

<u>Wadsworth Half Trog</u>		10-Nov-13	<u>Cat</u>	<u>Time</u>	<u>rating</u>	<u>improvement</u>	
1	James Logue	CVFR	V40	1:08:42	1.11	0%	
2	Joe Crossfield	CVFR	U23	1:13:54	1.20	-5%	
3	Joe Washington	CVFR	M	1:14:03	1.20	3%	best ever!
6	Jason Stevens	CVFR	V40	1:14:41	1.21	-2%	
9	Johny Helliwell	CVFR	M	1:15:52	1.23	2%	
10	Andy Thorpe2	CVFR	V40	1:21:05	1.32	-4%	
13	Robert Paradise	CVFR	M	1:21:38	1.32	1%	
17	Ben Frechette	CVFR	M	1:22:01	1.33	0%	
18	Bill Johnson	CVFR	V40	1:22:13	1.33	-4%	
20	Helen Berry	Holmfirth	F	1:22:34	1.34		
22	Chris Standish	CVFR	V40	1:23:04	1.35	0%	
27	Jim Mosley	CVFR	V40	1:26:22	1.40	3%	best this year
30	Ashley Sharp	CVFR	M	1:32:31	1.50	-9%	
33	Dave Beels	CVFR	V60	1:32:40	1.50	-2%	
34	Stephen Grimley	CVFR	V40	1:32:47	1.51	0%	
35	Tim Brooks	CVFR	V40	1:32:50	1.51	-1%	
52	Phil Scarf	CVFR	V50	1:34:47	1.54	-10%	
54	Jackie Scarf	CVFR	FV50	1:35:10	1.54	2%	
59	Jonathan Emberton	CVFR	V50	1:36:23	1.56	-17%	
60	Michael Dean	CVFR	V40	1:36:29	1.57	1%	
62	Paul Taylor	CVFR	V40	1:36:36	1.57	3%	
65	Andy Thorpe1	CVFR	V40	1:38:06	1.59	0%	
68	Brian Horsley	CVFR	V60	1:39:49	1.62	-3%	
74	Darren Sugden	CVFR	V40	1:42:51	1.67	-8%	
78	Tony Steward	CVFR	V60	1:44:07	1.69	0%	
82	David Culpán	CVFR	V50	1:45:48	1.72	-6%	
84	Andrew Meek	CVFR	V40	1:46:43	1.73	-2%	
89	Jeremy Wilkinson	CVFR	V40	1:49:50	1.78	-7%	
90	Gillian Wisbey	CVFR	FV40	1:50:35	1.79	-2%	
100	Linda Hayles	CVFR	FV50	1:58:29	1.92	-1%	
105	Sarah Tait	CVFR	F	1:59:02	1.93	-14%	
113	Philip Jones	CVFR	V50	2:18:13	2.24	-23%	
116	Martin Millard	CVFR	V40	2:24:39	2.35	-19%	
119	Dan Biggs	CVFR	M	2:27:07	2.39	-1%	
	Mark O'Connor	CVFR	M	missed CP			

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