

<u>Great Whernside</u>		26-Oct-13	<u>Cat</u>	<u>Time</u>	<u>rating</u>	<u>improvement</u>
1	Ian Holmes	Bingley	V40	0:31:49	1.13	
2	Joe Crossfield	CVFR		0:32:00	1.14	
11	Victoria Wilkinson	Bingley	F	0:34:47	1.24	
31	Robert Paradise	CVFR		0:38:55	1.39	-4%
39	James Kershaw	CVFR		0:39:52	1.42	2%
58	Dave Hammond	CVFR	V40	0:43:25	1.55	-2%
68	Trevor Murgatroyd	CVFR	V50	0:44:30	1.58	1%

115 runners