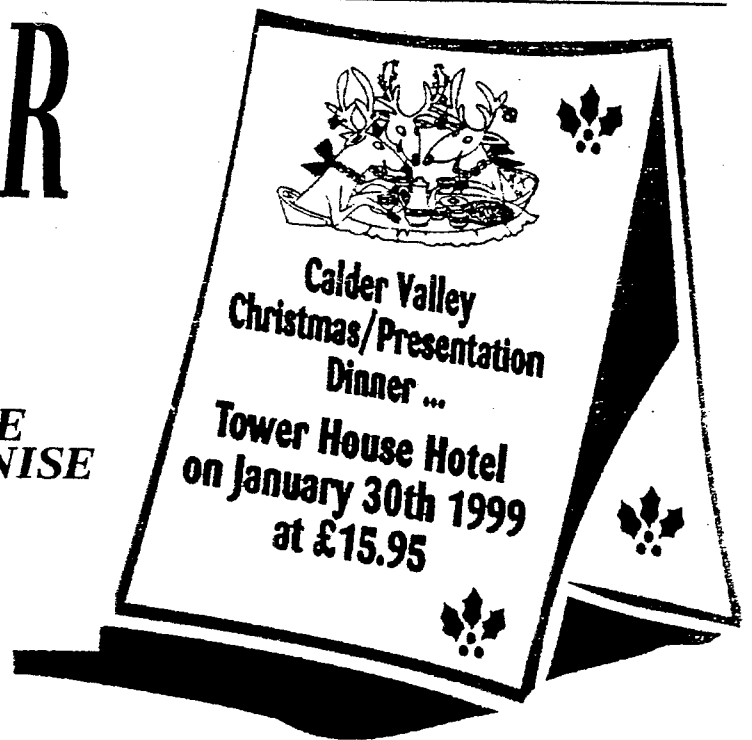
THE VIEWS & OPINIONS EXPRESSED IN THIS PUBLICATION ARE SOLELY THOSE OF THE CONTRIBUTOR OR EDITOR & DO NOT NECESSARILY REFLECT THOSE OF CALDER VALLEY FELL RUNNERS.

MERRY CHRISTMAS
AND A HAPPY NEW YEAR



CLUB DINNER

PLEASE RING CHARLOTTE
ON 01535 - 647082 TO ORGANISE
YOUR MEAL



SPOTLIGHT

NAME

AGE

FAMILY

CLUB MEMBER

MY BACKGROUND

MY HERO

MY SCHOOL YEARS

PREVIOUS CLUBS

MY TIME AT C.V.F.R.

MY FUTURE

PASSPORT

PHOTO

CALDER VALLEY FELLRUNNERS

MEMBERSHIP APPLICATION FORM.

NAME

ADDRESS

PHONE

AGE

MALE / FEMALE

ANY OTHER INFO ? eg. diabetic.

