# STOP PRESS! NEW SHEET ED. VOLUNTEERS!!!

News just recieved indicates that a new editor has been found by Thirzacowering in the gents toilets at the Shoulder of Mutton. Apparently the victim went to get another round in and in their state of shock his "mates" proposed & seconded him in his absence. The said victim tried in vain to negotiate with the outgoing editor who offered a stream of obsenities which would have made an Irish navvy blush. At this point the victim's life flashed before him & he realised he might just as well give in now as " this Lady was not for budging on this Anyway, as I said at the A.G.M., I will never let the truth get in the way of a good story, so make your contributions often. Thirza has indicated that she would quite like to continue the twisting arms up the back scenario (along with pulling the legs off spiders & other delightful pastimes ), as this was the main bit of enjoyment she got from being "THE EDITOR"

#### A VERY BIG THANKS TO THIRZA FOR HER EXCELLENT WORK!

Sorry Thirza this picture was supposed to be you crossing the finishline, but the cheap graphics on this package only had a picture of Mick Banks!!!!!



Inside this Issue;

RACE RESULTS
MEMBER FORM
CLUB DINNER
COMMITTEE
ROGUES GALLERY



## BRADFORD LADS CHRISTINAS DRINK

SORRY THAT THIS GOT IN BEFORE THE COMMITTEE LIST BUT WE HAVE TO GET OUR PRIORITIES RIGHT!

I JUST HOPE I GET THE SHEEPSHEET OUT IN TIME FOI PEOPLE TO SEE THIS!

DATE :- FRIDAY 11 TH OF DECEMBER.

<u>VENUE;-</u> STARTING AT THE HARE & HOUNDS BETWEEN 7.30 - 8.30 PM & THEN AROUND THE HIPPERHOLME AREA.

## C.V.F.R. COMMITTEE 1998 / 99

01535 - 647082 CHARLOTTE ROBERTS Chairperson;-01943 - 876190 JEZ WILKINSON Treasurer;-01535 - 646742 SUE PALMER Secretary;-01422 - 202923 RICHARD KELLETT Member. Sec;-01422 - 882082 ROD SUTCLIFFE Club Captain;-01422 - 885185 GRAHAM WOODWARD Statistician; -01422 - 375068 KEVIN BARKER Publicity;-01422 - 885826 DAVE GILYEAT Equipment Officer;-01274 - 501957 SIMON TOWLER Sheepsheet;-

Co-opted;- BRIAN HORSLEY, STEVE CAVELL & CHRIS >>>>> ROBINSON

## WINTER LEAGUE 1998 / 99

AT THE A.G.M. IT WAS DECIDED TO RUN A WINTER LEAGUE ON THE SAME LINES AS OUR OTHER CHAMPIONSHIPS. **DETAILS AS FOLLOWS:-**

- 1. 1ST CLUB RUNNER HOME GETS 40 POINTS, 2ND = 39, ETC.
- 2. 3 RACES TO COUNT FROM 4.
- 3. THE CLUB HANDICAP IS COMPULSORY.
- 4. THE RACES ARE:

RIVOCK EDGE.

29/11/98

THE STOOP.

20/12/98

AULD LANGS SYNE. 31/12/98

CLUB HANDICAP.

30/01/99

ANY QUESTIONS OR COMMENTS, PLEASE CONTACT GRAHAM WOODWARD. ( CLUB STATS MAN ) >>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>

### WADSWORTH TROG

APPARENTLY THIRZA WILL BE ARRANGING THE RACE MARSHALS ONCE AGAIN & THE EMPHASIS WILL BE ON A GOOD TURNOUT TO MARSHAL AS OPPOSED TO RUNNING! PLEASE PUT YOUR CASE FORWARD ( IF YOU DARE ) TO RUN. IF NOT BOOK EARLY TO GET THE PICK OF THE BEST SPOTS TO MARSHAL.

