

	<u>Stoop</u>	22-Dec-13	<u>Cat</u>	<u>Time</u>	<u>rating</u>	<u>improvement</u>
1	Tom Adams	Ilkley		0:30:51	1.06	
26	Joe Washington	CVFR		0:36:31	1.26	-2%
35	Olivia Walwyn	Altrincham	F	0:37:46	1.30	
39	Robert Paradise	CVFR		0:38:01	1.31	1%
40	Mark O'Connor	CVFR		0:38:08	1.31	-1%
59	Mark Wharton	CVFR	V40	0:39:13	1.35	-2%
75	Giles Simon	CVFR		0:40:05	1.38	-1%
97	Chris Sylge	CVFR	V40	0:41:35	1.43	0%
112	James Kershaw	CVFR		0:42:14	1.45	-1%
121	Gayle Sugden	CVFR	F	0:42:36	1.47	-2%
135	Richard Ingram	CVFR	V40	0:43:10	1.49	3%
145	Tim Brooks	CVFR	V40	0:43:55	1.51	-2%
226	Helen Buchan	CVFR	F	0:48:25	1.67	1%
239	John Nunn	CVFR	V50	0:49:13	1.69	-1%
334	Linda Hayles	CVFR	FV50	0:56:42	1.95	-2%
337	Philip Jones	CVFR	V50	0:57:16	1.97	-1%

409 started, 402 finished