

	<u>Yorkshireman</u>	08-Sep-13	<u>Cat</u>	<u>Time</u>	<u>rating</u>	<u>improvement</u>	
1	Ged Callan	Bingley	M	3:18:29	1.12		
3	Ian Symington	CVFR	M	3:24:44	1.16	2%	
16	Kim Threadgall	Valley Striders	F	3:46:55	1.28		
pair1	Kevin Hoult	CVFR	M	3:47:07	1.28	-9%	
pair1	Martin Huddleston	CVFR	MV40	3:47:07	1.28	3%	
18	Robert Paradise	CVFR	M	3:49:49	1.30	0%	
28	Garry Traviss	CVFR	MV50	3:55:08	1.33	11%	best this year
33	Mark Wharton	CVFR	MV40	4:00:10	1.36	3%	
pair3	Paul Biddulph	CVFR	MV40	4:05:30	1.39	-2%	
50	Richard Sunderland	CVFR	M	4:15:59	1.45	-1%	
79	Jon Hairsine	CVFR	MV50	4:38:30	1.57	-2%	
87	Toby Sydes	CVFR	MV40	4:42:32	1.60	10%	
90	Stephen Grimley	CVFR	MV40	4:44:09	1.61	-9%	
100	Tim Brooks	CVFR	MV40	4:51:52	1.65	-5%	
103	Andy Thorpe1	CVFR	MV40	4:55:42	1.67	-4%	
117	Tony Steward	CVFR	MV60	5:10:11	1.75	-4%	
125	John Nunn	CVFR	MV50	5:12:40	1.77	1%	
138	David Culpan	CVFR	MV50	5:27:40	1.85	-7%	
	Michael Dean	CVFR		dnf			
	Tim Black	CVFR		dnf			

185 solo & 27 pairs started
178 solo & 26 pairs finished