## RESULTS



#### SHEPHERDS SKYLINE.

POSITION	NAME	CLUB	TIME
1	MARK HORROCKS	CLAYTON	40.35
34	CAROL GREENWOOD	BINGLEY	48.06
19	ANDY CLARKE	C.V.F.R.	46.13
57	CARL GREENWOOD	C.V.F.R.	50.45
60	DAVE POWELL	C.V.F.R.	51.07
64	ROD SUTCLIFFE	C.V.F.R.	51.21
· 78	RICHARD KELLETT	C.V.F.R.	52.54
82	BRIAN HORSLEY	C.V.F.R.	53.08
134	RICHARD HENDERSON	C.V.F.R.	57.54
143	FRANK MALLINSON	C.V.F.R.	58.42
155	ADAM BAKER	C.V.F.R.	59.5
159	STEVE HOYLE	C.V.F.R.	59.54
181	KEVIN BARKER	C.V.F.R.	64.16

CAT. B. MEDIUM. 6 MILES / 1150 FT.

#### RIVOCK EDGE.

POSITION	NAME	CLUB	TIME
1	MARK HORROCKS	CLAYTON	65.13
52	HELEN JOHNSON	ILKLEY	80.1
44	CARL GREENWOOD	C.V.F.R.	79.3
49	CHRIS ROBINSON	C.V.F.R.	80
50	BRIAN HORSLEY	C.V.F.R.	80.07
59	ROD SUTCLIFFE	C.V.F.R.	81.21
88	FRANK MALLINSON	C.V.F.R.	86.05
99	IAN LAW	C.V.F.R.	88.14
102	STÉWART GARDNER	C.V.F.R.	89.03
109	TONY BRADLEY	C.V.F.R.	90.17
140	EDDIE PROCTER	C.V.F.R.	102.56

10 MILES. 153 RUNNERS TOOK PART. WEATHER;-

SUNNY, DRY BUT VERY COLD OUT OF THE SUN.



### CLUB SUBS ARE DUE SOON!

### SHEPHERDS SKYLINE REPORT

An excellent turn out from Calder Valley Fell Runners, enjoyed superb weather conditions for this well organised and very popular fell race. The winners were Mark Horrocks (Clayton) and Carol Greenwood (Bingley), both former members of C.V.F.R. Their respective times were 40.35 and 48.06.

Unfortunately Steve Cavell had to retire after sustaining an ankle injury due to a fall. Grand Prix specialist Chris Robo, after failing to finish due to a training diet of pork pies and pigs trotters, stated afterwards " It's back to my normal diet of SPINACH and BAKED BEANS from now on!!



STEVE Cavel of Calder Valley Fell Runners had to retire from the Shepperd Sky Line race after injuring an ankle in a fall.

Mark Horrocks of Clayton won the men's race in 40 minutes 35 seconds and Carol Greenwood of Bingley won the women's race in 48 minutes 6 seconds.

#### HALIFAX HARRIERS ATHLETIC CLUB

SUNDAY 13TH DECEMBER 1998

START TIME 08.00 PROMPT

#### RACE INSTRUCTIONS

50 miles around Calderdale climbing 5,000 feet from Old Rishworthians Rugby Union Club, Copley, near Halifax. Please note that the start and finish point has been changed this year. Details of the start and finish arrangements will be sent with your race entry acceptance information. The race comprises 6 stages each with changeover points at road crossings, each stage must be run by two men / women runners in pairs who must stay together at all times. Teams have to provide their own transport and support vehicles.

The route is not flagged or marshalled and teams are expected to know the route prior to race day. It is advisable that teams obtain the 'Calderdale Way' booklet. Check with the Tourist Information Centres, in Halifax, (01422 368725) or Hebden Bridge (01422 843831) for the latest prices and availability. Maps required OS 1:25000 SE12 Brighouse, SE02 Halifax and Outdoor Leisure series 21 'South Pennines' or 1:50000 sheets 103 & 104.

