

<u>Peris Horseshoe</u>		14-Sep-13	<u>Cat</u>	<u>Time</u>	<u>rating</u>	<u>improvement</u>	
1	Rob Jebb	Bingley	M	3:12:29	0.96		
17	Victoria Wilkinson	Bingley	F	3:38:06	1.09		
40	Helen Fines	CVFR	F40	4:01:49	1.21	-1%	
88	Joe Crossfield	CVFR	M	4:34:41	1.37		
127	Rod Sutcliffe	CVFR	M60	5:06:36	1.53	2%	best this year
148	Simon Fisher	CVFR	M40	5:24:56	1.62	-1%	

182 started, 171 finished