

<u>Mytholmroyd</u>		08-Dec-13	<u>Cat</u>	<u>Time</u>	<u>rating</u>	<u>improvement</u>	
1	Joe Crossfield	CVFR	M	0:48:46	1.17	1%	
8	Mark O'Connor	CVFR	M	0:52:35	1.26	5%	best ever!
15	Robert Paradise	CVFR	MV35	0:54:48	1.31	1%	
16	Lee Shimwell	CVFR	M	0:55:07	1.32	0%	
19	Jonathan Emberton	CVFR	MV50	0:56:39	1.36	-1%	
20	Giles Simon	CVFR	MV35	0:56:43	1.36	1%	
22	Bill Johnson	CVFR	MV45	0:57:04	1.37	-5%	
25	Sally Newman	CVFR	FV50	0:58:34	1.40	-3%	first woman
45	Nicky Bolton	CVFR	M	1:02:45	1.50	3%	
60	Mike Wardle	CVFR	MV55	1:05:15	1.56	-5%	
61	Jackie Scarf	CVFR	FV50	1:05:24	1.56	-1%	
62	Paul Taylor	CVFR	MV45	1:06:23	1.59	1%	
66	Andy Thorpe1	CVFR	MV45	1:08:23	1.64	-3%	
67	David Culpan	CVFR	MV50	1:08:42	1.64	-1%	
70	John Nunn	CVFR	MV50	1:09:16	1.66	2%	
76	Rod Sutcliffe	CVFR	MV60	1:10:27	1.69	-5%	
81	Rachel Johnston	CVFR	FV45	1:11:53	1.72	4%	
82	Toby Sydes	CVFR	MV40	1:12:11	1.73	-4%	
88	Trevor Murgatroyd	CVFR	MV50	1:15:37	1.81	-13%	
93	Andrew Meek	CVFR	MV45	1:18:06	1.87	-9%	
96	Graham Davy	CVFR	MV50	1:18:42	1.88	-1%	
98	Linda Hayles	CVFR	FV55	1:20:49	1.93	-1%	
100	Charlotte Wetton	CVFR	F	1:20:58	1.94	-1%	

108 runners