#### IMPORTANT POINTS TO NOTE.

- a) Running numbers will be issued at the start of each leg on the day. Please register in good time to avoid congestion at registration.
- b) All teams must register at each staging point along the route. Each pair of runners will be issued with a numbered plastic tally along with their race numbers. PLEASE <u>ENSURE</u> THAT THE TALLY IS HANDED TO THE RACE MARSHAL AT THE END OF EACH LEG. FAILURE TO DO THIS WILL RESULT IN DISQUALIFICATION.
- c) Full body cover is mandatory and random checks will be made at the start and finish of each leg. All runners must carry cagoule, over-trousers, hat, gloves, relevant maps, compass and whistle. If any runner is found not to be in possession of ALL the above items, their entire team will be disqualified.
- d) Changeover points and registration times will be as follows:-

Old Rishworthians RUFC	07.00 to 07.45	GR085224
Cragg Vale (Hinchcliffe Arms)	08.00 to 09.00	GR999233
Todmorden (Centre Vale Park)	09.00 to 10.30	GR929250
Blackshaw Head	10.00 to 11.30	GR957275
Wainstalls Road	11.00 to 12.30	GR039287
Shelf (Bridle Stile Road)	12.00 to 13.30	GR122283
Old Rishworthians RUFC	finish	GR085224

e) Runners on Leg 2 must visit Stoodley Pike via Withens Gate and return to the Calderdale Way at Mankinholes. They will be given an additional tally to be handed to the marshal at Withens Gate.

IT IS THE RESPONSIBILITY OF TEAM MANAGERS / CAPTAINS TO ENSURE THAT THE INFORMATION PROVIDED IS RECEIVED BY ALL TEAM MEMBERS. AND THAT THE TEAM DECLARATION FORM, WHICH WILL BE SENT WITH YOUR ENTRY ACCEPTANCE, GIVING FULL DETAILS OF THE TEAM MEMBERS' NAMES ADDRESSES AND TELEPHONE NUMBERS IS HANDED IN AT REGISTRATION. THIS IS REQUIRED AT THE REQUEST OF THE POLICE.

Entry form attached.

Entries £38.00 per team (includes meals and commemorative coasters) to:-John Keighley, 2 Woodlands View, Boothtown, Halifax., HX3 6HL. Telephone 01422 345968



### COLEY CANTER

(7m/1000 of woodland paths & tracks)

#### MONDAY 28 DECEMBER 1998 11.00 AM. (£2.00 on the day)

Registration & changing:

Start & Finish:

Shelf Hall Park

**Bradford Road** 

Shelf Halifax

(GR 122283)

Presentation:

Windmill Inn

17 Stanage Lane

Shelf

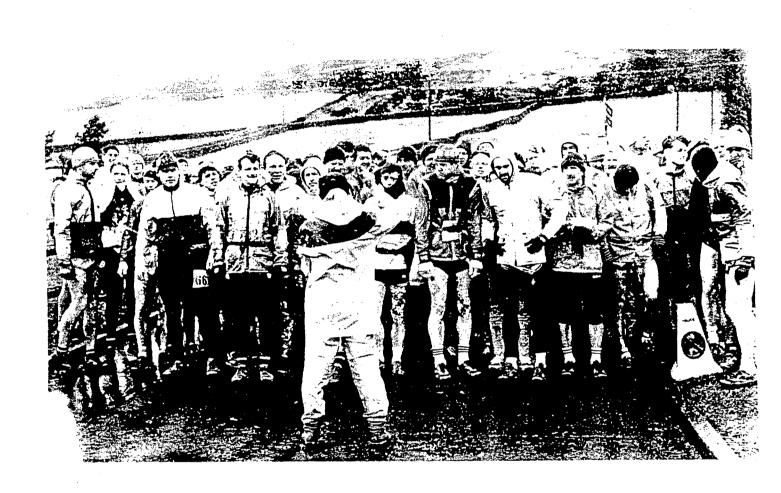
(GR123293)

Details:

**ALLAN JONES (01274 679894)** 

**BRIAN HORSLEY (01274 600651)** 

# MOGUES GALLENY



## JUST FOR FUN

HOW MANY CURRENT OR FORMER MEMBERS OF CALDER VALLEY CAN YOU SPOT IN THIS OLD PHOTO OF "THE BEAST"

I CAN MANAGE 7. (EDITOR)

## SHORTS



the club now has an 'e' mail address as follows; caldervalley@hotmail.com

ALANS RACE: THERE IS NO TRUTH IN THE RUMOUR THAT ALANS >>>>>>>>> RACE "THE COLEY CANTER "HAS A FULL PAGE ADVERT JUST BECAUSE I GO RUNNING WITH HIM! NO, IT'S BECAUSE HE OWNS "THE WINDMILL INN, STANAGE LANE. SHELF"

CHEERS !!!!

#### INFO.REQUIRED

THIS NEWSLETTER IS FOR YOUR BENEFIT, SO PLEASE COME FORWARD WITH ANY IDEAS, RESULTS OR FUNNY STORIES THAT YOU THINK ARE WORTH TRYING! I HAVE MENTIONED THE PROFILE IDEA TO A FEW MEMBERS & THIS SEEMS TO BE POPULAR. THIS IS OPEN TO ANYONE IN THE CLUB WHETHER THEY ARE AN ELITE RUNNER OR SOMEONE LIKE MYSELF, WHO HAS MORE CHANCE OF KNITTING SNOW THAN WINNING A RACE! MY IDEA IS TO BUILD UP A LIBRARY OF ARTICLES, SO THAT WHEN MATERIAL IS NOT FORTHCOMING WE CAN STILL HAVE A SHEEPSHEET. IF YOU HAVE ANYTHING TO CONTRIBUTE EITHER

GIVE ME A RING OR SEE ME ON A TUESDAY NIGHT!

# SHORIS RUMOUR CONTROL



RUMOUR HAS IT THAT CHRIS GOODRIDGE IS FEELING THE PACE A BIT AT RACES, SO HE HAS DECIDED TO TAKE A YEAR OFF TO DO SOMETHING LESS STRESSFULL, LIKE;-

THE BOB GRAHAM ROUND !!! YES IT'S TRUE & HE HADN'T EVEN BEEN DRINKING!!

HAMSTRING STRAIN ON TUESDAY LAST AT TRAINING & HAD TO WALK / LIMP BACK TO MYTHOLMROYD ON HIS OWN!
NEVER BEING ONE TO MISS AN OPORTUNITY FOR AWHEEZE AS WE PASSED HIM ON SCOUT ROAD, BRIAN PEELED OFF THE BACK & HID BEHIND SOME BUSHES. BY THE TIME WE HEARD THE SCREAMS WE WERE 200M AWAY. IT SEEMS THAT CHRIS'S HAMSTRING CLEARED UP IN AN INSTANT, BUT BRIAN HAD TO ADMINISTER CARDIAC MASSAGE & MOUTH TO MOUTH RESUSCITATION AT THE SCENE!

THE VIEWS & OPINIONS EXPRESSED IN THIS PUBLICATION ARE SOLELY THOSE OF THE CONTRIBUTOR OR EDITOR & DO NOT NECESSARILY REFLECT THOSE OF CALDER VALLEY FELL RUNNERS.

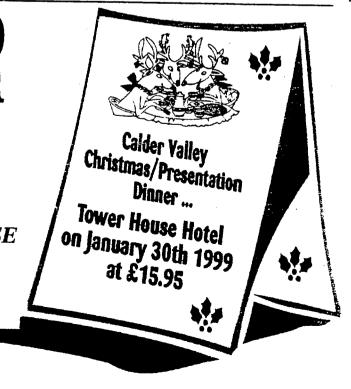
# MERRY CHRISTMAS AND A HAPPY NEW YEAR





## CLUB DINNER

PLEASE RING CHARLOTTE ON 01535 - 647082 TO ORGANISE YOUR MEAL



### SPOTLIGHT

NAME AGE	PASSPORT PHOTO
FAMILY	· ·
CLUB MEMBER	
MY BACKGROUND	
MY HERO	
MY SCHOOL YEARS	
PREVIOUS CLUBS	
MY TIME AT C.V.F.R.	
MY FUTURE	

#### **CALDER VALLEY FELLRUNNERS**

#### MEMBERSHIP APPLICATION FORM.

NAME

**ADDRESS** 

**PHONE** 

AGE

MALE / FEMALE

ANY OTHER INFO? eg. diabetic.

